RESEARCH ARTICLE



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Studies on the phenology of some terrestrial orchids of Western Ghats, India

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ABSTRACT

The present paper describes the distribution, natural habitat and phenology of some terrestrial orchids in Shimoga district, Karnataka. The phenophases viz., leafing, flowering, fruiting, fruit dehiscence are observed for 25 orchid taxa belonging to 13 genera in Shimoga district. They are Dienia ophrydis (J. Koenig) Seidenf., Disperis zeylanica Trimen., Epipogium roseum (D. Don) Lindl., Eulophia spectabilis (Dennst.) Suresh., Geodorum densiflorum (Lam.) Schltr., Habenaria crinifera Lindl., Habenaria elwesii Hook f., Habenaria furcifera Lindl., Habenaria grandifloriformis Blatt. & Mc Cann., Habenaria heyneana Lindl., Habenaria longicorniculata J. Graham., Habenaria multicaudata Sedgw., Habenaria plantaginea Lindl., Liparis deflexa Hook. f., Liparis odorata (Willd) Lindl., Malaxis versicolor (Lindl.) Abeyw., Nervilia concolor (Blume) Schltr. Nervilia crociformis (Zoll. & Moritzi) Seidenf., Nervilia infundibulifolia Blatt. & Mc Cann., Nervilia plicata (Andrews) Schltr., Pecteilis gigantea (Sm.) Raf.. Peristylus plantagineus (Lindl.), Peristylus spiralis A. Rich., Satyrium nepalense D. Don, Zeuxine longilabris (Lindl.) Trimen. Phenology is the timing of plant life cycle events. Regular field visits were carried to observe the different life events. Most of the terrestrial orchids complete their life cycle in April to September or October month. The present research gives additional phenological aspects of terrestrial orchids in Shimoga district. Vegetative phenology is important to understand the ecology and instinct history of a plant species and may help to develop the conservation strategies of endangered species.

Introduction

The Orchidaceae is one of the largest families of flowering plants represented by 25000-35000 species distributed in 600-800 genera in the world (1). In India, Orchidaceae is represented by about 152 genera and 1300 species (2), in which 84 species in 30 genera are endemic to Western Ghats (3). Family Orchidaceae in the state of Karnataka is represented by 203 species belonging to 59 genera, of which 17 species are terrestrial orchids in Shimoga district (4). The Biodiversity rich Western Ghats represents 300 species out of which 84 species under 30 genera are endemic and 15 species are endangered (5).

The orchid plants show the wide distribution in varied, climatic, edaphic, topographical situations and proved their successful adaptability. Orchids are attracting the plant explorers and taxonomic workers in Karnataka (6-9). Observations were also on 15 terrestrial orchids in Shimoga district (10).

Orchids are mainly categorized into two types terrestrial and epiphytic forms, terrestrial orchids grow on the ground while epiphytic ones grow on tree trunks or other substratum. Usually almost all orchids are associated with endophytic symbiotic fungus mainly in their roots. The terrestrial forms include those which inhabit the forest floor that is they grow under the shady environment. Terrestrial orchid are found to grow in various forest types such as scrub jungles, dry deciduous forests, moist deciduous forests, semi-evergreen as well as in evergreen forests. Orchids are distributed from sea level 1500 m altitudes with rainfall ranging from 60-300 cm. The maximum numbers of terrestrial orchids are found in evergreen and semi-evergreen forests of the Western Ghats.

Plant phenology is the timing of major events in the life history of the plant with reference to seasons (11, 12). The phenology study deals not only the vegetative and reproductive phase corresponding to the climate and seasonal changes of a particular area but also determines the degree of reproductive synchrony with other plant species (10, 13). The phenology is a key tool for the plant management, conservation of species, floral biology, estimation of reproductivity and regeneration (14, 17). Flowering

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phenology is one of the most important characteristics in the life history of plants because it determines fitness through strongly sexual reproduction (10-13). The phenological studies mainly reflect the occurrence of plants in response to the environment, which include both vegetative and reproductive stages such as tuber formation, leaf flushing and shedding, bud formation, flowering, fruiting, dehiscence and seed germination. Phenological studies are mainly depending on the observation of life cycle events occurring at a given location over a time scale of several years. Both external and internal factors govern the plant phenology. Internal inherited factors are the cause of development of a species and it determines the phenological character even it grows in different climatic conditions. External factor alters the internal factors of the plants. External factors include temperature, rainfall, soil character, humidity, light intensity, altitude etc. Mainly three environment factors which trigger the phenological progress of the plant have been identified usually viz., photoperiod, temperature and moisture (10, 13, 15). In the present study, detailed phenological studies including the vegetative and reproductive character of terrestrial orchid species were done from different talukas of Shimoga district, Karnataka. Phenological study helps to understand strategies of the species in a particular type of ecosystem. It is also important to understand the ecology and instinct history of a species which in turn help to develop the conservation strategies of rare, endemic and endangered species. Therefore, it is necessary to study the phenology of different taxa for the analysis of reproductive biological aspects.

Materials and Methods

The present work is mainly based on a taxonomic survey in the different forest types of Shimoga district those are evergreen, semi-evergreen, moist and dry deciduous forests and scrub forests in a district during the year January 2018 – January 2021. Collections were made from 7 talukas of Shimoga district. The coordinates of Shimoga district are at 13.9167º North, 75.5667º East and mean elevation of 640 m above sea level (NRDMS Centre Z. P Office Shimoga) (Fig. 1). Extensive field visits were conducted during different seasons of the year to collect flowering and fruiting stages. Field data regarding habit, habitat, phenology and other associated informations were recorded. Orchid species were collected from Shimoga district for the phenological observation viz., Dienia ophrydis (J. Koenig) Seidenf., Disperis zeylanica Trimen., *Epipogium roseum* (D. Don) Lindl., Eulophia spectabilis (Dennst.) Suresh., Geodorum densiflorum (Lam.) Schltr., Habenaria crinifera Lindl., H. elwesii Hook. f., H. grandifloriformis Blatt. & Mc Cann., H. heyneana Lindl., H. longicorniculata J. Graham., H. multicaudata *furcifera* Lindl., *H*. Sedgw, Н. plantaginiea Lindl., Liparis deflexa Hook. f., Liparis odorata (Willd.) Lindl., Malaxis versicolor (Lindl.) Abeyw., *Nervilia concolor* (Blume) Schltr. N crociformis (Zoll. & Moritzi) Seidenf., Ν. infundibulifolia Blatt. & Mc Cann., N. plicata (Andrews) Schltr., Pecteilis gigantea (Sm.) Raf..



Fig. 1. Study area – Shimoga district in Karnataka state, India.

Peristylus plantagines (Lindl.), P. spiralis A. Rich., Satyrium nepalense D. Don, Zeuxine longilabris (Lindl.) Trimen. Specimens were identified with the help of regional floras and monographs on Orchidaceae (4, 10, 18). Necessary photographs were also taken during field visits. The plants are collected from their natural habitats and maintained in the net house for further observation. Parameters are categorized into two parts vegetative and reproductive characters. Measurements were taken with the help of a scale or ruler. The numbers of flowers were counted from 5 plants and average values are recorded. Detailed studies of both categories were made from healthy plant species. Herbarium was prepared as described (20). The specimens are deposited in the herbarium, Department of Botany, Sahyadri Science College, Shimoga, Karnataka, India.

Results and Discussion

It is observed that rain plays a major role in the growth and development of most of the terrestrial orchid species. Terrestrial orchids start to produce leafy shoots at the onset of rainy season. Terrestrial forms absorb their nutrition directly from the soil through the roots. In terrestrial species mainly three kinds of roots are present, (1) one adapted to absorption and fixation. (2) Tuber adapted to nutritive substance storage. (3) One specialized in storage, absorption and fixation (16). Plant tubers have a capacity to survive in the dry season and nourish the plant till the emergence of necessary or favourable conditions and produce new shoots in the upcoming rainy season. Majority of the terrestrial orchids possess rhizome and some have tuber, size and shape of the rhizome vary from species to species. Rhizome has small nodes and internodes and stores plenty of reserve food material, which helps to withstand in dry condition. Malaxis versicolor (Fig. 2 shows runner type of modification with A) pseudobulbs and has nodes and internodes. In this plant young shoots produces at the nodal region. The emergence of new shoots in respect to time varies among the species. It is observed that the maximum number of species sprout out new shoots in the

month of April to August. Species like *Liparis deflexa*, L. *odorata* and *Malaxis versicolor* sprout their shoots



Fig. 2. A. Malaxis versicolor B. Habenaria grandifloriformis C. Dienia ophrydis D. Habenaria heyneana E. Habenaria longicorniculata F. Habenaria ovalifolia G. Peristylus spiralis H. Nervilia plicata I. Habenaria crinifera J. Habenaria elwesii K. Geodorum densiflorum L. Habenaria multicaudata.

in February – March. During the present study, it is found that a warm to high temperature with sufficient rainfall and moisture favour the sprout of new shoots in most of the species.

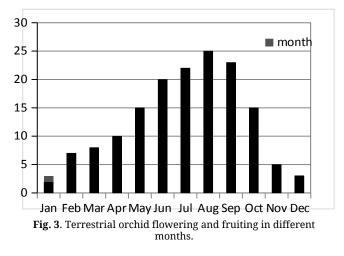
In terrestrial orchids, stems exhibit variations in their shape and size ranging from short slender to thick and fleshy, erect and covered with leaf sheaths. The height of the stem varies from species to species. Maximum stem height is observed in Pecteilis gigantea (450 mm) smallest Habenaria in grandifloriformis (23 mm), and Nervilia crociformis (40 mm). Leaves in terrestrial orchids conform to the monocotyledons pattern. In terrestrial forms, leaf is long and plicate or short cordate, elliptic, oblong, linear, ovate shape is also observed. Longest leaf is observed in Geodorum densiflorum (145 mm) (Fig. 2, K) and shortest in Habenaria grandifloriformis (17 mm). Highly thick short leaf is observed in Habenaria grandifloriformis (Fig. 2, B), (Table 1).

In terrestrial forms, the inflorescence is terminal only. Mainly inflorescence is produced from a leafy shoot but in few cases like Nervilia crociformis, N. plicata, N. concolor, flowers bloom first later on single leaf develops. The Inflorescence is in simple or compound racemes. In N. crociformis and N. infundibulifolia inflorescence are single-flowered. The length of the inflorescence varies from one species to another. A maximum length of the inflorescence is found in Pecteilis gigantea (350-470 mm). Whereas minimum in Nervilia crociformis (25-30 mm). The size of flowers varies among different species. The flower shows a variety of colours viz., white, yellow, pinkishwhite, purplish-white among the species studied (Table 2). Majority of the species initiate flowering buds during the month of June-July with the start of the rainfall. In the case of *Nervilia* spp. flowers develop from the month of March to April. The flower peak was recorded during the rainy season in the month of July to October.

The number of flower per inflorescence varies from species to species and is related to the length of the inflorescence. The number of flower in inflorescence varies from single to many. Single flower is observed in *Nervilia crociformis* and *N. infundibulifolia* (Table 2). Most of the inflorescence is raceme type; some are spike type. Maximum peduncle length recorded in *Pecteilis gigantea* during the study.

The different parts such as the sepals, petals and the labellum largely contribute to the beauty of a flower. The sepals and petals show variations from species to species with respect to shape, size and colour (Table 3). The petals are more pronounced in colour than the sepals and different in size. It is revealing that the greater the length and breadth ratio found in Pecteilis gigantea, and shorter as found in all Malaxis and Liparis spp. studied. The labellum is the most prominent of all perianth parts, with a different shade in colour, shape and size (Table 3). This is the most attractive parts of the flower of an orchid and well displayed by all the studied species. The length of labellum varies from one species to another and recorded maximum in Pecteilis gigantea, the minimum labellum length is observed in Malaxis versicolor (3 mm) (Fig. 2, A).

Terrestrial orchid species usually spend a major portion of the life cycle in the vegetative phase. The initiation of flower in the month of June marks the beginning of the reproductive phase of their life cycle. After full blooming in August – September, growth of the flower-bearing offshoot ceases and pod matures in August – October (Fig. 3). Some species like *Nervilia plicata* (Fig. 2, H) shed their seeds in April – May and *Habenaria. grandifloriformis* (Fig. 2, B) produce seeds in April – August (Table 4). The chief mode of propagation in most of the species is from the rhizome which develops during May – June. A strong seasonality exists with respect to vegetative and reproductive phenology in terrestrial forms.



Increase or decrease of the day length, temperature, pre-monsoon and post-monsoon, dry period all these are responsible for leaf formation and maturation. The highest flowering peak was recorded during monsoon in July - September, ripening of the majority of fruits in August – October month. The process of fruit formation, maturation, retention, dehiscence was found to be the longest phenophase in all the species. The difference in the phenological events among the species, majority of the species shows bursting of the seed pod during the month of August-October, dehiscence of seed pod occurs during the same or subsequent month of bursting in all the species, which provides a better chance of dispersal of seeds by a strong wind. Seeds are very minute, the colour of the seeds varies from white to brown. All the seed pod breaks in a single longitudinal slit at first and gradually two to three additional slits develop facilitating wind dispersal. Fruiting stage represented long term phenology records than leaf and flower phenology (19).

Conclusion

Phenology is the study of the timing of recurring biological events, among phases of the plant species, which provides background for collecting and synthesizing detailed quantitative information on the rhythms of plant communities. It is important to study the phenology of a plant so as to give a complete understanding of their morphology, structure and forms for various developments and its management in scientific study. The phenological

Sl. No.	Plant name	Туре	Root	Height of stem (mm)	Leaf shape	Length of leaf (mm)	Voucher specimen number
1.	Dienia ophrydis	Erect	Elongated	120	Lance shaped	76	KUSSCKS02
2.	Disperis zeylanica	Erect	Oblong tuber	130	Heart shaped	17	KUSSCKS03
3.	Epipogium roseum	Erect	Rhizome	110	Leafless	-	KUSSCKS05
1.	Eulophia spectabilis	Erect	Rhizome	130	Pleated	55	KUSSCKS06
5.	Geodorum densiflorum	Erect	Pseudo bulb	158	Pleated	145	KUSSCKS07
6.	Habenaria crinifera	Erect	Oblong tuber	250	Oblong	115	KUSSCKS08
7.	H. elwesii	Erect	Oblong tuber	230	Elliptic	87	KUSSCKS 11
3.	H. grandifloriformis	Erect	Oval tuber	23	Heart-shaped	19	KUSSCKS13
Э.	H. heyneana	Erect	Ovoid tuber	90	Oblong	67	KUSSCKS14
10.	H. multicaudata	Erect	Oblong tuber	430	Elliptic	98	KUSSCKS17
11.	H. longicorniculata	Erect	Oval tuber	325	Oblong	80	KUSSCKS15
12.	H. furcifera	Erect	Oval tuber	290	Elliptic	78	KUSSCKS12
13.	H. plantaginea	Erect	Ellipsoid tuber	140	Elliptic	65	KUSSCKS18
14.	Liparis deflexa	Erect	Round Tuber	70	Pleated	58	KUSSCKS20
15	L. odorata	Erect	Round Tuber	80	Pleated	60	KUSSCKS22
16.	Malaxis versicolor	Erect	Ovoid pseudo bulb	140	Ovate shaped	67	KUSSCKS25
17.	Nervilia concolor	Flattened	Round Tuber	50	Heart-shaped	45	KUSSCKS26
18.	N. crociformis	Flattened	Round Tuber	40	Kidney shaped	38	KUSSCKS28
19	N. infundibulifolia	Flattened	Round Tuber	40	Heart-shaped	40	KUSSCKS27
20.	N. plicata	Flattened	Round Tuber	60	Heart-shaped	42	KUSSCKS29
21.	Pecteilis gigantea	Erect	Ellipsoid Tuber	450	Lance shaped	140	KUSSCKS31
22.	Peristylus plantagineus	Erect	Ellipsoid Tuber	260	Pleated, elliptic	80	KUSSCKS34
23.	P. spiralis	Erect	Oval Tuber	230	Elongated	70	KUSSCKS36
24.	Satyrium nepalense	Erect	Oblong Tuber	320	Ovate	85	KUSSCKS37
25.	Zeuxine longilabris	Erect	Rhizome	240	Ovate	56	KUSSCKS40

Table 2. Details of the inflorescence of terrestrial orchids.

Sl. No.	Plant name	Туре	Position	Colour of flower	Length of peduncle in mm	No. of flowers
1.	Dienia ophrydis	Spike	Terminal	Pink	150-250	Many
2.	Disperis zeylanica	Cyme	Terminal	Pale pink	70-100	1-2
3.	Epipogium roseum	Raceme	Terminal	Pale pink	150-400	2-6
4.	Eulophia spectabilis	Unbranched raceme	Terminal	Pale green	250-350	6-15
5.	Geodorum densiflorum	Raceme	Terminal	Pink	200-400	Many
6.	Habenaria crinifera	Terminal cyme	Terminal	White	70-100	5-10
7.	H. elwesii	Unbranched raceme	Terminal	White	100-120	5-15
8.	H. grandifloriformis	Terminal cyme	Terminal	White	50-80	2-3
9.	H. heyneana	Spike	Terminal	White	100-120	10-15
10.	H. multicaudata	Raceme	Terminal	Greenish-yellow	150-450	Many
11.	H. longicorniculata	Unbranched raceme	Terminal	White	100-150	2-4
12.	H. furcifera	Raceme	Terminal	Green	120-160	Many
13.	H. plantaginea	Raceme	Terminal	White	70-180	Many
14.	Liparis deflexa	Spike	Terminal	Green	50-150	Many
15	L. odorata	Spike	Terminal	Brownish-yellow	80-120	Many
16.	Malaxis versicolor	Spike	Terminal	Maroon	150-250	Many
17.	Nervilia concolor	Cyme	Terminal	Green	35-40	2-5
18.	N. crociformis	Solitary cyme	Terminal	pale blue	25-30	Single flower
19	N. infundibulifolia	Solitary cyme	Terminal	Purple	30-60	Single flower
20.	N. plicata	Cyme	Terminal	Purple	100-150	2-3
21.	Pecteilis gigantea	Raceme	Terminal	White	350-470	2-4
22.	Peristylus plantagineus	Unbranched spike	Terminal	White	150-350	Many
23.	P. spiralis	Spike	Terminal	Green	100-170	Many
24.	Satyrium nepalense	Unbranched spike	Terminal	Dense pink	150-200	Many
25.	Zeuxine longilabris	Raceme	Terminal	White	120-200	4-15

Table 3. Floral phenophases of the terrestrial orchids.

		Size	Flower										
Sl.	Plant name	in	Dorsal sepal		Latera	ıl sepa	1	Pe	tal		Labellum		Pollinia
No.	i fant hante	mm	shape	L	В	L	В	shape	L	В	L	В	
			onupe	mm	mm	mm	mm	onupe	mm	mm	mm	mm	
1.	Dienia ophrydis	4-6	narrow	3	1.3 ^{Egg-} shaped	3	1	linear	2	4	2.3	2	
2.	Disperis zeylanica	6-9	linear	8	5 obovate	8	5	obovate	5	4	5	5	2
3.	Epipogium roseum	10-13	Lance shaped	8	2 oblong	8	2	linear	5-6	6-8	11	5	2
4.	Eulophia spectabilis	15-20	Oval	3	4 oval	5	6-7	linear	6	7	15	5-7	2
5.	Geodorum densiflorum	20-40	Obovat-oblong	11	13 oval	3	4	oval	5	7	11	10	2
6.	Habenaria crinifera	10-25	elliptic	9.5-13	5-7 spreading	9-13	6-7	bilobed	1-2	1-2	1.5-2	1.1-1.5	2
7.	H. elwesii	8-10	acuminate	2.5-3.5	2.5-3.7 spreading	3.5- 4.5	2.4- 3.5	fringed	7-9	5-6	2-3	1-2	2
8.	H. grandifloriformis	11-16	Obovate- oblong	3.9-4.3	2.8-3.4 spreading	4.2- 5.6	2.3- 3.8	obovate	12- 14	7-8	6-8	1.5-2.5	2
9.	H. heyneana	13-27	Obtuse	3.8	5 spreading	4-7	3-8	bilobed	5	3	5	2.5	2
10.	H. multicaudata	10-15	acute	5	1.2 bilobed	4-5	1.5	lobed	1.5	1.5	2	2	2
11.	H. longicorniculata	10-20	acuminate	3.5-4.5	ovate	4	6	subfalcate	3	7	11	5	2
12.	H. furcifera	5-10	oval	2	3 oval	3.5	2.5	oval	3-4	2-3	5	5-6	2
13.	H. plantaginea	15-16	obovate	13	10 oblong	11	4	obovate	9.8	3.4	11.5	5.6	2
14.	Liparis deflexa	10-12	oval	5	2.5 oblong	5	3.5	Lobed	5	5	5.6	4.5	2
15	L. odorata	3-5	oval	4	3.5 oblong	4	3.5	oval	4	3	3.5	3	2
16.	Malaxis versicolor	5-8	linear	4.2	3 lanceolate	4.5	3.9	lobed	3.7	2.1	3	2.1	4
17.	Nervilia concolor	35-40	elongated	17	2 Lance shaped	15	3	linear	12	3	6	5	2
18.	N. crociformis	25-30	Lance shaped	16	2 linear	12	4	fringed	11	4	8	5	2
19	N. infundibulifolia	20-30	Lance shaped	15	4 linear	13	4	lobed	10	4	15	5	2
20.	N. plicata	15-25	Lance shaped	15	3 linear	13	5	Lance shaped	9	3	10	4	2
21.	Pecteilis gigantea	50-60	linear	34	18 triangular	28	15	oval	14	6	7	4	2
22.	Peristylus plantagineus	20-30	oblong	5.5	oval	10	4-5	Ovate	3.	2.5	3.5	2	2
23.	P. spiralis	15-20	ovate	6.5	4.5 oblong	10.5	3.5	ovate	3.5	2.5	5.5	3.5	2
24.	Satyrium nepalense	2-10	oblong	5	2 oblong	5	2	oval	4.2	2.2	2.5	3.5	2
25.	Zeuxine longilabris	1-3cm	ovate	7	2 ovate	4	6	ovate	7	8	2	2.5	2

Table 4. Details of fruits of terrestrial orchids.

Sl. No.	Plant name	Fruit type	Shape	Fruiting time		
1.	Dienia ophrydis	Capsule	Oval	August-October		
2.	Disperis zeylanica	Capsule	Pear shaped	June-September		
3.	Epipogium roseum	Capsule	Pear shaped	April-May		
4.	Eulophia spectabilis	Capsule	Ellipsoid	June-august		
5.	Geodorum densiflorum	Capsule	Fusiform	July-September		
6.	Habenaria crinifera	Capsule	Oval	June-September		
7.	H. elwesii	Capsule	Pear shaped	June-September		
8.	H. grandifloriformis	Capsule	Oblong	April-august		
9.	H. heyneana	Capsule	Oblong	June-September		
10.	H. multicaudata	Capsule	Oblong	June-September		
11.	H. longicorniculata	Capsule	Pear shaped	July-September		
12.	H. furcifera	Capsule	Pear shaped	August-October		
13.	H. plantaginea	Capsule	Ellipsoid	May-September		
14.	Liparis deflexa	Capsule	Pear shaped	June-September		
15	L. odorata	Capsule	Pear shaped	June-September		
16.	Malaxis versicolor	Capsule	Ellipsoid	June-September		
17.	Nervilia concolor	Capsule	Ellipsoid	May-June		
18.	N. crociformis	Capsule	Ellipsoid	March-May		
19	N. infundibulifolia	Capsule	Fusiform	March-May		
20.	N. plicata	Capsule	fusiform	March-May		
21.	Pecteilis gigantea	Capsule	Ellipsoid	June-September		
22.	Peristylus plantagineus	Capsule	Oblong	July-October		
23.	P. spiralis	Capsule	Fusiform	July-October		
24.	Satyrium nepalense	Capsule	Spindle-shaped	August-December		
25.	Zeuxine longilabris	Capsule	Oval	February-March		

studies are important for a better understanding of their biology, adaptations to environment, proper utilization of the available resources in management. Knowledge of the phenological character and how these are influenced by environmental factor is important for the prediction of potential effects of climate change on vegetation. The environmental factors play a major role in the phenology of terrestrial orchids in Shimoga district (10).Understanding of phenological process is valuable in understanding the plant function and structure and in providing the basis for developing management options. The phenological data obtained in the present study are useful in resource management and conservation of the individual species and also for the orchid growers for the floriculture industry. Plant phenology is a scientific study that provides the most basic information on a species for multiplication, propagation and also for the germplasm conservation and improvement.

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Authors' contributions

SMH carried out the field work, data collection, identification, photography, herbarium preparation, manuscript writing. KK carried out the field work, guided for data interpretation and manuscript writing. All authors have read and approved the manuscript.

Conflict of interests

Authors do not have any conflict of interests to declare.

Ethical issues

Authors do not have any ethical issues to declare.

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