



RESEARCH ARTICLE

Bio-mulches on moisture and biological properties of soils under maize-legume sequence

Joy Kumar Dey^{1*}, Binoy Kumar Saren², Rajib Das³, Ashim Debnath⁴, Ardhendu Chakraborty⁵ & Pramod Das¹

¹Krishi Vigyan Kendra-Sepahijala, Central Agricultural University, Latiacherra 799 103, Tripura, India

²Department of Agronomy, Institute of Agriculture, Visva Bharati University, Bolpur 731 236, West Bengal, India

³Krishi Vigyan Kendra-Khowai, Chebri 799 207, Tripura, India

⁴Department of Genetics and Plant Breeding, Faculty of Agricultural Sciences, Rajiv Gandhi University, Rono Hills, Doimukh 791 112, Arunachal Pradesh, India

⁵Krishi Vigyan Kendra-Dima Hasao, Halflong 788 819, Assam, India

*Correspondence email - joykumardey7@gmail.com

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Abstract

To find out the best combination of cropping sequence and level of mulching for growing of Rabi legumes in maize-legume sequence. The present field experiment was conducted during 2017-18 and 2018-19 at the Agricultural Farm of Institute of Agriculture, Visva Bharati, located in Sriniketan, West Bengal using split plot design (SPD) with three main plots as cropping system (CS₁: maize-chickpea; CS₂: maize-lentil; CS₃: maize-lathyrus) and five sub-plot as mulching (M₀: No mulch (residue removal); M₁: *In-situ* maize stalk mulch (MSM); M₂: MSM + water hyacinth (5 t ha⁻¹); M₃: MSM + paddy straw (5 t ha⁻¹); M₄: MSM + paddy straw (2.5 t ha⁻¹) + water hyacinth (2.5 t ha⁻¹)) and the experiments were replicated four times. In the present study, we have formulated locally available bio-mulches for the efficient moisture conservation and improving soil microbial conditions for growing Rabi pulses (chickpea, lentil, lathyrus) after Kharif maize under zero tillage. Among the bio-mulches, highest soil microbial biomass carbon (SMBC) (196.87 and 200.59 µg g⁻¹soil) and dehydrogenase activity (DHA) (25.32 and 26.70 µg TPF hr⁻¹ g⁻¹) were recorded at 0-15 cm soil under MSM + paddy straw (5 t ha⁻¹) mulch (M₃) and in cropping sequence, highest water use efficiency was showed by maize-lathyrus (CS₃) (1.33 and 1.37 kg ha⁻¹ mm⁻¹) for 2017-18 and 2018-19 respectively under MSM + paddy straw (5 t ha⁻¹) mulch (M₃). Bio-mulches conserve soil moisture and improved the soil biological properties and gave higher water productivity and water use efficiency.

Keywords: bio-mulching; moisture; water use efficiency; zero tillage

Introduction

The agriculture sector remains the one the main component of economy in many developing nations including India (1). For the last 50 years, agriculture has shifted towards intensification, characterized by increased use of hybrid/high yielding variety (HYV) seeds, synthetic fertilizers and pesticides (2). In addition, global climate change has emerged as a critical and vulnerable concern for the existing agricultural systems, environmental stability and social well-being because of rapidly increasing population, intensified land use, introduction invasive diseases and pests have collectively threatened the sustainability of agricultural systems (3, 4). These factors contributing to elevate greenhouse gas emissions and disturbing the climatic stability have detrimental effects on soil health and crop productivity, raising concern for the long-term food and nutrition security (5).

The agriculture sector is still the main component of Indian economy, contributing 16.5 % of the national gross domestic product (GDP) as nearly 50 % of the Indian population relies on agriculture and allied sectors for their livelihood (6, 7). Green

revolution is one of the significant achievements in Indian agriculture leading to tremendous improvement in food grain production (8). The production of food grains increased due to factors such as increased use of synthetic fertilizers and pesticides, HYV, irrigations, higher cropping intensity and better management practices (9). As a result, India has become leading producers of cereals (rice, wheat), pulses, sugarcane and cotton in the world (10). But over the last five decades, cereals production has witnessed substantial growth, pulses have lagged behind, leading to persistent shortfall in meeting the dietary needs of the country's population, forcing significant amount of import (11). Despite being the world's largest producer, importer and consumer of pulses, India's pulses yield remains low at 789 kg per hectare, compared to the required 1 ton per hectare for international competitiveness. Pulses play very crucial role in maintain soil fertility by fixing atmospheric nitrogen through *Rhizobium* ssp with symbiotic relationship and they are integral part of Indian cropping system due to their compatibility with crop rotation and mixtures (12, 13). Maize is one of those crops, which can be fit with various pulses in crop rotations. In the global maize scenario, India stands fourth in total

cultivated land and seventh in production, this makes up around 4 % of the world's maize cultivating land area and 2 % of its production (14). Maize is one of the most important cereal crops of the Birbhum district of West Bengal, which is mostly cultivated under rainfed condition during Kharif season.

Although this region receives sufficient rainfall during the monsoon, uneven distribution often leads to moisture stress during the dry season (15). With an average of 175 cm of rainfall per year, runoff accounts for the majority of water loss. In West Bengal, over 80 % of rainfall occurs from May to October, leaving insufficient soil moisture during the remaining months for crop cultivation without irrigation. The lack of irrigation infrastructure exacerbates this challenge, particularly from November to April, when the state experiences a water scarcity phase (16). The region's sloping terrain causes surplus water to flow rapidly, increasing erosion risks. After Kharif crop harvesting, insufficient soil moisture limits Rabi crop cultivation, leading to large areas remaining fallow and thus lowering the cropping intensity (17). To address post-monsoon moisture stress and improve crop productivity, low-cost agronomic techniques like soil moisture conservation have been found effective. In this region, maize stalks are often burned or left unused, while abundant weeds and hedgerow species during the rainy season are challenging to control. These organic residues could be efficiently used as bio-mulches. Combining crop residue retention with zero tillage can enhance soil quality and resource use efficiency. Since tilling the land after the Kharif crop causes moisture loss, zero tillage is a practical way to preserve moisture while preserving energy and fostering soil health (18). Zero tillage has been shown to retain soil moisture, reduce cultivation costs and enable timely sowing of subsequent crops. It also ensures more effective use of water and inputs by reducing soil and land degradation (19). Furthermore, by maintaining surface residue and zero tillage, along with mulching, reduces soil water loss and helps to preserve residual soil moisture, which in turn helps to grow winter crops (20, 21). Research has consistently shown that combining mulching with varied tillage practices significantly improves water use efficiency and productivity in oilseed crops in eastern India (22). Zero tillage with surface mulch improves moisture infiltration, reduces erosion and enhances water use efficiency when compared to conventional tillage (23). Crop residues act as a barrier to evaporation, increasing moisture retention in the root zone (24).

This study examines how well mulching works as a moisture-conservation method for growing Rabi or pre-Rabi crops under zero tillage after maize cultivation. Mulching offers multiple advantages, from affordability to ease of adoption and is expected to recharge the soil profile during the rainy season. The residual moisture conserved through mulching could then support the second crop following maize in the post-monsoon season, while also helping control soil erosion and weed growth.

Materials and Methods

Study site and climate

The field experiment was conducted over two consecutive Rabi seasons (2017-18 and 2018-19) at the Agricultural Farm of the Institute of Agriculture, Visva Bharati, located in Sriniketan, West Bengal (23°68'N, 87°68'E, elevation 58.9 m from mean sea level).

The region experiences a humid subtropical climate with a monsoonal rainfall pattern. The Kharif season is marked by heavy rainfall between June and September, followed by a relatively dry Rabi season.

During the cropping periods, total rainfall amounted to 715.1 mm in 2017-18 and 422.9 mm in 2018-19, with most precipitation concentrated in August 2017 and September 2018. Maximum temperatures were observed in March 2018 (35.35 °C) and September 2018 (33.8 °C), while January 2018 (8.21 °C) and December 2018 (11.35 °C) recorded the lowest. Mean relative humidity ranged from 76.58 to 79.62 % (morning) and 66.40 to 69.36 % (evening). Evaporation peaked in March of both years, exceeding 140 mm.

Soil characteristics

The experimental soil was sandy loam, with 59 % sand, 27 % clay and 14 % silt. The soil pH was slightly acidic, averaging 5.58-5.61 across 0-30 cm depth. Organic carbon content ranged from 0.40 to 0.46 %. The soil was low in available nitrogen but medium in phosphorus and potassium. Bulk density values varied slightly between 1.36 and 1.39 g cm⁻³ depending on the year and soil depth. A detailed soil profile is presented in Table 1.

Experimental design and treatments

The experiment was laid out in a split-plot design with three cropping systems as main plot treatments and five bio-mulch options as subplot treatments, replicated four times. The three cropping systems included maize-chickpea (CS₁), maize-lentil (CS₂) and maize-lathyrus (CS₃). The subplot treatments comprised five mulching levels: no mulch with residue removal (M₀), *in-situ* maize stalk mulch (M₁), maize stalk mulch combined with water hyacinth at 5 t ha⁻¹ (M₂), maize stalk mulch with paddy straw at 5 t ha⁻¹ (M₃) and maize stalk mulch with equal proportions of paddy straw and water hyacinth at 2.5 t ha⁻¹ each (M₄). The experimental plots measured 6 × 3 m and a total of 60 plots were maintained throughout the study. This design allowed for the assessment of both main and interaction effects of cropping systems and mulching treatments under field conditions.

Soil sampling

Soil moisture

Soil moisture content was assessed at 30-day intervals using the gravimetric method. During Kharif, samples were collected at 15 and 15-30 cm depths; for Rabi crops, measurements were extended to 30-45 cm. Samples were oven-dried at 105 °C to a constant weight and moisture content (%) was calculated (25):

$$\text{Soil moisture (\%)} = \frac{\text{Weight of fresh soil} - \text{Weight of oven dry soil}}{\text{Weight of oven dry soil}} \times 100$$

Table 1. Soil characteristics of the research field

Soil properties	2017		2018	
	0-15 cm	15-30 cm	0-15 cm	15-30 cm
Soil pH	5.58	5.60	5.6	5.61
Organic carbon (%)	0.46	0.40	0.46	0.41
Available nitrogen (kg ha ⁻¹)	176.74	151.62	181.52	156.87
Available phosphorus (kg ha ⁻¹)	14.75	11.51	15.04	12.13
Available potassium (kg ha ⁻¹)	177.25	168.61	184.36	169.28
Bulk density (g cm ⁻³)	1.37	1.39	1.36	1.39

(Note: % = percentage, kg ha⁻¹ = kilogram per hectare, g cm⁻³ = gram per cubic centimetre)

Soil moisture stock

Moisture stock was calculated at flowering stages:

$$\text{Soil moisture stock (cm per 45 cm)} = \frac{\text{Soil moisture content (\%)}}{100} \times \text{Bulk density} \times \text{Depth}$$

Infiltration rate

Post-Rabi harvest, infiltration rate was measured using a double-ring infiltrometer (outer ring: 45 cm, inner ring: 30 cm diameter; 30 cm height) (25). The rings were inserted 5 cm into leveled soil and water was added to maintain a constant head. Readings were taken at 5- and 15-min intervals. Infiltration rate was calculated:

$$\text{Infiltration rate (cm min}^{-1}\text{)} = \frac{\text{Change in water level (cm)}}{\text{Time interval (minute)}} \times 60$$

Cumulative infiltration was obtained by summing successive infiltration values. The basic infiltration rate was recorded once a steady state was reached.

Bulk density and water holding capacity

Bulk density was determined at 0-15, 15-30 and 30-45 cm depths using the core method. Soil cores (6.4 cm length \times 4.9 cm diameter) were oven-dried and bulk density was calculated:

Water holding capacity (WHC) was measured post-harvest at similar depths using the perforated can method (26).

$$\text{Bulk density (mg m}^{-3}\text{)} = \frac{\text{Mass}}{\text{Volume}}$$

Soil biological properties

Soil microbial biomass carbon (SMBC)

Soil microbial biomass carbon (SMBC) was determined using the chloroform fumigation method (27). Two subsamples, each weighing 10 g, were collected—one was fumigant with chloroform vapor in a vacuum desiccator for 24 hr, while the other served as a control without fumigation. After the fumigation process, residual chloroform was removed and the fumigated soil samples were extracted with 25 mL of 0.5 M K_2SO_4 . The non-fumigated samples were similarly extracted and both sets of extracts were filtered by using Whatman No. 42 filter papers. Organic carbon in the extracts was determined using the digestion-titration method (28). Soil microbial biomass carbon was measured as the difference between the fumigant and non-fumigant samples, divided by the K_2SO_4 efficiency factor (KEC = 0.38) and expressed in $\mu\text{g g}^{-1}$ of soil (29).

Dehydrogenase activity (DHA)

Dehydrogenase activity (DHA) was assessed using the triphenyl tetrazolium chloride (TTC) reduction method (30). Air-dried soil was incubated with TTC and CaCO_3 at 37 °C for 24 hr. The

resulting triphenyl formazan (TPF) was extracted with methanol and quantified spectrophotometrically at 485 nm. Results were expressed as $\mu\text{g TPF hr}^{-1} \text{g}^{-1}$ of soil.

Plant growth and biomass

Plant growth observations were recorded periodically for both Kharif and rabi crops. For biomass determination, three plants were randomly selected per plot at 30-day intervals. Roots and shoots were separated, cleaned, oven-dried at 65 °C to constant weight and expressed in g m^{-2} (24).

Water use efficiency (WUE)

Water use efficiency was calculated as the ratio of seed yield to the product of evapotranspiration (ET) and crop coefficient (Kc) (25):

$$\text{WUE (\%)} = \frac{\text{Seed yield (kg ha}^{-1}\text{)}}{\text{Evapo transpiration (ET)} \times \text{Kc}}$$

ET values were derived by summing daily ET over the entire crop period, using crop-specific Kc values from FAO-56.

Water productivity

Water Productivity (25) was computed based on total rainfall during the cropping period and expressed as:

$$\text{Water productivity} = \frac{\text{Yield of maize+Rabi crop (kg ha}^{-1}\text{)}}{\text{Rainfall received during (maize + Rabi crop) (mm)}} \times 10000$$

Statistical analysis

Data obtained from the study were statistically analysed in split plot design (SPD) using analysis of variance (ANOVA). However, the plant parameters for Rabi crops were analysed in randomized block design (RBD). The difference between the treatment mean were tested to their statistical significance with appropriate critical difference (CD) value at 5 % level of probability (31).

Results

Soil moisture dynamics

During the Kharif seasons (2017-18 and 2018-19), maize was uniformly grown and soil moisture was monitored at 0-15 cm, 15-30 cm and 30-45 cm depths (Table 2). Across all growth stages, the highest moisture content was consistently observed at 30-45 cm. Moisture content declined progressively from sowing to harvest. In 2017, values ranged from 18.7-23.6 % (0-15 cm), 20.3-24.5 % (15-30 cm) and 24.4-25.3 % (30-45 cm); in 2018, from 18.5-24.7 %, 20.3-25.5 % and 24.6-25.3 % respectively. During the Rabi seasons, soil moisture content varied significantly (11.97-27.41 % in 2017-18 and 16.16-30.47 % in 2018-19), influenced by cropping systems and bio-mulch treatments. The highest variation occurred in the 0-15 cm and 15-30 cm depths. CS_1 (2017-18) and CS_3 (2018-19) maintained the highest moisture levels. Bio-

Table 2. Soil moisture content (%) during Kharif crop (maize)

Soil depth (cm)	2017-18				2018-19			
	At sowing	30 DAS	60 DAS	At harvest	At sowing	30 DAS	60 DAS	At harvest
0-15	23.6	20.8	19.6	18.7	24.7	21.8	20.2	18.5
15-30	24.5	22.3	21.1	20.3	25.5	22.4	21.0	20.3
30-45	25.3	25.1	24.5	24.4	25.3	25.1	24.8	24.6

(Note: DAS = days after sowing)

mulching significantly improved soil moisture retention, especially in the topsoil layer. The M₃ treatment (MSM (maize stalk mulch) + 5 t ha⁻¹ paddy straw) recorded the highest moisture, followed by M₄ (MSM + 2.5 t ha⁻¹ water hyacinth + 2.5 t ha⁻¹ paddy straw), both outperformed the non-mulched treatments (M₀ and M₁).

Effect of cropping systems and bio-mulching on soil bulk density

Cropping systems had no significant influence on soil bulk density at either 0-15 cm or 15-30 cm depths during both Rabi seasons (2017-18 and 2018-19), with values remaining uniform across systems (Table 3). A consistent increase in bulk density with depth was observed across all treatments. In contrast, bio-mulch treatments significantly affected bulk density at both depths. The highest bulk densities were recorded under the no-mulch treatment (M₀), reaching 1.30 and 1.33 g cm⁻³ at 0-15 cm and 15-30 cm depths respectively in 2017-18 and 1.29 and 1.32 g cm⁻³ in 2018-19. The lowest bulk density was observed under the M₃ treatment (MSM + 5 t ha⁻¹ paddy straw), measuring 1.25 g cm⁻³ at 0-15 cm in both years. Overall, mulching reduced bulk density, especially in surface soil, indicating improvement in soil physical condition.

Effect of cropping systems and bio-mulches on water holding capacity

Table 3 illustrates the effects of cropping systems and bio-mulch treatments on soil WHC. Cropping systems had no significant effect on soil WHC at 0-15 cm, 15-30 cm and 30-45 cm depths in both years (Table 3). Water holding capacity values decreased with increasing depth across all systems, with the lowest values consistently recorded under CS₃. In contrast, bio-mulch treatments significantly influenced WHC at all depths. The highest WHC was observed under the M₃ treatment (MSM + 5 t ha⁻¹ paddy straw), with values up to 66.56 % (2017-18) at 0-15 cm and 68.58 % (2018-19) at 15-30 cm depth. The lowest WHC was found in the residue-removed plots (M₀), ranging from 50.42 to 55.66 %. Treatments M₂ (water hyacinth) and M₄ (water hyacinth + paddy straw) also maintained relatively high WHC. A consistent decline in WHC with soil depth was evident across all treatments in the year 2017-18.

Effect of cropping systems and bio-mulches on infiltration rate

Fig. 1 illustrates effect of cropping system and bio-mulches on infiltration rate. Initial water infiltration was highest under CS₁ and lowest under CS₂ in both years, while CS₃ exhibited a higher basic (steady state) infiltration rate as time progressed. Cumulative infiltration was also highest in CS₃ (486.0 and 487.8 cm hr⁻¹), followed by CS₁ and lowest in CS₂. Bio-mulch treatments significantly enhanced infiltration. The highest basic and cumulative infiltration rates were recorded under M₃ (MSM + 5 t ha⁻¹ paddy straw), reaching 517.2 and 513.6 cm hr⁻¹ in 2017-18 and 2018-19 respectively, followed by M₄ and M₂. The no-mulch treatment (M₀) consistently showed the lowest infiltration (466.8 and 467.4 cm hr⁻¹) (Fig. 1).

Soil microbial activity

Dehydrogenase activity (DHA)

Cropping systems had no significant effect on DHA at either soil depth. However, CS₃ consistently recorded the highest DHA at 0-15 cm, with values of 23.51 and 24.33 µg TPF hr⁻¹ g⁻¹ in 2017-18 and 2018-19 respectively (Table 4). In contrast, bio-mulch treatments significantly influenced DHA, particularly at the 0-15 cm depth. The M₃ treatment (MSM + 5 t ha⁻¹ paddy straw) showed the highest DHA, with values of 25.32 and 26.70 µg TPF hr⁻¹ g⁻¹ in 2017-18 and 2018-19. M₄ and M₂ were statistically comparable. At 15-30 cm, differences were non-significant, though M₃ showed a moderate increase over the no-mulch control. No significant interaction between cropping systems and mulch treatments was observed.

Soil microbial biomass carbon (SMBC)

Cropping systems had no significant effect on SMBC at either 0-15 cm or 15-30 cm soil depths. However, the highest SMBC was observed in CS₂ (186.33 µg g⁻¹) in 2017-18 and CS₃ (190.48 µg g⁻¹) in 2018-19 at 0-15 cm depth. A general decline in SMBC was noted with increasing soil depth. Bio-mulch treatments significantly affected SMBC at the 0-15 cm depth. The M₃ treatment (MSM + 5 t ha⁻¹ paddy straw) recorded the highest SMBC-196.87 and 200.59 µg g⁻¹ in 2017-18 and 2018-19 respectively-significantly surpassing the no-mulch treatment. At 15-30 cm, variations were non-significant, with the lowest SMBC observed under residue removal (Table 4).

Table 3. Effect of cropping systems and bio-mulches measures on soil bulk density (g cm⁻³) and water holding capacity on Rabi crops

Treatments	Soil bulk density (g cm ⁻³)				Water holding capacity (%)			
	2017-18		2018-19		2017-18		2018-19	
	0-15 cm	15-30 cm	0-15 cm	15-30 cm	0-15 cm	15-30 cm	0-15 cm	15-30 cm
Cropping systems								
CS ₁	1.27	1.30	1.26	1.30	61.27	59.55	57.83	63.06
CS ₂	1.27	1.30	1.26	1.29	60.89	59.01	57.39	62.92
CS ₃	1.27	1.30	1.27	1.29	61.66	59.98	59.11	63.32
SEm (±)	0.01	0.01	0.01	0.01	1.19	0.82	1.51	0.73
CD (p=0.05)	NS	NS	NS	NS	NS	NS	NS	NS
Bio-mulches								
M ₀	1.30	1.33	1.29	1.32	53.53	51.24	50.42	55.66
M ₁	1.28	1.31	1.27	1.31	58.26	57.56	55.59	61.64
M ₂	1.27	1.30	1.27	1.29	63.37	61.30	60.43	63.96
M ₃	1.25	1.27	1.25	1.26	66.56	64.94	62.98	68.58
M ₄	1.27	1.29	1.26	1.29	64.66	62.53	61.15	65.66
SEm (±)	0.01	0.01	0.01	0.01	1.37	1.60	1.98	1.59
CD (p=0.05)	0.03	0.04	0.03	0.04	3.94	4.57	5.68	4.55
Interaction	NS	NS	NS	NS	NS	NS	NS	NS

(Note: CS₁= maize-chickpea, CS₂= maize-lentil, CS₃= maize -lathyrus, M₀ = no mulch (residue removal), M₁ = *In-situ* maize stalk mulch (MSM), M₂ = MSM + water hyacinth (5 t ha⁻¹), M₃ = MSM + paddy straw (5 t ha⁻¹), M₄ = MSM + paddy straw (2.5 t ha⁻¹) + water hyacinth (2.5 t ha⁻¹), g cm⁻³ = gram per cubic centimeter, SEm = standard error of mean, CD = critical difference, NS = non-significant)

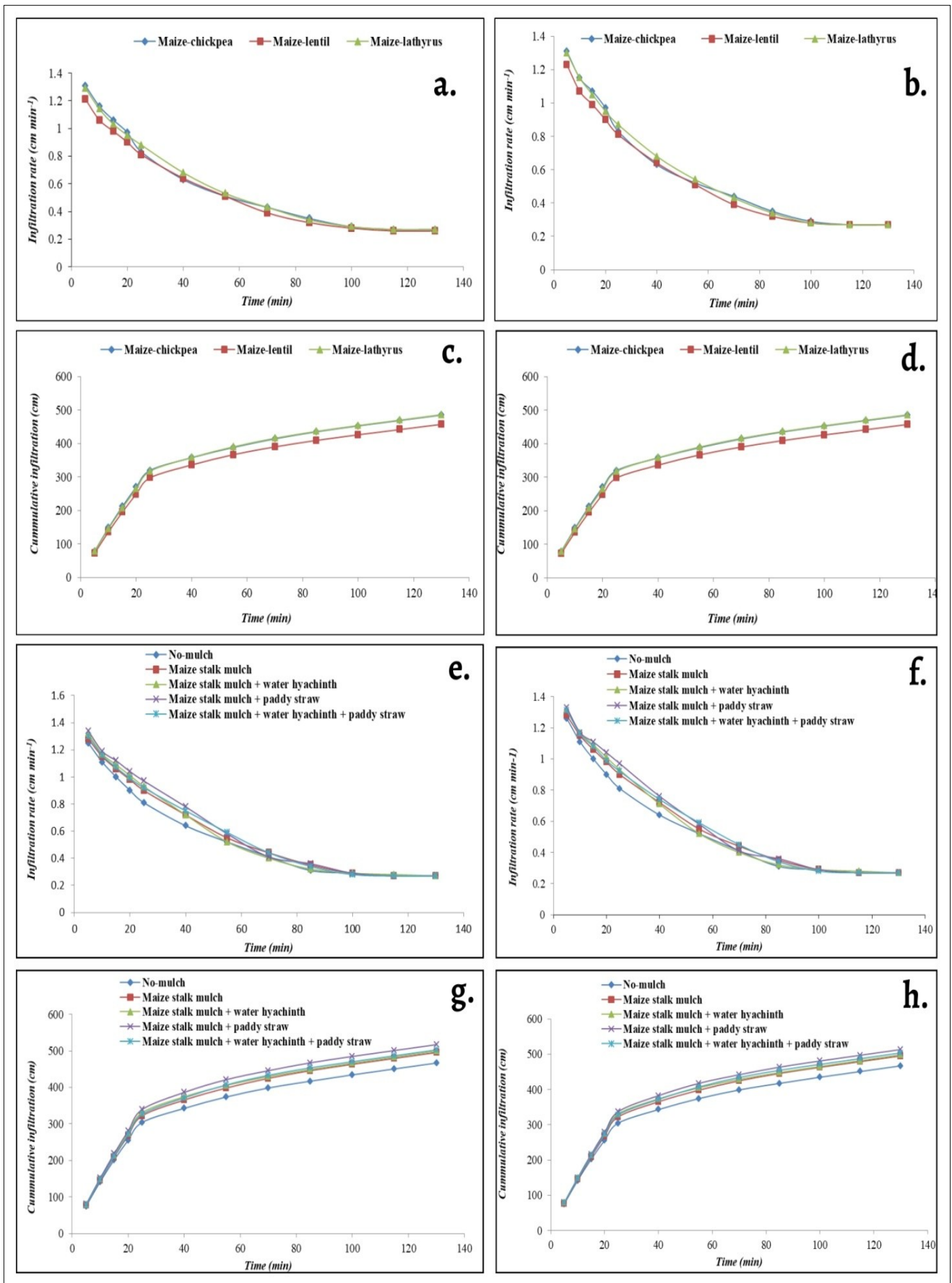


Fig. 1. Effect of cropping systems (a. 2017-18; b. 2018-19) and bio-mulches (e. 2017-18; f. 2018-19) on water infiltration rate (cm min⁻¹) and effect of cropping systems (c. 2017-18; d. 2018-19) and bio-mulches (g. 2017-18; h. 2018-19) on cumulative infiltration (cm) after the harvest of Rabi crops.

Table 4. Effect of cropping system and bio-mulches measures on soil dehydrogenase activity ($\mu\text{g TPF hr}^{-1}\text{g}^{-1}$) and soil microbial biomass carbon ($\mu\text{g g}^{-1}$ soil) on Rabi crops

Treatments	Soil dehydrogenase activity				Soil microbial biomass carbon			
	2017-18		2018-19		2017-18		2018-19	
	0-15 cm	15-30 cm	0-15 cm	15-30 cm	0-15 cm	15-30 cm	0-15 cm	15-30 cm
Cropping systems								
CS ₁	22.64	19.06	24.02	20.10	185.29	160.78	190.30	165.34
CS ₂	22.72	19.13	24.18	20.19	186.33	162.34	189.21	166.19
CS ₃	23.51	19.08	24.33	20.31	185.83	162.05	190.48	166.07
SEm (\pm)	0.37	0.36	0.43	0.53	2.84	2.59	2.50	3.81
CD ($p=0.05$)	NS	NS	NS	NS	NS	NS	NS	NS
Bio-mulches								
M ₀	20.37	18.54	21.68	19.52	168.80	155.83	172.85	158.91
M ₁	21.35	18.89	22.59	19.96	177.29	159.25	180.77	163.12
M ₂	23.28	19.13	24.60	20.17	192.18	160.02	198.08	166.62
M ₃	25.32	19.59	26.70	21.03	196.87	169.45	200.59	173.12
M ₄	24.47	19.30	25.31	20.32	193.95	164.06	197.70	167.57
SEm (\pm)	0.36	0.44	0.50	0.67	3.91	4.21	3.58	3.47
CD ($p=0.05$)	1.04	NS	1.43	NS	11.21	NS	10.27	NS
Interaction	NS	NS	NS	NS	NS	NS	NS	NS

(Note: CS₁= maize-chickpea, CS₂= maize-lentil, CS₃= maize -lathyrus, M₀ = no mulch (residue removal), M₁ = *In-situ* maize stalk mulch (MSM), M₂ = MSM + water hyacinth (5 t ha⁻¹), M₃ = MSM + paddy straw (5 t ha⁻¹), M₄ = MSM + paddy straw (2.5 t ha⁻¹) + water hyacinth (2.5 t ha⁻¹), g cm⁻³ = gram per cubic centimeter, SEm = standard error of mean, CD = critical difference, NS = non-significant)

Effect of bio-mulches on growth attributes

Bio-mulch treatments significantly enhanced biomass accumulation across chickpea, lentil and lathyrus. Biomass increased progressively with crop growth. The M₃ treatment (MSM + 5 t ha⁻¹ paddy straw) consistently produced the highest biomass in all crops, followed by M₄ and M₂. Residue removal resulted in the lowest biomass. At harvest, the highest biomass accumulation was recorded in lentil (357.17 g m⁻² in 2017-18 and 367.00 g m⁻² in 2018-19), lathyrus (464.75 and 462.33 g m⁻²) and chickpea (396.83 and 393.92 g m⁻²) under M₃. M₄ treatments showed the second-highest biomass across all crops and in both years (Table 5).

Effect of bio-mulches on WUE and water productivity

Bio-mulch treatments significantly improved WUE across all Rabi crops (Fig. 2). The M₃ treatment recorded the highest WUE, followed by M₄, in all crop varieties. Compared to no mulch, M₃ led to notable WUE increases in chickpea (101.54, 101.47 and 103.03 %), lentil (85, 81.36 and 85.71 %) and lathyrus (47, 133.33, 114.06 and 121.31 %) for the years 2017-18, 2018-19 and pooled data respectively. These improvements were mainly due to higher yields and better soil moisture retention. Lathyrus showed the highest WUE, particularly under M₃, attributed to its extended growth duration and higher evapotranspiration. The application of bio-mulch effectively conserved water by reducing evaporation and enhancing moisture availability for plant uptake, thereby increasing WUE and water productivity. Additionally, the combination of zero tillage and crop residue application improved

soil physical properties, further contributing to enhanced yields and WUE (Fig. 3).

Discussion

Soil moisture content

The maize-lathyrus system retained higher soil moisture throughout the crop period, except at 90 DAS, where maize-lentil showed the highest levels. The better retention in maize-lathyrus is attributed to its ground-covering growth habit, which reduces evaporation losses (32). In contrast, maize-lentil had lower moisture due to less canopy coverage (17). Among mulching treatments, M₃ consistently maintained the highest soil moisture across all stages, followed by M₄, while control plots recorded the lowest. The use of maize stalks with paddy straw or water hyacinth in M₃ effectively minimized runoff and evaporation (33). Mulched plots preserved more moisture at all soil depths, especially in sub-surface layers (15-30 cm), due to reduced evaporation (34).

Water holding capacity

The maize-lathyrus system showed the highest water holding capacity, followed by maize-chickpea. This was influenced by lower bulk density, residue cover and reduced evaporation (35). Tillage absence may cause surface compaction, limiting infiltration (36). Mulching enhanced soil microbial activity and aggregation, improving structure and water retention (36).

Table 5. Effect of bio-mulches measures on dry matter accumulation (g m⁻²) of chickpea, Lentil and Lathyrus at harvest

Treatments	Chickpea		Lentil		Lathyrus	
	2017-2018	2018-2019	2017-2018	2018-2019	2017-2018	2018-2019
M ₀	134.42	133.75	123.83	133.58	162.75	167.42
M ₁	171.50	179.75	175.08	176.75	236.00	229.42
M ₂	229.83	238.25	231.17	244.50	297.00	282.50
M ₃	396.83	393.92	357.17	367.00	464.75	462.33
M ₄	281.25	282.33	307.58	299.92	348.17	362.00
SEm (\pm)	7.23	3.09	7.85	6.82	7.59	8.82
CD ($p=0.05$)	22.28	9.53	24.17	21.00	23.39	27.17

(Note: M₀ = no mulch (residue removal), M₁ = *In-situ* maize stalk mulch (MSM), M₂ = MSM + water hyacinth (5 t ha⁻¹), M₃ = MSM + paddy straw (5 t ha⁻¹), M₄ = MSM + paddy straw (2.5 t ha⁻¹) + water hyacinth (2.5 t ha⁻¹), g cm⁻³ = gram per cubic centimeter, SEm = standard error of mean, CD = critical difference)

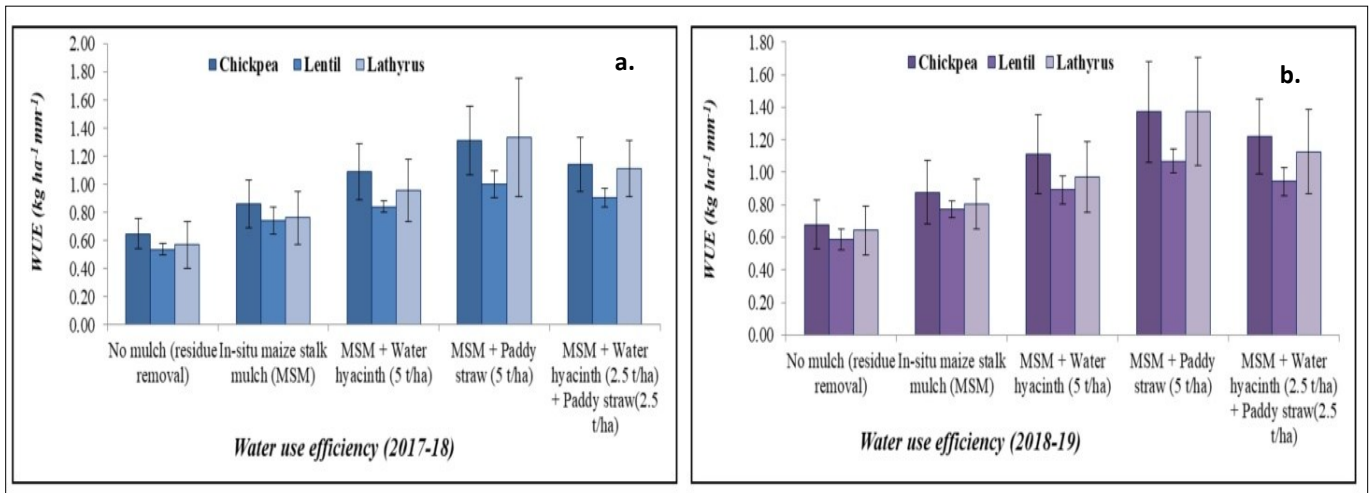


Fig. 2. Water use efficiency of Rabi crops under different bio-mulches measures; (a): 2017-18, (b): 2018-19.

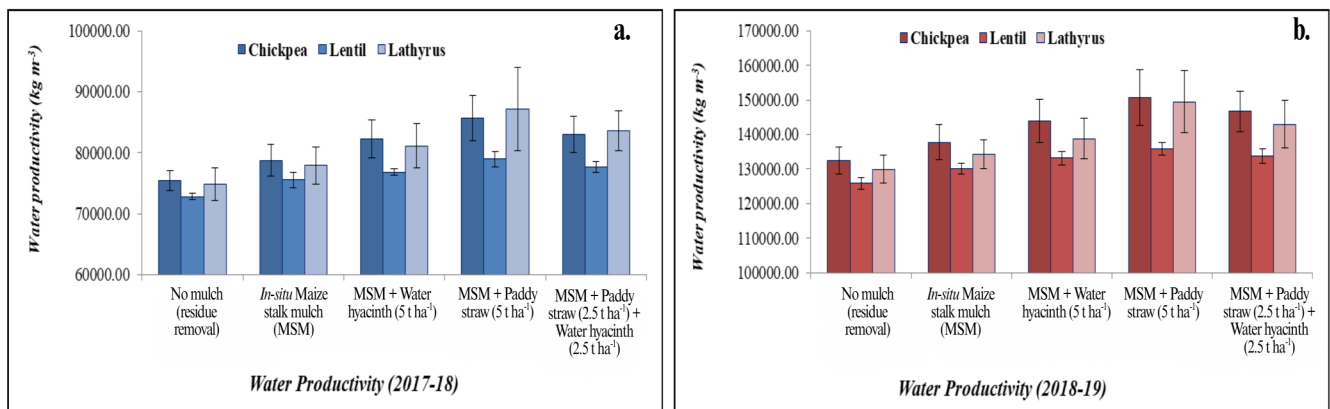


Fig. 3. Water productivity of different cropping systems affected by bio-mulches; (a): 2017-18, (b): 2018-19.

Infiltration

Infiltration rates were highest in the maize-lathyrus system and mulch-treated plots. M₃ treatment showed superior infiltration, likely due to improved soil structure from residue retention (23). Residues on the surface prevent sealing and promote water entry. Natural mulches further reduce runoff and improve infiltration (37). The lowest infiltration occurred in residue-removed plots can be due to the surface crusting and poor aggregation (37).

Dehydrogenase activity and soil microbial biomass carbon

Dehydrogenase activity (DHA) showed minimal variation across systems, likely due to legume inclusion enhancing microbial processes (38). However, M₃ had the highest DHA, followed by M₄, due to decomposition of high C:N ratio residues, improving nutrient availability and microbial energy sources (39). Soil microbial biomass carbon also remained similar across systems but was highest under M₃ (196.87 and 200.59 $\mu\text{g g}^{-1}$ in 2017-18 and 2018-19), followed by M₄. This increase was due to zero tillage with residue retention, which supports microbial growth and carbon sequestration (24).

Crop growth attributes

Mulching significantly enhanced biomass and leaf area across all crops. M₃ plots showed the highest dry matter accumulation at harvest. Improved soil moisture, reduced compaction and nutrient release from decomposed biomass contributed to better growth under mulched conditions (40).

Conclusion

Retention of *in-situ* maize stalks along with paddy straw or water hyacinth mulch effectively conserved soil moisture, improved soil physico-chemical and biological properties and enhanced crop productivity. The highest water use efficiency was observed in the maize-lathyrus (CS₃) system under MSM + paddy straw (5 t ha⁻¹) mulch (M₃), followed by MSM + water hyacinth (2.5 t ha⁻¹) + paddy straw (2.5 t ha⁻¹) mulch (M₄). Maximum water productivity was recorded in the maize-chickpea (CS₁) system under M₃ mulch. Further, there are needs to study the root distribution and soil moisture extraction pattern of these legumes under different bio-mulching and climatic conditions.

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Authors' contributions

JKD and BKS did the conceptualization and methodology of the research. JKD and RD did data collection and data analysis. JKD, AD, AC and PD wrote the manuscript. AD, AC and PD did the reviewing and final editing of the manuscript. BKS, AD and AC did the final supervision of the manuscript. All authors read and approved the final version of the manuscript.

Compliance with ethical standards

Conflict of interest: Authors do not have any conflict of interests to declare.

Ethical issues: None

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