



REVIEW ARTICLE

# Utilization of nano-silica from *Equisetum* sp. - A pathway to sustainable agriculture, economic development and insights into toxicological safety

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## Abstract

This review aims to assess the potential applications of nano-silica derived from *Equisetum* sp. in agriculture. It aims to implement sustainable farming practices to address environmental and economic challenges. The study investigates the effectiveness of nano-silica as a transformative tool for smart delivery systems in fertilizers, pest control and cleaning pollution. A comprehensive review of literature to synthesize and characterize nano-silica from *Equisetum* sp. through eco-friendly green synthesis methods. Techniques such as acid and alkali treatments and calcination were highlighted for their efficiency and sustainability. The review also evaluated nano-silica pathways in plants, mechanisms of action and its integration into agricultural technologies. Its application in wastewater treatment demonstrated efficacy in removing heavy metals like cadmium and lead. Additionally, nano-silica based smart delivery systems improved efficiency, minimized environmental impacts and reduced input costs. Economically, nano-silica promotes postharvest preservation and supports the circular economy through recycling agricultural waste. *Equisetum*-based nano-silica is highly economical and a resource-efficient alternative for the advancement of sustainable agriculture systems by increasing resistance to stress factors in crops, maintaining soil quality and reducing contaminants. However, there are still issues in supplying, safety testing and cost of mass production of these materials. Future research should address these gaps to fully harness nano-silica potential in precision farming and sustainable food systems.

**Keywords:** *Equisetum* sp.; green synthesis; nano-silica; recycling management; smart delivery systems; sustainable agriculture

## Introduction

The escalating global hunger crisis and the environmental impacts of conventional agriculture have intensified the call for sustainable agricultural practices. According to the Food and Agriculture Organization (FAO), nearly 733 million people faced undernourishment in 2023, representing about one in every eleven individuals worldwide (1). Nanotechnology seems to have some attention due to its strong potential in enhancing crop yield while minimizing resource-use and environmental harms. Of the various types of silica that have been studied, nano-silica is superior because it can assist in various aspects such as vegetation, stress tolerance and even soil enhancement (2). The *Equisetum* sp. horsetail plant appears to have promise as an environmentally friendly source of nano-silica and it certainly has a high silica concentration, however, its use in agriculture has not gained popularity as it could help with farming as well as boosting the economy, advancement of technology and improvement in security forces. *Equisetum* sp. has traditionally been used in agriculture as a fertilizer because it is rich in silica (3).

Unlike other plants containing silica, the *Equisetum* founded family has the unique ability to absorb monosilicate directly from the soil and store it in their incarnations. The added silica content fortifies and strengthens the plants, aiding them in maintaining their form and providing structural support (4). In conjunction with advancements in nanotechnology, there has been the potential to derive and synthesize nano-silica from this plant specifically for agricultural purposes (5). Nano-silica increases the ability and efficiency of plants to uptake nutrients and conserve water, also improves their overall resilience to environmental stresses, pests and diseases. As some literature suggests using nano-silica could increase plant productivity, enhance photosynthesis in plants and make them more resilient to stress caused by heavy metals and diseases, more works needs to be done on plant fizzy from *Equisetum* sp. Important ones include absence of precise protocols for extraction and synthesis of nano silica, few investigations assessing its toxicity and apparent neglect of its economic use and technological advantages. These deficiencies inhibit the effective application of nano-silica obtained from *Equisetum* sp.

especially in developing nations where efficient resource use is of great importance. These issues need for a joint resolution of issues belonging to different areas (6-8).

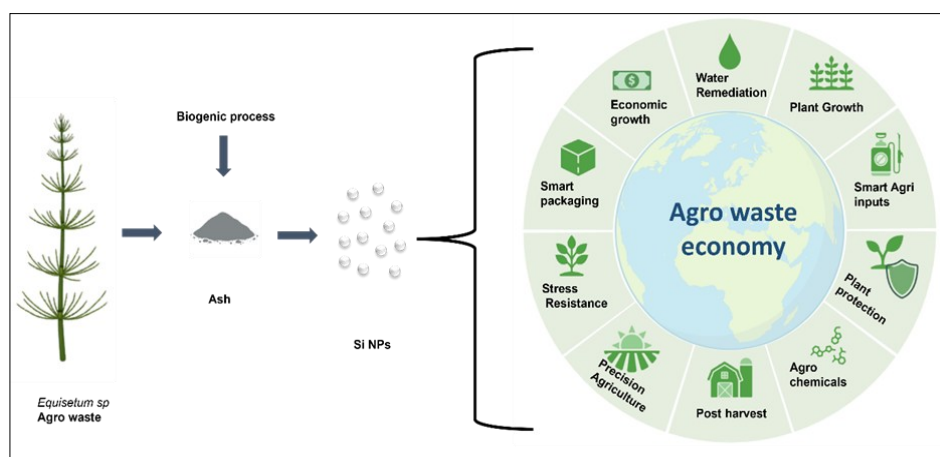
Also, there are economic studies that are important in demonstrating the efficiency of using nano-silica from *Equisetum* sp. This involves agricultural development on less productive lands and even rural employment creation. Why not revolutionize agriculture by applying smart delivery modes, such as nano silica-based fertilizers and pesticides, to enhance efficiency and protect the environment? The purpose of this review is to provide an overview of the state of research, outline the key problems and propose potential applications of nano silica from *Equisetum* sp. in modern agriculture (Fig. 1).

### Natural source of silica

Silica is undoubtedly one of the most abundant minerals present on Earth, commonly found in various forms across soils, rocks and biological systems. Among the wide array of naturally occurring minerals, silica stands alongside others such as alumina, iron oxides, calcium carbonate and magnesium oxides in terms of global abundance and industrial relevance. Interestingly, silica is now increasingly sourced from agricultural waste, offering a sustainable and eco-friendly alternative to conventional mining. Agricultural residues from crops such as rice husk, wheat straw, sugarcane bagasse and corn cob are rich in silica content, making them valuable raw materials for nano-silica production. This green approach not only aids in waste but also aligns with circular economy principles by transforming agro-waste into functional nanomaterials (9). It is interesting to note that silica is mostly sourced out of agricultural waste in several crops is listed in Table 1. Such waste is primarily either dumped or even burnt, thereby causing pollution to the environment (10). This is particularly concerning for countries

such as India where agriculture is heavily depended on, there's a lot of "waste" created. This agricultural waste on the other extends is being worked on by researchers in order to transform it into useful products and therefore contributes towards sustainable development altogether (11,12). It is understandable therefore that silica is seen as abundant and useful given the number of applications it serves for multiple fields and industries. Several studies have unfortunately found that agricultural waste has a much higher silica recovery rate than any other sources. Combined with agriculture processes, ash formed as a by-product is encompassed with silica therefore multiple studies have sought to extract and utilize it further in a more economically sustainable manner. The strength of plants is increased overall when their leaves, shoots, roots are fortified with silica as well which in turn allows them to withstand harsh environments.

Additionally, silica decreases the effects of adverse toxicogenic constituents in the soil, such as heavy metals, aluminium toxicity and salinity stress, by immobilizing harmful ions and reducing their bioavailability to plants. In the formation of plantlets, silica exhibits osmoregulatory properties, such as suppressing excessive osmotic stress caused by unfavourable soil conditions. This action stabilizes cellular functions and improves water retention within plant tissues, thereby augmenting the total percentage of seed germination and promoting healthy seedling establishment. Particular interest is nano-silica, a low-cost alternative that comes in small nano-sized particles (1-100 nm) and has a high surface area, thus allowing for easy cell membrane permeability. Thus, such nanosized plants such as nanosized silica are set to play a critical role in the improvement of agricultural and food security in a sustainable manner (13,14).



**Fig. 1.** Nano silica from *Equisetum* sp. - a sustainable innovation for agro-waste utilization and agricultural advancement.

**Table 1.** Nano silica production from agro waste

Agricultural waste	Silica content (% by weight)	Applications	Advantages	Processing methods	Nano-silica Size (nm)	References
Rice Husk	15-20 %	Fertilizer, soil amendments	Abundant, cost-effective, renewable	Calcination, acid leaching	10-22	(15,16)
Wheat Straw	8-12 %	Composite materials, biochar	Easily accessible, sustainable	Pyrolysis, thermal treatment	20-80	(17,18)
Sugarcane Bagasse Ash	10-15 %	Construction, silica gels	Byproduct of sugar production, versatile use	Combustion, washing	30-90	(19-21)
Corn Cob	6-10 %	Adsorbents, catalysts	Lightweight, biodegradable	Milling, alkali extraction	15-50	(22,23)
Bamboo Leaves	20-25 %	Nanomaterials, structural additives	High silica yield, rapid growth source, development of Li-ion battery anode	Chemical extraction, heating	5-40	(24-26)
Coconut Shell Ash	5-8 %	Activated carbon, silica compounds	Durable, widely available in tropical regions	Carbonization, acid washing	10-70	(27,28)

### Green synthesis of nano silica from *Equisetum* sp.

Plant sources can produce nanoparticles by a method called green synthesis which has attracted the notice of a great number of scientists as it is environment friendly. This approach is also noted to be cheap, require less time and rather uncomplicated procedures in comparison to other of the synthesis techniques making it an effective biological means for producing nanoparticles (29). Silica Nanoparticles (SiNPs) can be synthesized by a variety of techniques, including chemical and mechanical techniques.

But in view of environmental problems, the most appropriate would be through the synthesis using natural products. So, in this aspect we can look at the biogenic route for silica synthesis from *Equisetum* (3,30).

#### Method 1 (chemical and thermal treatment)

The first step involves the harvesting of *Equisetum*, which should be done precisely once the plant has been thoroughly washed with distilled water to remove any residual parts. Furthermore, the plant has to be preserved in a cuprammonium solution for a duration of a week in order to get rid of any cellulose smearing its surface (30). After the wash is done, the plant is required to rest under room temperature for a period of 1 day so that it can dry up. Once the plant material is dry, it is roughly ground and even sieved so that it may undergo yet another distilled water wash. Following the wash, the plant material would be required to dry once more, this time around for 5 hr but the temperature must be set to 110 °C. At this point, the dry material would need to be revisited as 8 g of the dry *Equisetum* powder would be required alongside 400 mL of 4 M hydrochloric acid (HCl).

The solution in this case would require heating till its boiling point which will persist for 2 long hours. Cool the container after the given time and take the supernatant liquid out. After which the HCl infused *Equisetum* would need to be centrifuged and rinsed in deionized water until the pH level reaches its neutral state which equals 7. Once achieved, the material is finally set to air dry until it reaches the 50 °C mark and then it would be calcined instead so the organic residue can be cleared (31).

#### Method 2 (hydroalcoholic extraction, acid hydrolysis and calcination)

The extraction of silica from horsetail plants involves a multi-step process starting with harvesting and preparation. The harvested plants are chopped into small fragments sized between 10 and 40 mesh, then thoroughly washed to remove impurities. The cleaned plant material is oven-dried at 60 °C to reduce moisture content. Silica extraction is carried out through three primary steps: hydroalcoholic extraction, acid hydrolysis and calcination. Initially, the dried horsetail biomass is subjected to hydroalcoholic extraction using a 1:1 ethanol-water mixture at a solid-to-liquid ratio of 1:10. This mixture is left under heating conditions for 24 hr to facilitate compound extraction. Afterward, the solids are separated through filtration and further dried at 103 °C. Subsequently, 2 g of this dried material are mixed with 20 mL of diluted sulfuric acid, maintaining the same solid-to-liquid ratio and the mixture is heated at temperatures between 120 °C and 160 °C for 1 to 4 hr. The residue is washed with distilled water until reaching a neutral pH. Finally, 1 g of the dried sample is calcined in a muffle furnace for 1 hr to remove organic components (32).

#### Method 3 (acid treatment and calcination)

Horsetail stems and leaves need to be purified with deionized water to filter out unwanted substances. The water-washed samples are subsequently dried in an oven at 60 °C for about 3 hr. Then the sample is refluxed in a solution of 10 % HCl for 2 hr. The purpose of this procedure is to free the sample of unnecessary ions. The caustic sample is later neutralized with deionized water so that the pH is equal to that of 7. The sample is also calcinated to get rid of the organic matter. In this process the temperature is raised to 580 to 700 °C for 3 hr. In the end, SiNPs are produced (33).

#### Method 4 (acid and alkali treatments)

The washing procedure for this type of stem is aimed at achieving a clean stems sample. This is followed by over-drying the uncluttered sample at a temperature of up to 110 °C for a number of hours, specifically twenty four. The stems sample is then soaked in 0.1 M HCl for 1.5 hr. The acidified stems are swollen with water and aims at room temperature for overnight before being heated enough to evaporate liquid completely off it, leaving behind a dry substance quite rich in alfalfa sprouts. Thereafter, a mixture of 20 g of the previously dried stems sample are mixed with 200 mL of 2.5 M solution of sodium simultaneously with a 30 °C temperature for 3 hr. Following cleaning, the mixture now contains only a small amount of ammonia hydroxide to stabilize pH at 8.5 after which its acidity was adjusted with sulfuric acid solution. This was left to cool down for 3 hr where after it was washed using deionized water and last exposed to a wet environment for two days at an average temperature of 50 °C (34).

The treatment of acid and alkali techniques appears to be the most efficient of the four methods for the synthesis of nano-silica. This method displays remarkable ecological acceptability by avoiding the use of very high temperatures and hence it is reasonably energy conservative. The two-stage acid and alkali treatment offer a better control of the pH of the silica and its quality, which further results in the formation of nano-silica with predictable properties. In addition, the process, though less intensive, but relatively simple, increases its potential for mass production, thus making it more efficient. Also, the neutralization of the residual acids enhances safety and sustainability by reducing the hazards that are related to residual acids (35).

#### Pathway of silica in higher plants

The factors that affect the absorption of Nanoparticles (NPs) by a plant include the plant's age, environmental factors, as well as species. In the same way, the physicochemical characteristics of the NPs do matter as well, where aspects such as shape, size, chemical composition, crystalline structure and the stability of the NPs are of concern. With an estimated size of 20 nm, mesoporous silica is deemed as an appropriate carry material. Different modes, including foliar and soil application, can be used for applying this silica to plants (36). In the case of foliar application, required quantities of liquid SiNPs are added to water. The SiNPs are introduced to the stomatal openings when the spray is applied to leaves of the plants in order to reach SiNPs into the biological systems of the plants. In soil application, SiNPs are put to the soil without any intermediaries and their absorption is influenced by some factors like pH,

texture, fertility and the presence of salt of the soil. In hydroponic farming, SiNPs, in either powder or liquid form, are incorporated into the nutrient solution and made available to the plants. The roots absorb the Si amount contained in the NPs and it is transferred to the tissues of the interior plant. Soil application is relatively more efficient for plants than the foliar spray application (37).

Colloidal metals or NPs are initially absorbed at the root zone and subsequently transported through ion channels into plant tissues via endocytosis, with carrier proteins such as aquaporins facilitating this process. Penetration is inhibited when nanoparticle diameter exceeds 20 nm. Subsequently, the NPs move to the roots and reach the other aerial parts through xylem via apoplast pathway. In contrast, protein structures for the passive transport through the cell membranes are necessary, for example, Nodulin Intrinsic Protein 2 (NIP2) for the symplastic route, which is in part controlled by LSi1 influx and tilted towards LSi2 efflux. Furthermore, it was revealed that LSi6 is responsible for the transportation of silicon into the leaf tissue. Silicon from the soil is initially absorbed by root hairs and transported to cortex cells. Mean density of these transporters is however species dependent. It was found that the density of this transporter is higher among rice than that of sugarcane (38).

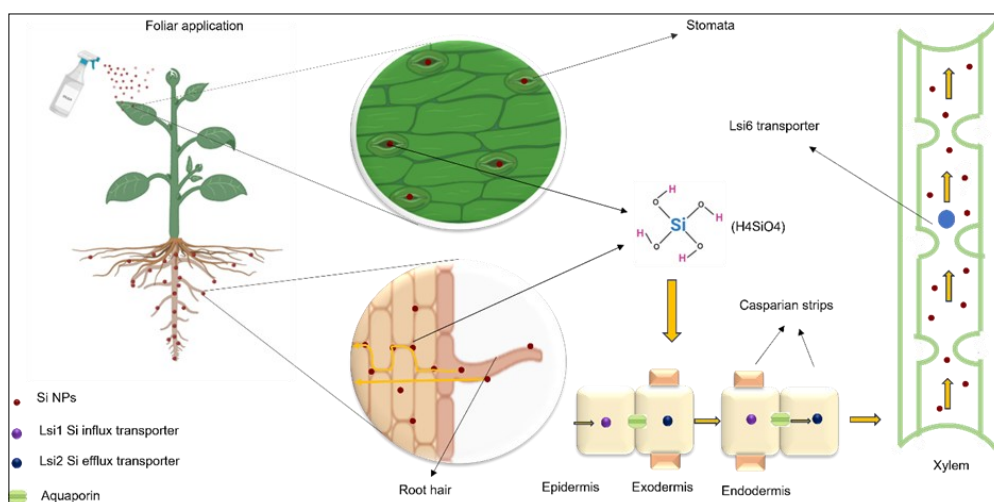
Such a transport process requires energy and is, accordingly, influenced by metabolic inhibitors and chilling temperatures. From the cortical cells, SiNPs are then moved into the xylem and translocated to the shoot. It is known that when the biological system of the plant assimilates silicic acid from the soil, it gets converted into silica gel (39). Most vascular flowering plants, total silica concentration is probably higher in the part of xylem sap. In the shoot, loss of water (transpiration) gives rise to polymerization of silicic acid which is transformed colloidal silicic acid and ultimately as silica gel. The spatial distribution of silicon in the plant tissues is largely governed by transpiration of water movement which causes an increasing accumulation of silicon in older tissues which are more easily accessible. The movement of NPs from one cell to another is through the plasmodesmata (40,41). In plants, a huge amount of nanosilica is transported via the apoplastic pathway is illustrated in Fig. 2.

### Smart delivery system of nano-silica

The present circumstance is characterized by an ever-increasing global population, which has naturally resulted in an increase in food requirements. However, current food production systems are struggling to meet this growing demand. Technological advancements in agriculture present a viable solution to this challenge. Presently, the world population stands at 8.2 billion and it is estimated that there will be a total of 9.6 billion by the year 2050. Approximately 700 million people are predicted to be displaced by water shortages by the year 2030. By 2040, 1 out of every 4 children is likely to be residing in areas with extremely high levels of water stress (42). The issues of food security and water scarcity can be addressed by applying technology in the field of agriculture. In recent times, the agriculture sector has had to grapple with major challenges like land constraints, water limitations and organic matter decline in soil. Such challenges can be attempted to overcome by carrying out nanotechnology (43).

### Applications of silica nanostructures in catalysis, biosensing and food safety:

Silica is a strong porous framework that displays multiple core features, such as chemical stability and thermal stability. Metal NPs embedded in silicates serve as efficient catalysts with applications across diverse fields such as environmental remediation (for pollutant degradation), chemical synthesis (in green chemistry and fine chemical production), energy conversion (in fuel cells and hydrogen production), pharmaceutical manufacturing (for selective reactions) and agriculture (for pesticide degradation and controlled release systems). Their high surface area and stability make them ideal for enhancing catalytic efficiency in these sectors (44). Nanostructures of silicon can be degraded into kidney clearance molecules as silica can be removed from the body without any toxic effects (45,46). There may also be the use of nanostructures of silicon which range between 3 to 10 nm in clinical and food applications (47). When polyacrylic acid is used in conjunction with SiNPs, those become high enzyme loading carriers. Such enzyme loaded particles are used to trace high antimicrobial materials in ELISA assays (48). For detection of pathogens *E. coli* which can originate colonies, sensors that consist of porous silica are used for chemiluminescence assay (49). In silicate NPs, airtight food packaging is developed which also prevent food contamination (50).



**Fig. 2.** Uptake of silica NPs into higher plants.



### Nano-silica in wastewater treatment

For this past decade rather, much attention has been paid to the demand for water. In the arid countries, the supply of water is grossly insufficient. Water pollution is the major factor of this situation. As a consequence, both human and animal's health are at grave risk (51,52). A large quantity of water is being used up by the industrial sector. The heavy metals like cadmium, nickel, lead and arsenic for instance that contaminate the water make it unfit for reuse which is released by these industries. This cadmium has been found to be a key driver of the adverse effects on both humans and animal life (53). In particular, the role of nano-silica in wastewater treatment procedure is being studied in the dairy industry. Nano-silica is used to modify the pH control, increase the level of dissolved oxygen and lower biochemical oxygen and chemical oxygen demand (54). This maximizes the pollutants removal efficiency of the wastewater treatment so that the treated wastewater can be easily discharged or reused listed in Table 2.

### Nano-silica as a sustainable nano-biopesticide

The growing threats posed by environmental issues, increased tolerance towards insecticides, bans on several chemical pesticides and a slow rate of new compound inventions has sparked further interest in biological control methods. Additionally, the biodiversity continues to support the development and citation of new drugs for both human and veterinarian purposes, as well as new biopesticides for both agricultural and household use. Nano-silica has been recognized as a revolutionary possibility. In order to ensure their survival and prevent dehydration, insect pests coat their bodies with a layer of waterproof film, which consists of a variety of cuticular lipids. Physical means are the only method of insect extermination through the consumption of these lipids that

nano-silica within which cuticular lipids are absorbed through physisorption (61). Several studies have demonstrated that the application of NPs on leaf and stem surfaces does not interfere with key physiological processes such as photosynthesis or respiration in horticultural and crop plants. For instance, zinc oxide NPs applied to tomato plants showed no adverse effects on photosynthetic rate or stomatal conductance (62). Similarly, foliar application of TiO<sub>2</sub> NPs in maize did not significantly affect chlorophyll content or plant growth (63). In insect systems, gold NPs were found not to alter gene expression in tracheal epithelial cells, highlighting their potential as biocompatible nano biopesticides (64). The use of silica does not pose a health risk even as per the estimates made by the World Health Organization (65). When there was an introduction of nanotechnology in pesticides, a lot of emphasis was placed on the biodegradable polymer listed in Table 3. However, in this research, the exposure of the biodegradable polymer to sunlight and enzymatic reactions led to its degradation, demonstrating poor thermal and chemical stability (66). The combination of the fungicide metalaxyl with mesoporous silica nanospheres ensured sustained release whereby over a period of thirty days 11.5 % was released in soil and 47 % in water (67).

### Nano-silica in enhancing plant resistance against pathogens

In the tropics and subtropics, crop losses are significant due to the contamination of food items by fungi (74). Plants of the monocot group have a specific requirement for remained in the leaf structure, called silica (SiO<sub>2</sub>), which contributes to various forms of form resistance including biotic and abiotic stresses (75,76). It is believed that nano silica (nSiO<sub>2</sub>) increases the resistance of plants by promoting the phytoalexins necessary for the attack against fungal pathogens (77). Elicitation in plants consists in the activation of phytoalexins and pathogenesis-

**Table 2.** Applications of nano silica in heavy metal removal from various water sources

S.No	Water type	Nanosilica Size (nm)	Mechanism	Heavy metal treated	Description	Reference
1.	Industrial wastewater	30-40 nm	Adsorption	Lead (Pb)	Nanosilica enhanced with iron oxides was effective for lead adsorption in contaminated water.	(55)
2.	Mining wastewater	40 nm	Surface complexation	Cadmium (Cd)	Functionalized nanosilica increased cadmium removal efficiency through surface interactions.	(56)
3.	River water	10-15 nm	Precipitation and adsorption	Mercury (Hg)	Nanosilica composites reduced mercury levels via adsorption and immobilization.	(57)
4.	Industrial wastewater	50-75 nm	Adsorption and reduction	Chromium (Cr VI)	Silica nanoparticles functionalized with amino groups enhanced chromium removal through adsorption and reduction.	(58)
5.	Groundwater	30-50 nm	Ion exchange	Arsenic (As)	Modified nanosilica improved arsenic adsorption under acidic conditions, reducing its concentration in water.	(59)
6.	Agricultural wastewater	70-102 nm	Ion exchange	Nickel (Ni)	Nanosilica particles were effective in removing nickel through ion-exchange mechanisms.	(60)

**Table 3.** Applications of nano-silica for enhanced pesticide delivery and pest control

S.No	Insect Name	Pesticide Treated	Mode of Action	Nanosilica Size (nm)	Description	Reference
1.	<i>Spodoptera litura</i>	Bifenthrin	Increased bioavailability	50-100	Nano-silica improves pesticide delivery, enhancing pest control and resistance management.	(68)
2.	<i>Aedes aegypti</i>	Azadirachtin	Sustained release	10-40	Controlled release system with nano-silica enhances insecticidal efficacy.	(69)
3.	<i>Diabrotica virgifera</i>	Imidacloprid	Bioavailability improvement	30-50	Enhanced bioavailability for more effective insect targeting and prolonged activity.	(70)
4.	<i>Musca domestica</i>	Pyrethroids	Controlled release	20-60	Nano-silica provides controlled release, minimizing environmental impact and toxicity.	(71)
5.	<i>Culex pipiens</i>	Deltamethrin	Enhanced degradation	280-300	Improves Deltamethrin efficacy in pest control through enhanced degradation resistance.	(72)
6.	<i>Helicoverpa armigera</i>	Carbofuran	Sustained efficacy	25-45	Nano-silica allows for controlled release, leading to improved control over pest infestations.	(73)

related proteins such as chitinase and glucanase which are responsible for the lysis of fungal cells (78,79). The defence mechanisms mounted by plants are facilitated by silica through inhibiting the growth of pathogens and helps in the removal of heavy metals (80-82). Cases of powdery mildew (caused by *Podosphaera fusca*) on cucumber (83), rice sheath blight (*Rhizoctonia solani*) (84) and blast disease (*Magnaporthe grisea*) (85) have shown that silica in plants provides the same resistance as that in cucumbers. *Podosphaera fusca* resistance was conferred on maize plants using silica (86,87). It has been suggested that the strong mechanical connection of silica with the cell wall of plants is the reason for their resistance against pathogenic fungi as it strengthens the cell wall at the site of infection (88). The bonding of the silica with the hydroxyl group of signal-transmitting proteins induces resistance (83). Additionally, the variation in the plants' resistance has been noted to be dependent in maize.

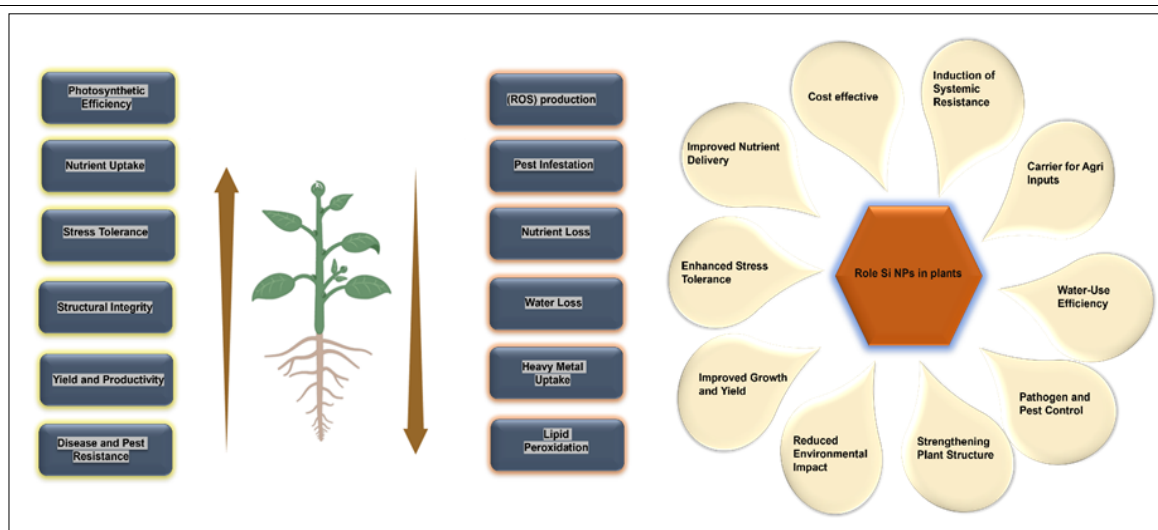
Greater emphasis should be placed on the utilization of nanoscale silica in soils over bulk forms, given its significant potential to influence agricultural practices. Adoption of recommended management strategies can enhance the efficiency of nano-silica applications in soil, ultimately contributing to improved agricultural productivity, as outlined in Table 4 (37).

### Economic impacts of nano-silica in agriculture

Nano-silica is an innovative addition to agricultural technologies as it can be incorporated in various agricultural inputs such as fertilizers, pesticides, disease resistance formulations and sensors as well as in wastewater management. These inputs are also said to promote economic growth. Since nano-silica is on the nanoscale, it shows high adsorption, low amounts of inputs are required because of its large surface area. Thus, this reduces the total cost of inputs and maximizes agricultural output. The requirements of the increasing population are being met and in addition there is food security. In contrast to traditional fertilizers, nano fertilizers are considered environmentally friendly and are used in green agriculture. The number of chemical inputs is lessened, spores of toxic residues are minimized and crops are supplied with necessary nutrients alongside protection. In this way, nano-silica is assisting in improving agricultural productivity and conserving the environment (95). Silica has a significantly lower production cost, as it is obtained from plant waste rather than manufactured like other NPs illustrated in Fig. 3. By making silica out of waste materials, raw materials are preserved and such discarded waste is turned into a valuable material that provides stability to farmers economically.

**Table 4.** Application of nano silica for enhancing plant resistance against pathogens

S.No	Crop Type	Pathogen Targeted	Mechanism	Description	Nanosilica Size (nm)	Reference
1	Tomato	<i>Fusarium oxysporum</i>	Physical barrier formation	Nanosilica enhances plant resistance by strengthening cell walls and inhibiting fungal growth.	15-20	(89)
2	Pepper	<i>Xanthomonas vesicatoria</i>	Induces plant immune response	Improves systemic resistance and minimizes bacterial spread in plants.	50-70	(90)
3	Grape	<i>Botrytis cinerea</i>	Reactive Oxygen Species (ROS)	Promotes antifungal properties through oxidative stress induction in fungi.	55-60	(91)
4	Apple	<i>Pseudomonas syringae</i>	Strengthens cell integrity	Nanosilica application reduces infection rates by supporting cellular defences.	15-40	(92)
5	Potato	<i>Phytophthora infestans</i>	Mechanical and chemical barrier	Acts as a defensive barrier against spore penetration and pathogen colonization.	25-45	(93)
6	Tomato	<i>Alternaria solani</i>	Enzymatic activation	Enhances cell wall stability and activates resistance-related enzymes in plants.	10-20	(94)



**Fig. 3.** Advantages of application of SiNPs in agricultural sector to promote economic growth.

### Economic benefits of nano-silica in postharvest technology and food preservation

Nano-silica cannot be directly consumed by humans. Nano-silica can be used as a food additive. Postharvest treatment strategies have shown promising results in controlling microbial contamination in fresh produce. In strawberries, nano silica treatment led to a 2.5-fold reduction in microbial load, while tomatoes exhibited a 1.8-fold reduction. These outcomes emphasize the role of nano silica in improving microbial safety and extending the shelf life of perishable fruits and vegetables. Furthermore, composite materials containing nano-silica are also used for food packaging in order to inhibit food spoilage and limit the oxidation of fats and proteins. This improves the quality of rice, thereby increasing its worth, which results in an economic gain. The effectiveness of one percent nano-silica in postharvest technology has also been proven in the case of mango, where the fruit was enhanced during the cold storage period and after marketing (96). Chitosan and nano-silica film were applied onto mushrooms that affected the quality and oxidative activity of the mushrooms. The oxidative activity, respiration rates and reactive oxygen species levels are dampened during the cold storage of the fruits. Some fruits such as blueberries have also been coated with nano-silica, which has antifungal properties that inhibit bacterial growth on them. The storage life of loquat fruits is greatly improved as the fruits are able to withstand chilling temperatures during cold storage. Combining chitosan with nano-silica improves the physicochemical and physiological attributes of longan fruit, thereby increasing its value (97).

### Nanomaterials as efficient storage pesticides

According to FAO, between 10-25 % of harvested food is destroyed by rodents, storage pests and insects. They estimated that the addition of nano-silica to diatomaceous earth increased insecticidal activity so that mortality was up to 86 %, *T. confusum* and 95 % *R. dominica*. The LD<sub>50</sub> values were obtained after treating *O. surinamensis* adults with nano-silica (98). Higher doses of nano-silica enhanced mortality within the test subjects. A similar finding was observed when the time factor was introduced, postponing the time of exposure increased the percentage of deaths greatly. After 72 hr of exposure, 78.34 % of the test subjects died. Amorphous silica brings significant harm, especially to the midgut of the larva and as a result, the larva dies. Furthermore, *Tribolium confusum* and *Sarocladium oryzae* can be easily controlled with the mixtures of essential oil and silica gel (99). Silver NPs (20-60 nm) and SiNPs have been introduced as storage insecticides for cowpea seeds. An effective insecticide is obtained when the nanocomposites of silver and silica are combined as they are effective in killing adult and larval *Callosobruchus maculatus* (cowpea weevil). These silica and silver NPs have resulted in 100 % mortality at the adult stage and in 83 % of the cases in the larval stage (100). From these findings it may be considered that SiNPs are promising candidates to be used as efficient storage pesticides.

### Safety measures and environmental impact

SiNPs have multiple applications, the industrial and cosmetic industries as well as the medical sector. There are several groups of people that deal with or consume products that contain silica NPs. These are individuals who work in the production of nano-silica or are employed by drug

manufacturing companies, scientists working in the laboratories that have been set up for drug production, individuals who take drugs which contain nano-silica as an active ingredient and even individuals that use cosmetic products that have nano-silica in them. It is important to note that nano-silica is different from other forms of silica, for instance, bulk silica in terms of its physical and chemical characteristics which in turn alters how toxic it can be (101,102). The US Environmental Protection Agency (EPA) has not included silica under the Integrated Risk Information System (IRIS). This is because so far, no guidelines have been established under silica for minimum risk levels, maximum contaminant levels and reference doses. The use of vitreous silica, fumed silica and silica gel in pesticides is also considered safe hence the US EPA is not making plans to set any restrictions. As food additives both silica and diatomaceous earth have been approved by the Food and Drug Administration (FDA) (103). The most concerning method of exposure is inhalation which poses the bigger problem, both from an environmental point of view as well as an occupational point of view (104). Alveolar spaces are the correct location where SiNPs are expected to be deposited as they belong to the fractions that can be inhaled.

Once these NPs reach the air-liquid interface, they come into contact with pulmonary surfactant which is essential for lung functioning and defence (105). SiNPs which are not eliminated by the alveolar macrophages will cause negative effects on lung tissues or will be absorbed into circulation and affect other body parts. The inhalation of SiNPs has also been implicated in a range of well-known diseases including silicosis (106,107). Employees are usually prone to dangers of silica dust silicosis exposure is said to be high in occupational lifestyle. It is for this those major laws on this matter in regions like the US and the European Union are of work-related concerns listed in Table 5. Silo tuberculosis is the prime area of disease affecting most of the people as a result of sharp focus by the researchers, but unfortunately there are no effective treatments for the disease at the moment. This disturbing vacuum has been the objective of recent researches which look for viable and effectual alternatives (108). NPs are known to pose threats after being deposited in lithosphere and hydrosphere. While gene therapy is gaining greater acceptance, these NPs have often been tested for toxicity using EC<sub>20</sub> or EC<sub>50</sub> values. These two figures relate to specific concentrations of a given test material which produce such effects as 20 % or more reverse effects on the organism involved (109). Hydraulic fracturing operations can minimize silica dust exposure through process enclosures and localized exhaust ventilation. During sand pumping, stilling curtains, tents, or enclosed chutes reduce dust from drop points. Enclosed hoppers and covered systems control proppant handling emissions. Vehicle movement on dry sites generates airborne dust, which is mitigated by spraying water mixed with chlorides or polymers. Rubber mats beneath equipment prevent ground disturbance dust. Gravity-fed conveyor belts further reduce airborne silica by limiting direct sand handling (101).

Another source of silica exposure which is not as obvious but is still significant is the dust released from workers' clothes which can if not washed completely or availed from the worker, transfer silica containing particles to the home and respective families. Workers usually depend on air, brushes or their hands

**Table 5.** Nanosilica toxicity and biocompatibility in humans (*in vitro* and *in vivo*)

S.No	Parameter	Study Design	Concentration/Exposure	Duration	Observed Effects	References
1.	Cytotoxicity	<i>In vitro</i> (lung epithelial cells)	10-100 µg/mL	24-48 hr	Dose-dependent mild cytotoxicity	(111-113)
2.	Genotoxicity	<i>In vitro</i> (human lymphocytes)	50 µg/mL	48 hr	DNA damage observed at higher concentrations	(114-116)
3.	Oxidative Stress	<i>In vitro</i> (human skin cells)	20-40 µg/mL	6 hr	Elevated ROS production	(117,118)
4.	Immune Response	<i>In vivo</i> (human clinical trial)	1 mg/kg orally	7 days	No significant inflammatory markers	(119,120)
5.	Biodistribution	<i>In vivo</i> (human clinical trial)	5 mg/kg orally	14 days	Minimal accumulation in blood and tissues	(121,122)
6.	Biocompatibility	<i>In vivo</i> (topical application)	50 µg/mL	4 weeks	No adverse skin reactions	(123-125)
7.	Hemocompatibility	<i>In vitro</i> (human blood cells)	10-100 µg/mL	24 hr	No haemolysis or platelet aggregation	(126,127)

to get rid of dust from clothes, so in this case they actually inhale silica dust increasing exposure. Moreover, cleaning the body with blasts of air brings about additional hazards. An additional measure of controlling the problem is the use of HEPA vacuum systems which do help in removal of dust with clothing but do not allow particles to be dispersed in air. As for workers, it is also reasonable to use wet methods of cleaning to wash the dust from the hands and face (109,110).

#### Future prospects and innovation in agri- tech

Agricultural practices can be improved by utilizing SiNPs to ensure sustainable farming, efficient use of resources, as well as conservation of the environment. SiNPs possess some remarkable characteristics such as high surface area, porosity and biocompatibility which, if effectively put to use in agriculture, can usher a revolution in the now-SI NPs can be used as smart carriers for fertilizers and agro-chemicals wherein nutrients may be delivered 'on-target' in a controlled manner. So, Nano-silica-based carriers serve their purpose by preventing premature loss of constitutive active ingredients, which is at an enzymatic and freely active form and providing a sustained and ordered release of nutrients preventing environmental degradation through nutrient loss. Such developments can leverage the nutrition of crops and enhance the amount harvested. Drought, salinity and heavy metals are limiting factors interfering with global hunger relief programs. The administration of Silo increases the capability of plants by increasing the antioxidant and the tolerance towards global climate 'change' versus 'stressor' at cellular levels. These alterations may aid in creating climate resilient crops in the future. Silica particles can alternatively be installed along the microprocessor blocking bacteria growth or limiting insects from mounting attacks or becoming a microbiological ecosystem. They can also be used as fillers for biopesticides and antifungal agents to provide safe alternatives of synthetic pesticides.

The use of SiNPs in soil amendments encourages improvement of soil structure, water holding capacity and the development of a soil microbial population. They have also proven useful in the immobilization of heavy metals and other pollutants, which can help in the bioremediation of degraded soils, thus, fostering agricultural sustainability. Sensors and imaging technologies integrated with SiNPs make it possible to monitor soil moisture, nutrients and pest activities in real-time. To

take full advantage of this integration, data-driven and precision farming practices can be adopted by farmers, thereby lowering costs while increasing productivity. New findings should concentrate on creating silica nanocomposites such as Pickering emulsions for diverse applications. These advancements should be able to integrate nutrient application, stress elimination and pest control onto one platform. Furthermore, the use of plant extracts and agricultural waste in green synthesis approaches for SiNPs appears promising as it makes these technologies cheaper and more environmentally friendly.

#### Conclusion

Nano-silica from *Equisetum* has the potential to convert the agricultural sector into a more ecologically sustainable and efficient system. It promotes the growth of crops, improves their tolerance to stresses such as pests or droughts and optimizes the use of nutrients. More importantly, it can be produced in ways that are environmentally friendly, lessening the application of harmful chemicals and protecting soil and water systems in the future, as *Equisetum* holds all these advantages.

Nano-silica holds great potential for future agriculture, especially in precision farming and urban systems like vertical farming. It could be integrated into smart sensors for real-time monitoring of soil and plant health, optimizing water and fertilizer use. Advancements like breeding high-silica *Equisetum* could enhance sustainable nano-silica production. To address the current research gaps, more studies are needed on the long-term safety of nano silica for plants, soil and the environment. This includes understanding how nano-silica behaves in different ecosystems and whether there are any unintended side effects. Developing cost-effective, large-scale production methods is another key challenge. This also entails the evaluation of the interacting activities of nano-silica within various biological communities and anticipating negative consequences that might arise as a result. Approaches may include modified green synthesis methods or optimisation of nano-silica retrieval from poor-grade soil and from sources of agricultural waste. With these approaches and future reforms, nano silica made from *Equisetum*, which is the silica as well as carbon source, can be a paradigm shift in the agriculture domain. It serves many purposes in effectively addressing problems faced by humankind such as food, climate change and even the scarcity of resources.



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## Authors' contributions

KR conceptualized the review and developed the initial framework. JSSD conducted the comprehensive literature search, data collection and writing the original draft. GV critically analysed the synthesis part. AJ contributed to the sections on tables and pictures. SV and RP reviewed the manuscript for scientific accuracy and provided valuable insights on sustainability implications. All authors read and approved the final manuscript.

## Compliance with ethical standards

**Conflict of interest:** Authors do not have any conflict of interests to declare.

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