









## Supplementary table


**Supplementary Table 1.** Ethnobotanical information on wild edible plants of the study area

S.No.	Plant species/fruit picture	Local name	Family	Habit	Part used	Preparation form	Mode of usage	Key ailment (s) cured (application)	FC	RFC
1	<i>Bauhinia variegata</i> Linn. 	Kachnar	Fabaceae	Tree	Floral bud	Pottage	Internal	Astringent, cough and chest complaints	47	0.653
					Floral bud	Sauce	Internal	Diarrhea and diabetes		
					Flowers	Powdered medicine	Internal	Hemorrhoids, blood purification, indigestion		
					Leaves	Paste	External	Wounds, swellings and skin infection		
2	<i>Capparis decidua</i> (Forssk.) Edgew. 	Dela/ karya	Capparaceae	Shrub	Fruit	Pickle	Internal	Astringent, cardiac disorders and biliousness	57	0.792
					Bark	Decoction	Internal	pyorrhea, sacroiliac pain and remittent fevers		
					Leaves	Poultice	External	Boils and swellings		
					Shoot	Suspension	Internal	Gingivitis and pyorrhea		
3	<i>Citrus limon</i> (Linn.)	Nimbu/ lemon	Rutaceae	Shrub	Fruit	Juice	Internal	Skin diseases, fever and cough	70	0.972
					Fruit	Rubbing	External	Skin infection		
					Fruit	Pickle	Internal	Indigestion, cholesterol and hypertension		

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					Fruit	Condiment	Internal	Flavoring foods and stomachic		
4	<i>Cordia dichotoma</i> G. Forst. 	Lasura	Boraginaceae	Tree	Fruit	Raw	Internal	Sexual weakness, dehydration, constipation	61	0.847
					Fruit	Pickle	Internal	Delicious, cough and stomach disorders		
					Bark	Scrub	External	Spider bite and ulcers		
5	<i>Ficus palmata</i> Forssk. 	Jangli injeer	Moraceae	Shrub	Fruit	Raw	Internal	Laxative, ulcer, bronchitis and eczema	39	0.542
					Fruit	Dried	Internal	constipation, nutritive, sexual weaknesses		
					Latex	Scrub	External	Stings, insect bite, pimples and prickles		
					Pulp	Extract	Internal	Constipation, tonic and astringent		
6	<i>Ficus racemosa</i> L.	Gular	Moraceae	Tree	Fruit	Raw	Internal	Hypolipidemic, cough and sexual weakness	19	0.264
					Seeds	Paste	Internal	Diabetes, dry cough and aphrodisiac		

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					Fruit	Extract	Internal	Memory enhancement and diarrhea		
					Bark	Decoction	Internal	Leucorrhoea and glucose in urine		
7	<i>Mangifera indica</i> L. 	Amb	Anacardiaceae	Tree	Fruit	Raw	Internal	Delicious, diaphoretic and cough	51	0.708
					Fruit	Extract	Internal	Tonic, body weakness and vermifuge		
					Fruit	Pickle	Internal	Condimental, indigestion and stomach ache		
					Fruit	Marmalade	Internal	Astringent, laxative and body weakness		
8	<i>Moringa oleifera</i> Lam. 	Suhanjna	Moringaceae	Tree	Fruit	Pottage	Internal	Blood diseases and diabetes	65	0.903
					Fruit	Sauce	Internal	Inflammation and constipation		
					Fruit	Pickle	Internal	Ulcer and diabetes		
					Twigs	Extract	Internal	Body weakness and liver tonic		
					Seeds	Powdered medicine	Internal	Blood poisoning and stomach complaints		
9	<i>Morus nigra</i> L.	Toot siah	Moraceae	Tree	Fruit	Raw	Internal	Tonsils, liver disorders, sore throat and thirst	58	0.806

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					Leaves	Gargle	Internal	Inflammatory throat and tonsils		
					Leaves	Rubbing	External	Emollient and dry skin		
					Root	Decoction	Internal	Purgative, astringent and anthelmintic		
10	<i>Phoenix sylvestris</i> (L.) Roxb. 	Khajji	Arecaceae	Tree	Fruit	Raw	Internal	Body weakness and bones problem	68	0.944
					Fruit	Dried	Internal	Sexual weakness and fatigue		
					Spines	Decoction	Internal	Astringent and general body pain		
11	<i>Syzygium cumini</i> L. Skeels 	Jaman	Myrtaceae	Tree	Fruit	Raw	Internal	Diarrhea, urethorrhoea and pharyngitis	69	0.958
					Fruit	Extract	Internal	diarrhea and indigestion		
					Fruit	Squash	Internal	Cooling, astringent and anti-diabetic		
					Bark	Decoction	Internal	Vomiting, dyspepsia, leucorrhoea and fever		
					Leaves	Chewing	Internal	Vomiting, dysentery and cough		
12	<i>Ziziphus mauritiana</i> Lam.	Ber	Rhamnaceae	Tree	Fruit	Raw	Internal	Pectoral, blood purifier and digestive	55	0.764
					Fruit	Dried	Internal	Astringent, pectoral, digestive and nutritive		

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					Bark	Decoction	Internal	Astringent, chest complaints and anthelmintic		
					Leaves	Suspension	Internal	Gonorrhea		
					Leaves	Lotion	External	Skin infection and conjunctivitis		
					Seed	Liniment	Internal	Rheumatism		
					Root	Powdered medicine	Internal	Indigestion, fever and menstrual problem		