

Botanical name	Local name	Family	Habit	Edible parts	Major edible uses	Other uses	Edible use group	Conservation status	Reference	FC	RFC
<i>Acer acuminatum</i> Wall. ex D. Don .	Soblela (Me)	Sapindaceae	Tree	Leaves	Used as local tea.		Beverage	LC	[31]	1	0.01
<i>Acer campbellii</i> Hook. f. & Thomson ex Hiern	Shoblela (Mo)	Sapindaceae	Tree	Tender leaves	Fermented tender leaves are used as tea (Butter tea).		Beverage	NE	[78]	1	0.01
<i>Acer cappadocicum</i> Gled.	NA	Sapindaceae	Tree	Leaves	Used as tea leaves.		Beverage	LC	[83]	1	0.01
<i>Achyranthes aspera</i> L.	NA	Amaranthaceae	Herb	Tender leaves	Used as an ingredientt in curries.		Spice & condiments	NE	[78]	1	0.01
<i>Acmella oleracea</i> (L.) R. K. Jansen	Marshang (Ad), Yorkhung (Ap), Marsha (Ga), Byadhi (Ny), Marsha (Ta/Ga), Marsang (Mo)	Asteraceae	Herb	Young shoot, leaves	Eaten boiled and as chutney. Medicinal for gastritis.	Medicinal for blood clotting, skin infection, tooth ache and as fish poison.	Vegetables, spices and condiments, medicine	NE	[8], [35], [43], [51], [53], [62], [75], [78], [81]	9	0.12
<i>Acmella paniculata</i> (Wall. ex DC.) R.K. Jansen	Pajong Nam (Tn), Yakhohamang (Ap), Marsha/Marsa (Ga), Byadik (Ta), Marshang (Ad), Marsha (Kh)	Asteraceae	Herb	Leaves, tender shoot, inflorescence	Cooked and eaten as vegetable and chutney. Medicinal for tonsillitis, acidity, body ache and to expel intestinal worms.	Medicinal for mouth ulcer and tooth ache.	Vegetables, spices and condiments, medicine	LC	[23], [25], [29], [30], [31], [32], [34], [39], [41], [42], [44], [46], [47], [50], [51], [61], [62], [71], [72], [73], [80], [82], [84], [90], [91], [92], [93]	27	0.37
<i>Acorus calamus</i> L.	Sutta (Kh)	Acoraceae	Herb	Rhizome	Used as ingredient in curries. Medicinal for cough, stomach ache, dysentery, asthma and bronchitis.	Medicinal for wound healing, scabies and sinusitis. Cultural rituals.	Spices and condiments, medicine	LC	[31], [35], [41], [46], [50], [58], [61], [64], [68], [81], [91]	11	0.15

<i>Actinidia callosa</i> Lindl.	Hari Harkhu/Antitari (Ap), Thum-mrep (Mo), Bahu (Li)	Actinidiaceae	Climber	Fruit	Consumed raw as fruit. Medicinal as a food supplement, abdominal pain and fever.	Medicinal for inflammatio n.	Fruits, medicine	NE	[27], [45], [64], [78], [80], [84], [86]	7	0.10
<i>Agapetes macrantha</i> var. <i>grandiflora</i> (Hook. f.) D. Banik & Sanjappa	Asi Giri (Ad)	Ericaceae	Climber	Flower	Consumed as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Agapetes serpens</i> (Wight) Sleumer	Zizerkon (Ad)	Ericaceae	Shrub	Fruit	Consumed raw.		Fruits	NE	[89]	1	0.01
<i>Agrimonia pilosa</i> Ledeb.	Tanion (Ny)	Rosaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[47], [51], [71]	3	0.04
<i>Ajuga macrosperma</i> Wall. ex Benth.	Nomdemghor (Ny/Ta)	Lamiaceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	NE	[51], [71]	2	0.03
<i>Albizia odoratissima</i> (L. f.) Benth.	Haya (Su)	Fabaceae	Tree	Young shoot, seed	Cooked as vegetable.		Vegetables	LC	[39]	1	0.01
<i>Albizia procera</i> (Roxb.) Benth.	NA	Fabaceae	Tree	Leaves	Cooked as vegetable.	Fuelwood, construction and handicrafts	Vegetables	LC	[23]	1	0.01
<i>Allium hookeri</i> Thwaites	Disang talap/linyng (Ad), Maan/Tschong (Mo), Lepi (Ap), Talap (Ta), Talap (Ny), Kochong (Me), Alo/Pulo (Ms), Tongpsi (Bu), Talap (Ga)	Amaryllidaceae	Herb	Whole plant, leaves, bulb, flower	Eaten raw as salad or chutney, cooked as a vegetable or condiments. Medicinal for stomach ache, cold, debility, ulcer, insomnia and fatigue.	Cultural rituals.	Vegetables, spices and condiments, medicine	NE	[26], [30], [31], [34], [35], [36], [38], [41], [42], [50], [51], [56], [69], [71], [77], [78], [80], [81], [84], [91], [93]	21	0.29
<i>Allium macranthum</i> Baker	Macau (Mi)	Amaryllidaceae	Herb	Leaves, bulb	Consumed as a salad.		Vegetables	NE	[38]	1	0.01
<i>Alnus nepalensis</i> D. Don	Mhu-sheng (Mo), Riime (Ap)	Betulaceae	Tree	Tender leaves	Fermented tender leaves are used as tea.	Medicinal for swelling.	Beverages, medicine	LC	[58], [78]	2	0.03

					Medicinal for excessive sweating and kidney related problems.	Fuelwood, fencing.					
<i>Alocasia macrorrhizos</i> (L.) G. Don	Enge (Ad), Tue (Li)	Araceae	Herb	Rhizome	Cooked as vegetable and as snacks.	Medicinal for relieving insect bites.	Vegetables, miscellaneous	NE	[34], [53], [64], [68], [82], [92]	6	0.08
<i>Alpinia galanga</i> (L.) Willd.	Skeh (Bu), Zakir (Ga), Taling (Ad)	Zingiberaceae	Herb	Fruit, rhizome, stem	Ripen fruits are edible, rhizome boiled and made into chutney, inner part of the stem as vegetable. Medicinal for constipation.		Vegetables, fruits, spices and condiments, medicine	NE	[79], [86], [88], [89]	4	0.05
<i>Alpinia malaccensis</i> (Burm.f.) Roscoe	Tora (Li), Puprere (Ad), Tili (Ap), Papi/Bolo (Ny), Jakar /Pukpe rere (Ga)	Zingiberaceae	Herb	Young shoot, fruit, rhizome, seed	Young shoot and rhizome cooked as vegetable, ripen fruits and seed consumed raw.		Vegetables, fruits	DD	[52], [64], [68], [72], [73], [82], [93]	7	0.10
<i>Alpinia nigra</i> (Gaertn.) Burtt	Bugbii telli (Ny), Puejong (No)	Zingiberaceae	Herb	Pseudostem, fruit, flower, rhizome	Rhizomes and pseudo stem cooked as vegetable, fruit and flower eaten raw. Medicinal for jaundice, gastric ulcer, kidney related problem, as analgesic and anti-inflammatory.	Packing material during rice beer preparation.	Vegetables, fruits	LC	[47], [51], [58], [74], [85], [92]	6	0.08
<i>Alternanthera sessilis</i> (L.) DC.	NA	Amaranthaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	LC	[23]	1	0.01
<i>Amaranthus caudatus</i> L.		Amaranthaceae	Herb	Leaves, young shoot	Cooked as vegetable.		Vegetables	NE	[92]	1	0.01
<i>Amaranthus dubius</i> Mart. ex Thell.	Saining (Mi)	Amaranthaceae	Herb	Leaves, young shoot	Cooked as vegetable.		Vegetables	NE	[38]	1	0.01
<i>Amaranthus hypochondriacus</i> L.	Khana (Mi)	Amaranthaceae	Herb	Leaves, young shoot	Cooked as vegetable. Medicinal for constipation.		Vegetables, medicine	NE	[38]	1	0.01

<i>Amaranthus spinosus</i> L.	Mora sag (Ch), Khutuka (Ak/Hr), Pabe (Su), Puchu kinnyu (Ny), Gubor oying (Ad), Maon (Mo), Yangki soulpa (Si), Sagijaj (Li), Pulu Tayi hamang (Ap)	Amaranthaceae	Herb	Leaves, young shoot	Cooked as vegetable. Medicinal for throat infection, constipation, gonorrhoea, cough and dysentery.	Medicinal for chest inflammation and antidote for snake bite.	Vegetables, medicine	NE	[23], [34], [39], [42], [44], [51], [52], [58], [64], [66], [78], [80], [82]	13	0.18
<i>Amaranthus viridis</i> L.	Nyipak (Ch), Fara (Mo), Khungtou (Ak), Khahram (Tn), Pabe (Su), Gubor oying (Ad), Yorko puchu kinyu/Tai (Ny), Sagijaj (Li),	Amaranthaceae	Herb	Leaves, young shoot, flower	Cooked as vegetable. Medicinal for dysentery, constipation, chest pain, asthma and cough.	Medicinal for inflammation, rheumatism, boil and sores.	Vegetables, medicine	NE	[23], [38], [39], [42], [44], [47], [51], [61], [64], [71], [78], [82], [93]	13	0.18
<i>Amomum aromaticum</i> Roxb.	Papia (Ad), Khuk (Tn), Bolo-ow (Ny)	Zinziberaceae	Herb	Seed, inflorescence	Seed used as spice and inflorescence cooked as vegetable.		Vegetables, spices and condiments	NE	[23], [39], [41], [47], [51], [82]	6	0.08
<i>Amomum dealbatum</i> Roxb.	Papia (Ad), Tingnyang (Tn), Taliabi (Ga)	Zinziberaceae	Herb	Seed, young shoots, pith, inflorescence	Seed used as spice, inner core of stem and inflorescence as vegetable or chutney and ripen fruits along with seed is as edible.		Vegetable, spices and condiments, fruits	DD	[23], [41], [47], [82], [93]	5	0.07
<i>Amomum pterocarpum</i> Thwaites	Taje (Ad), Taleng (Ta)	Zingiberaceae	Herb	Inflorescence	Cooked as vegetable.		Vegetables	LC	[49]	1	0.01
<i>Amomum subulatum</i> Roxb.	Jepo (Ad), Taeli (Ra)	Zingiberaceae	Herb	Tender shoot, inflorescence, fruit	Tender shoot and inflorescence cooked as vegetable, fruits eaten raw or as spice. Medicinal for headache and fever.	Medicinal for skin allergy, cuts and wounds. Cultural rituals.	Vegetables, medicine	DD	[30], [31], [49], [51], [75], [91], [92]	7	0.10
<i>Amorphophallus paeoniifolius</i> (Dennst.) Nicolson	Khoebi (Hr/Ak), Tue (Li), Tu (No)	Araceae	Herb	Tender leaves, corm	Tender leaves used as ingredient in curries and tuberous corms cooked as vegetable.		Vegetables, spices and condiments	LC	[44], [64], [78], [85], [92]	5	0.07

<i>Angiopteris evecta</i> (Forst.) Hoffm.	Chahmah (Tn), Taba (Ad), Tari (Ap), Bakum/Tase/Taang e (Ga), Nabay/Bom (Ny), Fadey (Me), Bukka (Ak), Tabii (Ta), Maahtik (No)	Marattiaceae	Shrub	Rhizome, young frond	Young fronds cooked as vegetables and pounded rhizomes consumed as rice substitute during famine. Medicinal for dysentery and diarrhea.	Medicinal for skin inflammation. Fodder.	Vegetables, medicine, miscellaneous	NE	[41], [44], [47], [60], [61], [62], [68], [71], [80], [81], [85], [93]	12	0.16
<i>Antidesma acidum</i> Retz.	Rodret (Ny)	Phyllanthaceae	Shrub	Fruit	Consumed raw as fruit.		Fruits	LC	[37]	1	0.01
<i>Antidesma bunius</i> (L.) Spreng.	Kompong-Perong	Phyllanthaceae	Tree	Fruit	Consumed raw as fruit. Medicinal for indigestion, cough, stomach ache and insomnia.		Fruits, medicine	LC	[87]	1	0.01
<i>Antidesma montanum</i> Blume		Phyllanthaceae	Tree	Fruit	Consumed raw as fruit.		Fruits	LC	[92]	1	0.01
<i>Aralia armata</i> Seem.	Tataterang (Ad), Thang Ao (Ny)	Araliaceae	Tree	Leaves	Cooked as vegetable.		Vegetables	LC	[49], [51]	2	0.03
<i>Ardisia crenata</i> Sims	So-Bumlo	Primulaceae	Shrub	Fruit	Consumed raw as fruit.	Medicinal for skin diseases.	Fruits	NE	[87]	1	0.01
<i>Ardisia macrocarpa</i> Wall.	NA	Primulaceae	Shrub	Fruit	Consumed raw as fruit.		Fruits	NE	[78]	1	0.01
<i>Ardisia macrophylla</i> Reinw. ex Blume	Kubsangdeb (Me)	Primulaceae	Shrub	Fruit, bark	Consumed raw as fruit. Medicinal for food poison and blood purification.	Medicinal for cuts and wound and conjunctivitis.	Fruits, medicine	NE	[31]	1	0.01
<i>Ardisia polycephala</i> Wall. ex A. DC.	NA	Primulaceae	Shrub	Fruit	Consumed raw as fruit.		Fruits	NE	[37]	1	0.01
<i>Ardisia solanacea</i> Roxb.	Goyakpin (Ad), Nyampen (Tn), Tamak/Choochak (Ga)	Primulaceae	Shrub	Tender shoot, fruit	Shoots are cooked as vegetable and fruits are edible.		Vegetables, fruits	NE	[49], [47], [60], [93]	4	0.05
<i>Ardisia thyrsoiflora</i> D. Don.	Tujum Aep (Ta)	Primulaceae	Tree	Fruit	Consumed raw as fruit.		Fruits	LC	[51]	1	0.01

<i>Arenga micrantha</i> C. F. Wei	Nap (Bu), Nuek (Sa)	Areaceae	Shrub	Stem	Pounded into flour, cooked and consumed.	Construction and handicrafts, fencing.	Miscellaneous	EN	[35]	1	0.01
<i>Argyreia nervosa</i> (Burm. f.) Bojer	Riiko (Ad)	Convolvulaceae	Climber	Young shoot	Cooked as vegetable and medicinal for malaria.	Medicinal for lip sore.	Vegetables, medicine	NE	[51], [55]	2	0.03
<i>Arisaema concinnum</i> Schott	Wange (Mo), Tabieging (Ad)	Araceae	Herb	Tuber	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Aristolochia saccata</i> Wall.	Dawkum (Ny)	Aristolochiaceae	Climber	Young shoot, tender leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Artemisia indica</i> Willd.	Kukulyu-hamang (Ap), Tape-Nyobeng/Tapen (Ga), Tapin-yeming (Ny), Tappen (Ta), Laglin (Ad)	Asteraceae	Herb	Leaves	Cooked as vegetable. Medicinal for headache, cough, menstrual pain, body ache, nose bleeding, diarrhea and dysentery.	Medicinal for body ache and nose bleeding. Insect repellent.	Vegetables, medicine	NE	[29], [38], [39], [25], [72], [73], [80], [81]	8	0.11
<i>Artemisia nilagirica</i> (C. B. Clarke) Pamp.	Tipintarin (Ad), Kuklyu (Ap), Tappen (Ta), Tape-Nyobeng (Ga), Tapin (Ny), Syowum (Ak)	Asteraceae	Shrub	Leaves	Cooked as vegetable. Medicinal as antibiotic, stomach trouble and body ache.	Medicinal for itching, and wounds. Cultural rituals, insecticides, fodder.	Vegetables, medicine	NE	[31], [50], [54], [58], [66], [81]	6	0.08
<i>Artocarpus chama</i> Buch.-Ham.	Mebayam/Nipambangs (Ad), Tak Sam (Ta), Chamin gulo (Ch), Bodo-bolo (Ny), Robot (Wa), Pomse (DM), Ebrembo (IM), Rumalang (Li)	Moraceae	Tree	Fruit, seed	Fruits cooked as vegetable, consumed raw or ripened, made into pickle, dried seeds roasted and eaten. Medicinal for gastritis and stomach disorder.	Fodder, construction and handicrafts, fuelwood.	Vegetables, fruits, medicine, miscellaneous	NE	[23], [33], [37], [48], [51], [64], [82], [92]	8	0.11
<i>Artocarpus hirsutus</i> Lam.	Jat Malang (Tn)	Moraceae	Tree	Seed	Roasted and eaten as snacks.		Miscellaneous	LC	[47]	1	0.01

<i>Artocarpus lacucha</i> Roxb. ex Buch.-Ham.	Bela Ninye (Ta), Lirang/Belang (Ad), Lisuk- Salia (Ny), Pome (DM), Sali (Wa)	Moraceae	Tree	Fruit, seed, bark	Fruits consumed, bark chewed with paan (betle leaf). Seeds are roasted and consumed.	Construction and handicrafts, fodder and fuelwood.	Fruits, miscellaneo us	NE	[23], [33], [49], [51], [89]	5	0.07
<i>Arundinaria racemosa</i> Munro	NA	Poaceae	Herb	Young shoot	Consumed as pickle and vegetable.	Fencing, construction and handicrafts, broom.	Vegetables, miscellaneo us	NE	[31]	1	0.01
<i>Asparagus racemosus</i> Willd.	Ngalangma (Mo)	Asparagaceae	Herb	Leaves	Fermented leaves used as tea. Medicinal for diarrhea and dysentery.		Beverage, medicine	NE	[45], [50], [51], [78]	4	0.05
<i>Aspidocarya uvifera</i> Hook. f. & Thomson	Tadar (Ad)	Menispermaceae	Climber	Fruit	Consumed raw as fruit.		Fruits	NE	[78], [89]	2	0.03
<i>Asystasia dalzelliana</i> Santapau	Barse(Ga)	Acanthaceae	Herb	Flower, leaves	Cooked as a vegetable.		Vegetables	NE	[93]	1	0.01
<i>Asystasiella neesiana</i> Lindau	Obul (Ad), Barse (Ta)	Acanthaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[49], [62]	2	0.03
<i>Balakata baccata</i> (Roxb.) Esser	Samperai (Ap)	Euphorbiaceae	Tree	Fruit	Consumed raw as fruit.		Fruits	LC	[73], [72]	2	0.03
<i>Baliospermum calycinum</i> Mull. Arg.	Gilgal (Ad/Ga)	Euphorbiaceae	Tree	Leaves	Cooked as vegetable. Medicinal for asthma, jaundice, gastritis, gout and rheumatism.	Medicinal as antidote against snake bite, toothache.	Vegetables, medicine	LC	[26], [51], [58], [72], [82], [93]	6	0.08
<i>Baliospermum solanifolium</i> (Burm.) Suresh	Tapio-sen/Piriya (Ny)	Euphorbiaceae	Tree	Leaves	Cooked as vegetable. Medicinal for digestion.		Vegetables, medicine	LC	[39], [51], [71]	3	0.04
<i>Bauhinia purpurea</i> Linn.	Ogok (Ad), Pacham (Ny)	Fabaceae	Tree	Tender shoot, flower bud	Cooked as vegetable.	Fodder and fencing.	Vegetables	LC	[32], [51], [82], [92]	4	0.05
<i>Bauhinia variegata</i> L.	Ogok (Ad), Pachem/Gai seen (Ny), Pachem (Ap), Pasham (Ga)	Fabaceae	Tree	Tender shoot, young leaves,	Cooked as vegetable. Medicinal for liver disorder, chest pain, rheumatism, asthma,	Fencing, fuelwood and fodder.	Vegetables, medicine	LC	[23], [26], [37], [42], [49], [51], [58], [72],	14	0.19

				flower bud, seed, flower, young pod	ulcer and digestive problem.				[73], [78], [82], [87], [90], [93]		
<i>Bauhinia wallichii</i> J. F. Macbr.	Pachem/Gai (Ny)	Fabaceae	Climber	Tender shoot, flower bud	Cooked as vegetable.		Vegetables	LC	[39]	1	0.01
<i>Begonia longifolia</i> Blume	Yomrang Kochi Baying (Ad)	Begoniaceae	Herb	Petiole, leaves	Consumed raw as vegetable or snacks.		Vegetables, miscellaneous	NE	[89]	1	0.01
<i>Begonia aborensis</i> Dunn	Sisibaying (Ad), Rebe (Ta), Buku churbu(Ga)	Begoniaceae	Herb	Leaves, petiole, stem	Consumed raw as vegetable or snacks. Medicinal for stomach ache.		Vegetables, miscellaneous, medicine	NE	[49], [62], [93]	3	0.04
<i>Begonia griffithiana</i> Warb.	Sudum meko/Mane Kochi Baying (Ad)	Begoniaceae	Herb	Leaves, petiole	Consumed raw or cooked as vegetable.		Vegetables	NE	[26], [72], [82], [89]	4	0.05
<i>Begonia josephi</i> A. DC.	Sisibaying/Gumbolopang (Ad), Tsurpu (Me)	Begoniaceae	Herb	Leaves, petiole	Consumed raw or cooked as vegetable.	Insect repellent.	Vegetables	NE	[23], [61], [82]	3	0.04
<i>Begonia obversa</i> C. B. Clarke	Lukhu (Ap), Baya, Babarai (Ny)	Begoniaceae	Herb	Leaves, petiole	Consumed raw or cooked as vegetable. Medicinal for cold, fever and malaria.	Medicinal for itching. Fodder.	Vegetables, medicine	NE	[71], [73], [80]	3	0.04
<i>Begonia palmata</i> D. Don	Sisibaying (Ad), Bayia (Ny)	Begoniaceae	Herb	Leaves, petiole	Consumed raw or burnt and made into chutney. Medicinal for diarrhea, dysentery and cough.		Spices and condiments, medicine	NE	[23], [49], [50], [51], [71], [82], [92]	7	0.10
<i>Begonia roxburghii</i> (Miq.) A. DC.	Buku-Hurpu (Ga), Bakku yulu (Ta), Boku Yulu/Babrai (Ny), Dumbo lempang (Ad), Lukhu (Ap), Sihai (Tn) Kochi Baying (Ad)	Begoniaceae	Herb	Leaves, petiole	Consumed raw as vegetable or snacks. Medicinal for diarrhea, constipation and indigestion.	Medicinal for wounds.	Vegetables, miscellaneous, medicine	NE	[23], [29], [39], [42], [47], [49], [51], [60], [64], [71], [73], [75], [89]	13	0.18
<i>Begonia silhetensis</i> (A. DC.) C. B. Clarke	Sukun (No)	Begoniaceae	Herb	Petiole, leaves	Consumed raw as salad.		Vegetables	NE	[85]	1	0.01

<i>Begonia tessaricarpa</i> C. B. Clarke	Buckuchullu/ bikurimbu (Ga)	Begoniaceae	Herb	Petiole, leaves	Consumed raw and medicinal for nausea.		Vegetables, medicine	NE	[43]	1	0.01
<i>Berberis angulosa</i> Wall. ex Hook. f. & Thomson	Lae-kanchan (Mo)	Berberidaceae	Shrub	Young twig, flower	Consumed raw as salad.		Vegetables	NE	[25], [78]	2	0.03
<i>Berberis aristata</i> DC.	Kanchan (Mo), Tiipe Tiirey (Ap)	Berberidaceae	Shrub	Young twig, flower, fruit, roots	Consumed raw as salad. Medicinal for diabetes and fever.	Medicinal for eye infection. Cultural tattooing.	Vegetables, medicine	LC	[25], [36], [46], [58], [77], [78]	6	0.08
<i>Berberis asiatica</i> Roxb. ex DC.	Tge (Ny), Kanchan (Mo)	Berberidaceae	Shrub	Young twig, Fruit, flower, flower bud	Shoots as vegetable Fruits are consumed raw. Flowers and fruits are medicinal for stomach ache.	Medicinal for inflammatio n.	Fruits, vegetables, medicine	LC	[36], [51], [78]	3	0.04
<i>Berberis chitria</i> Buch.-Ham. ex Ker Gawl.	Kanchan (Mo)	Berberidaceae	Shrub	Fruit	Consumed raw as fruit.		Fruits	NE	[78]	1	0.01
<i>Berberis insignis</i> Hook. f. & Thomson	Kanchan (Mo)	Berberidaceae	Shrub	Tender shoot	Consumed raw as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Berberis macrosepala</i> Hook. f. & Thomson	Kanchan (Mo)	Berberidaceae	Shrub	Flower	Consumed raw as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Berberis wallichiana</i> DC.	Kanchan (Mo), Tipetere (Ny), Ropoating-ahi (Ap)	Berberidaceae	Shrub	Fruit	Consumed raw as fruit.	Medicinal for eye infection. Cultural rituals.	Fruits	NE	[39], [51]	2	0.03
<i>Berchemia floribunda</i> (Wall.) Brongn.	Yar Ao (Ny)	Rhamnaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	LC	[39], [51]	2	0.03
<i>Bidens biternata</i> (Lour.) Merr. & Sherff	Tagaem-nyenyam (Ga), Takam Pechi/Tagam Nyeinyam (Ny)	Asteraceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[51], [90]	2	0.03
<i>Bidens pilosa</i> L.	Rhobashing (Wk/Mo), Tangam (Ad), Buki-orh (Ny),	Asteraceae	Herb	Tender shoot,	Cooked as vegetable. Medicinal for indigestion, ulcers,	Medicinal for cuts and wounds, ear	Vegetables, medicine	NE	[35], [40], [43], [46], [49], [58],	11	0.15

	Tagam (Ga), Hou bok (Ap)			tender leaves	hepatitis, influenza, malaria and urinary tract infection.	and eye problems.			[68], [70], [74], [75], [78]		
<i>Bidens tripartita</i> L.	Nikampusi (Ny)	Asteraceae	Herb	Leaves	Consumed raw or cooked as vegetable.		Vegetables	LC	[71]	1	0.01
<i>Bischofia javanica</i> Blume.	Tag Schein (Ta), Hitir (Ad), Morn seen (Ny), Sitiil	Phyllanthaceae	Tree	Fruit, leaves	Leaves cooked as vegetable and fruits are edible. Medicinal for gastritis and cholera.	Medicinal for eczema. Construction and handicrafts, fuelwood.	Vegetables, fruits, medicine	LC	[37], [40], [48], [51], [87]	5	0.07
<i>Blumea fistulosa</i> Kurz.	Rumdum (Ga/Ad)	Asteraceae	Herb	Whole plant	Cooked as vegetable. Medicinal for diarrhea.		Vegetables, medicine	NE	[26], [34], [51], [72], [82]	5	0.07
<i>Blumea lanceolaria</i> Druce	NA	Asteraceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Boea multiflora</i> R. Br.	Yak (Ny)	Gesneriaceae	Herb	Young shoot, tender leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Boehmeria glomerulifera</i> Miq.	Teshi-huyes (Ny)	Urticaceae	Shrub	Young shoot, tender leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Boehmeria hamiltoniana</i> Wedd.	Rimpo (Ad)	Urticaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Boehmeria macrophylla</i> Hornem.	Sobo-Yapong/Ompey (Ad), Tatam tatnam (Ny), Ompey (Kh)	Urticaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[61], [71], [91]	3	0.04
<i>Boehmeria penduliflora</i> Wedd. ex D. G. Long	Nyot-kyang (Ad)	Urticaceae	Shrub	Tender shoot	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Boeica filiformis</i> C. B. Clarke	Jongku (Ad), Jookey (Ga)	Gesneriaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Boeica fulva</i> C. B. Clarke	Joke Ao (Ga)	Gesneriaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[49], [51]	2	0.03

<i>Bombax ceiba</i> L.	Pemagesar (Br), Semul, Singe (Ad)	Malvaceae	Tree	Flower bud, seed, flower	Cooked as vegetable.		Vegetables	LC	[23], [37], [40], [41], [51], [78], [92]	7	0.10
<i>Brachytemma calycinum</i> D. Don	NA	Caryophyllaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Brassaiopsis glomerulata</i> (Blume) Regel	Tago (Ga, Ny)	Araliaceae	Tree	Fruit	Consumed as fruit and medicinal for cough.	Medicinal for abscesses. Fuelwood.	Fruits, medicine	LC	[51], [71]	2	0.03
<i>Brassaiopsis hainla</i> Seem.	Gopop (Ga)	Araliaceae	Shrub	Fruit, seed	Cooked as vegetable.		Vegetables	NE	[93]	1	0.01
<i>Bridelia retusa</i> (L.) A.Juss.	Kuhir (As)	Phyllanthaceae	Tree	Fruit	Consumed raw as fruit.		Fruits	LC	[37]	1	0.01
<i>Bridelia stipularis</i> (L.) Blume	Mou-silikha (As)	Phyllanthaceae	Climber	Fruit	Consumed raw or made into pickle.		Fruits, miscellaneous	LC	[37]	1	0.01
<i>Buddleja asiatica</i> Lour.	Phamshing (Mo), Omum delum (Ad)	Scrophulariaceae	Shrub	Leaves, young twig	Fermented and used as beverage.	Medicinal for sinusitis, antidote against snake bite.	Beverage	LC	[40], [53]	2	0.03
<i>Cajanus goensis</i> Dalzell	Katori-peren (Su)	Fabaceae	Shrub	Seed	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Calamus acanthospathus</i> Griff.	Tasar (Ny)	Arecaceae	Climber	Fruit, young shoot	Cooked as vegetable.		Vegetables	NE	[90]	1	0.01
<i>Calamus erectus</i> Roxb.	Tara (Ad), Uhdum bizi (Ch), Tar (Ny), Aru to (IM), Tare (Ta/Ga), Gee (No)	Arecaceae	Climber	Young stem, shoot, fruit	Tender shoot roasted and eaten as chutney, unripe fruit as substitute of betle nut, ripen fruit edible and inner core of tender stem cooked as vegetable. Medicinal for indigestion and stomach problem	Construction and handicrafts	Vegetables, fruits, medicine, spices and condiments, miscellaneous	NE	[23], [39], [49], [51], [61], [62], [85], [93]	8	0.11

<i>Calamus flagellum</i> Griff. ex Walp.	Yoyi/Ramang (Ad), Tar rame (Ny), Iiso (Ta)	Arecaceae	Climber	Young stem, fruit, tender shoot	Roasted tender shoot eaten as chutney and vegetable, unripe fruit used as substitute of betle nut and young tender shoot tips eaten raw.	Construction and handicrafts	Vegetables, spices and condiments, miscellaneous	NE	[23], [32], [39], [45], [49], [51], [61], [62], [82], [83], [92]	11	0.15
<i>Calamus floribundus</i> Griff.	Jeying (Ad), Easoo (Ap), Taneso (Ny), Reeri (No)	Arecaceae	Climber	Fruit	Consumed as fruit.	Construction and handicrafts	Fruits	NE	[27], [68], [71], [73], [85]	5	0.07
<i>Calamus jenkinsianus</i> Griff.	Chukhili (Li)	Arecaceae	Climber	Young shoot	Cooked as vegetable.	Construction and handicrafts	Vegetables	NE	[64]	1	0.01
<i>Calamus latifolius</i> Roxb.	Golar / Raiding (Ad), Takat (Ga)	Arecaceae	Climber	Young stem, fruit, pith	Tender shoots cooked or roasted as vegetable and fruits eaten.	Construction and handicrafts	Vegetables, fruits	NE	[23], [51], [82], [89]	4	0.05
<i>Calamus leptospadix</i> Griff.	Chukhili (Li), Jeying (Ad)	Arecaceae	Climber	Young shoot	Cooked as vegetable.	Construction and handicrafts	Vegetables	NE	[32], [64]	2	0.03
<i>Calamus nambariensis</i> Becc.	Taara (Ad)	Arecaceae	Climber	Young shoot	Cooked as vegetable and medicinal for malaria.		Vegetables, medicine	NE	[34], [55], [84]	3	0.04
<i>Calamus rotang</i> L.	Are to (IM), Rai-lyo (Bu), Chunui (Sa)	Arecaceae	Climber	Tender shoot	Cooked as vegetable and medicinal for stomach ache.		Vegetables, medicine	NE	[61], [35]	2	0.03
<i>Calamus tenuis</i> Roxb.	Sha (Ak/Hr), Ter- remme (Ny), Chukhili (Li), Esong	Arecaceae	Climber	Tender stem	Cooked as vegetable and medicinal for stomach disorder.		Vegetables, medicine	LC	[44], [45], [47], [51], [64], [78], [87]	7	0.10
<i>Callicarpa arborea</i> Roxb.	Tato/Yul-sin (Ny), Lalu/Yaohorin (Ad), Poirek (Ch), Penlo/Yalu (Ga)	Lamiaceae	Tree	Bark, leaves, tender shoot	Bark eaten along with <i>Rubus paniculatus</i> as paan substitute, as condiments and tender shoots as mouth freshener. Medicinal for skin disease, indigestion and gastritis		Miscellaneous, spices and condiments, medicine	LC	[23], [46], [49], [60], [72], [74], [93], [94]	8	0.11

<i>Callicarpa macrophylla</i> Vahl	Upneu (Ny)	Lamiaceae	Shrub	Fruit	Consumed as fruits and medicinal for stomach disorders.	Medicinal for rheumatism.	Fruits, medicine	LC	[39], [51], [94]	3	0.04
<i>Callicarpa vestita</i> Wall. ex C. B. Clarke	Yalu (Ny)	Lamiaceae	Shrub	Stem, leaves	Dried stem used as substitute for tobacco, leaves used in preparation of local liquor 'Apung'.		Miscellaneous, beverages	NE	[51]	1	0.01
<i>Canarium bengalense</i> Roxb.	Dhuna (Ad)	Burseraceae	Tree	Fruit	Consumed raw as fruit.		Fruits	NE	[48]	1	0.01
<i>Canarium strictum</i> Roxb.	Hilum (Ad), Poirekgulo (Ch), Singlu (Ny), Japei (Me), Silum (Ta), Hilum/Tikok (Ga)	Burseraceae	Tree	Fruit, seed	Consumed raw as fruit and medicinal for cough.	Insect repellent.	Fruits, medicine	NE	[23], [32], [48], [49], [51], [62], [71], [83], [87], [93]	10	0.14
<i>Capsella bursa-pastoris</i> Medik.	Sog-karpu (Br)	Brassicaceae	Herb	Whole plant	Consumed raw.		Vegetables	NE	[78]	1	0.01
<i>Carallia brachiata</i> Merr.	Sibetaneng (Ad)	Rhizophoraceae	Tree	Fruit	Consumed raw or ripen as fruit.		Fruits	NE	[48]	1	0.01
<i>Cardamine hirsuta</i> L.	Oram-petsik (Ad), Soram guyi/Serampeti/Piidii sorum (Ny), Padehama (Ap), Tuka (Ga)	Brassicaceae	Herb	Flower, whole plant, leaves, tender shoot	Cooked and consumed as vegetable, chutney and salad. Medicinal for chest pain, liver disorder and cough.	Medicinal for toothache, cut and wounds.	Vegetables, medicine	NE	[23], [26], [30], [39], [42], [49], [51], [52], [78], [80], [82], [93]	12	0.16
<i>Cardamine macrophylla</i> Willd.	Wang-hru (Mo)	Brassicaceae	Herb	Tender shoot, leaves	Cooked as vegetable.		Vegetables	NE	[56], [78]	2	0.03
<i>Carex cruciata</i> Wahlenb.	Basar, Sodomplapa (Ny)	Cyperaceae	Herb	Tender stem	Consumed raw.	Medicinal for wound healing. Cultural rituals.	Miscellaneous	NE	[71]	1	0.01
<i>Carex filicina</i> Nees in Wight	Bahik (Ny)	Cyperaceae	Herb	Seed	Consumed raw.		Miscellaneous	LC	[71]	1	0.01

<i>Caryota urens</i> L.	Rani sengor (Ch), Tamak (Ad/Ga), Jok Pan (No)	Areaceae	Tree	Tender stem, fruit, seed	Stem cooked as vegetable and ripen fruits consumed as a substitute to betel nut as a mouth freshener.	Handicrafts, construction and handicrafts, agriculture implements.	Vegetables, miscellaneo us	LC	[23], [32], [85], [93]	4	0.05
<i>Castanopsis hystrix</i> A. DC.	Kora (Ny), Amke (Ad), Kiira (Ap), Sirang-Raaye, Himpe (Ga)	Fagaceae	Tree	Fruit	Consumed after roasting.	Fuelwood, cultural rituals.	Fruits	NE	[23], [41], [48], [80], [87], [93]	6	0.08
<i>Castanopsis indica</i> A. DC.	Sirang/Korang (Ad), Khe-sing (Mo), Rahu kira (Ap), Kira seen (Ny), Katus (Li), Koyu -Korang Raaye, Kora (Ga)	Fagaceae	Tree	Fruit, leaves	Leaves consumed raw or boiled as vegetable and nuts eaten raw or roasted. Medicinal for cough.	Timber, fuelwood, cultural rituals.	Vegetables, fruits, medicine	LC	[23], [35], [37], [48], [49], [51], [53], [61], [64], [78], [80], [84], [87], [89], [92], [93]	16	0.22
<i>Castanopsis lanceifolia</i> (Roxb.) Hickel & A. Camus	Tain (Ny)	Fagaceae	Tree	Fruit	Consumed raw or roasted.		Fruits	NE	[51]	1	0.01
<i>Castanopsis purpurella</i> (Miq.) N. P. Balakr.	Sirang (Ad)	Fagaceae	Tree	Fruit, seed	Consumed raw or roasted.		Fruits	NE	[89]	1	0.01
<i>Castanopsis tribuloides</i> A. DC.	Tain-tha (Ny), Korbing kira (Ap), Kira seen (Ny), Tare (Ad)	Fagaceae	Tree	Fruit, seed	Consumed raw or roasted. Medicinal for cough, indigestion and goiter.	Timber, fuelwood, cultural rituals.	Vegetables, medicine	NE	[37], [39], [51], [80], [89], [92]	6	0.08
<i>Centella asiatica</i> (L.) Urb.	Mengoni (Ch), Ngulyikheq/Hol- ow/Bodo (Ny), Ngilyang Khiko (Ap), Shetafay/Syowbo (Ak), Tselagorgor (Sh), Manimuni (Mo), Barang/Golgi Sipum/Dolgi/Kipum	Apiaceae	Herb	Leaves, flower, tender shoot	Cooked as vegetables or taken raw as salad and chutney. Medicinal for stomach disorder, dysentery, blood pressure, as brain tonic, leprosy and tuberculosis.		Vegetables, spices and condiments, medicine	LC	[23], [25], [34], [36], [38], [39], [41], [42], [43], [44], [46], [47], [50], [51], [52], [53], [54],	32	0.44

	Yayum/Kiiling Kiiroh (Ad), Agimache (Li), Nguri (Ga)								[58], [61], [64], [66], [68], [71], [73], [78], [79], [80], [82], [89], [91], [92], [93]		
<i>Cerasus cerasoides</i> (D. Don) S. Ya. Sokolov	Sembo (Ap)	Rosaceae	Tree	Fruit	Consumed as fruit and medicinal as appetizer.	Medicinal for back pain.	Vegetables, medicine	LC	[86]	1	0.01
<i>Cheilocostus speciosus</i> (J. Koenig) C. D. Specht	Siiyung iibar (Ad), Rumo-sanadugo (Ak), Kebuk (Ms)	Costaceae	Herb	Rhizome, stem	Cooked and consumed as vegetable or snacks. Medicinal for jaundice.	Medicinal for wounds, antidote against snake bite.	Vegetables, miscellaneous, medicine	LC	[54], [61], [66], [92]	4	0.05
<i>Chenopodium album</i> L.	Machio-sak (Ad)	Amaranthaceae	Herb	Leaves, tender shoot, seeds	Cooked as vegetable. Medicinal for flatulence, expelling stomach worm, kidney problem, blood pressure and as health tonic.		Vegetables, medicine	NE	[23], [38], [42], [66], [72], [75], [90]	7	0.10
<i>Chimonobambusa callosa</i> Nakai	Tao (Ad), Rijiang (Ap), Dusi (Me)	Poaceae	Herb	Young shoot	Cooked as vegetable.	Fuelwood, fencing, construction and handicrafts	Vegetables	NE	[31], [67], [80]	3	0.04
<i>Chimonocalamus griffithianus</i> (Munro) Hsueh & T. P. Yi	Tabiyo (Ap)	Poaceae	Herb	Young shoot	Cooked as vegetable.	Fuelwood, construction and handicrafts	Vegetables	NE	[80]	1	0.01
<i>Chlorophytum arundinaceum</i> Baker	Tale (Ap)	Asparagaceae	Herb	Whole plant	Cooked as vegetable or taken raw.		Vegetables	NE	[73]	1	0.01
<i>Chlorophytum nepalense</i> (Lindl.) Baker	Taaprong (Mo)	Asparagaceae	Herb	Young leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01

<i>Choerospondias axillaris</i> (Roxb.) B. L. Burtt & A. W. Hill	Beelam (Ta), Totam belam (Ad), Biling (Ap), Belam (Ga), Ban-gulo (Ch)	Anacardiaceae	Tree	Fruit	Unripe fruits pickled or made into chutney and ripen fruits eaten raw. Medicinal for bowel movement and digestion.	Construction and handicrafts	Spices and condiments, fruits, medicine, miscellaneous	NE	[23], [42], [48], [49], [51], [62], [80], [86], [92], [93]	10	0.14
<i>Cinnamomum bejolghota</i> (Buch.-Ham.) Sweet	Hipir Ayin/Sipiriang (Ad), Pode (Ga), Magob (Ta)	Lauraceae	Tree	Fruit, leaves	Leaves used as local tea and fruits eaten raw.		Beverages, fruits	LC	[24], [30], [49], [62], [82], [89]	6	0.08
<i>Cirsium interpositum</i> Petr.	Tailobeo (Ny), Loby-tirey (Ap)	Asteraceae	Herb	Flower	Cooked or raw as vegetable and used in making salt.		Vegetables, miscellaneous	NE	[39], [71]	2	0.03
<i>Cirsium verutum</i> Spreng.	Brongzom (Mo)	Asteraceae	Herb	Inflorescence	Consumed raw as salad and medicinal for stomach ache.		Vegetables, medicine	NE	[78]	1	0.01
<i>Cissampelos pareira</i> L.	Tabo (Ga)	Menispermaceae	Climber	Fruit	Consumed as fruit.		Fruits	NE	[51]	1	0.01
<i>Cissus repens</i> Lam.	Tarupakhu (Ap), Taruphakhe (Ny)	Vitaceae	Climber	Fruit	Consumed as fruit.		Fruits	NE	[39], [51], [73]	3	0.04
<i>Clausena excavata</i> Burm. f.	Hrila-sheng (Mo)	Rutaceae	Tree	Fruit	Consumed as fruit.		Fruits	NE	[78]	1	0.01
<i>Clerodendrum glandulosum</i> Lindl.	Ongin/Kopak/Tapen (Ad), Poto/Tapin (Ny), Khamo (Tn), Pato hamang (Ap), Shingebum (Sj), Oin/Oin Tap/Taapin (Ga), Khangjela-shing (Mo), Naphaphu (IM), Doloin (Ak), Taapetaala /Taapin (Ta), Sagijaj (Li), Mokmit (No), Ongin (Kh)	Lamiaceae	Shrub	Flower, leaves, tender shoot	Cooked as vegetable. Medicinal for high blood pressure, malarial fever, stomach ache and obesity.	Medicinal for tooth ache.	Vegetables, medicine	NE	[23], [25], [26], [28], [29], [32], [34], [35], [36], [38], [39], [40], [41], [42], [43], [44], [46], [47], [49], [50], [51], [52], [53], [54], [55], [58], [60], [61], [62], [64], [68], [69],	52	0.71

									[70], [71], [72], [74], [75], [76], [78], [79], [80], [81], [82], [84], [85], [88], [89], [90], [91], [92], [93], [94]		
<i>Clerodendrum infortunatum</i> L.	Taapin (Ny)	Lamiaceae	Shrub	Flower	Cooked as vegetable. Medicinal for high blood pressure.		Vegetables, medicine	NE	[27], [46], [50], [51], [66], [68], [82]	7	0.10
<i>Clerodendrum japonicum</i> (Thunb.) Sweet.	Poto-O (Ny), Tapen (Ad), Taala (Ga)	Lamiaceae	Shrub	Leaves, tender shoot	Cooked as vegetable.		Vegetables	LC	[68], [71], [72], [93]	4	0.05
<i>Codariocalyx motorius</i> H. Ohashi	Sha Dach (Ta)	Fabaceae	Shrub	Leaves	Used as local tea.		Beverages	NE	[51]	1	0.01
<i>Coix lacryma-jobi</i> L.	Tani/Tangek (Ny)	Poaceae	Herb	Seed	Cooked and eaten as stable food.		Miscellaneous	NE	[39], [42], [66]	3	0.04
<i>Colocasia affinis</i> Schott	Nyepop (Ga), Yarri (Ap), Maksar (Ny)	Araceae	Herb	Tuber, leaves, petiole	Cooked as vegetable. Medicinal for cough, fever and tuberculosis.	Medicinal for itching.	Vegetables, medicine	NE	[51], [71]	2	0.03
<i>Colocasia antiquorum</i> Schott	Takche Reba (Ny), Engee (Ad)	Araceae	Herb	Tuber, leaves, petiole	Cooked as vegetable.	Fodder.	Vegetables	NE	[51], [91]	2	0.03
<i>Colocasia esculenta</i> (L.) Schott	Teu (Tn), Ngerek (Ad), Rubita/Riksin (Ga), Ngaglin (Mo), Thoks (Ak), Bojong (Me), Eng ngepop (Ny), Tue (Li), Chowk-pema (Bu), Chak (Sa)	Araceae	Herb	Young shoot, petiole, spathe, leaves, rhizome	Cooked as vegetable. Medicinal for constipation, gastritis, pregnancy, fever and cough.	Fodder.	Vegetables, medicine	LC	[23], [29], [35], [36], [38], [41], [42], [44], [51], [58], [60], [61], [64], [78], [89], [92]	16	0.22

<i>Colocasia fallax</i> Schott	Nygek (Ga)	Araceae	Herb	Rhizome, leaves, petiole	Cooked as vegetable.		Vegetables	LC	[51]	1	0.01
<i>Colocasia gigantea</i> (Blume) Hook. f.	Sam leo (Mi)	Araceae	Herb	Petiole, leaves	Cooked as vegetable and medicinal for gastritis.	Fodder.	Vegetables, medicine	NE	[38]	1	0.01
<i>Coniogramme falcata</i> (D. Don) Salomon	Akalama (Ny)	Pteridaceae	Herb	Tender shoot	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Conocephalus suaveolens</i> Blume	Hogen Ao (Ny)	Moraceae	Climber	Leaves	Cooked as vegetable.	Medicinal for eye infection.	Vegetables	NE	[51], [90]	2	0.03
<i>Cordia dichotoma</i> G. Forst.	Moya (Ny),	Boraginaceae	Tree	Fruit, tender leaves, shoot	Leaves and shoots cooked as vegetable and fruits are edible.		Vegetables, fruits	LC	[39]	1	0.01
<i>Cordia myxa</i> L.	NA	Boraginaceae	Tree	Fruit	Made into pickle.		Miscellaneous	NE	[23], [48]	2	0.03
<i>Coriaria nepalensis</i> Wall.	Wamdong (Mo)	Coriariaceae	Shrub	Fruit	Ripened fruits are edible.		Fruits	NE	[78]	1	0.01
<i>Cornus capitata</i> Wall.	Namet/Krama (Mo)	Cornaceae	Tree	Fruit	Ripened fruits are edible.		Fruits	LC	[35], [78]	2	0.03
<i>Cotoneaster acuminatus</i> Lindl.	Jursing (Me)	Rosaceae	Shrub	Seed	Edible oil extracted for cooking.		Miscellaneous	NE	[31]	1	0.01
<i>Crassocephalum crepidioides</i> S. Moore	Ibel/Gende/Ogen (Ad), Thangbang (Tn), Tong phul (Ch), Tamkahru/Chopogon (Mo), Yamen (Ny), Gendu/Jogen (Ga), Gendattamang (Ap), ling- Kayeng (Ta), Manchala (Bu)	Asteraceae	Herb	Leaves, young shoot, flower	Cooked as vegetable. Medicinal for constipation, liver disorder, insomnia, headache, malaria, epileptic and as analgesic.	Medicinal for cuts and wounds. Fodder.	Vegetables, medicine	NE	[23], [26], [32], [35], [40], [42], [43], [47], [49], [51], [53], [58], [60], [62], [70], [72], [73], [75], [78], [80], [81], [82], [89], [93]	24	0.33
<i>Crotalaria juncea</i> L.	NA	Fabaceae	Herb	Leaves, tender	Cooked as vegetable.		Vegetables	NE	[82]	1	0.01

				stem, seed							
<i>Curcuma aromatica</i> Salisb.	Haldi	Zingiberaceae	Herb	Flower	Cooked as vegetable and medicinal for cough.		Vegetables, medicine	NE	[23], [50], [68]	3	0.04
<i>Curcuma caesia</i> Roxb.	Kali haldi (Ap), Kayane-take (Ga)	Zingiberaceae	Herb	Rhizome	Roasted and eaten as snack. Medicinal for stomach ache, dysentery, gastritis and diarrhea.	Medicinal for skin inflammatio n.	Miscellaneo us, medicine	NE	[29], [32], [73]	3	0.04
<i>Curcuma montana</i> Roxb.		Zingiberaceae	Herb	Rhizome	Cooked as vegetable.		Vegetables	NE	[92]	1	0.01
<i>Cyanthillium albicans</i> (D C.) H. Rob.		Asteraceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Cyanthillium cinereum</i> (L.) H. Rob.	Tapyo (Ap)	Asteraceae	Herb	Whole plant	Cooked as vegetable and used in salt making.		Vegetables, miscellaneo us	NE	[41], [71], [73], [80]	4	0.05
<i>Cyathea andersonii</i> Copel.	Taste (Ny), Taase (Ga)	Cyatheaceae	Tree	Stem, bark, pith	Eaten raw or dried and grounded into powder and use as a substitute to food grain during famine in olden days.		Miscellaneo us	NE	[51], [71], [93]	3	0.04
<i>Cyathea gigantea</i> (Wall. ex Hook.) Holttum	Tashe (Ap), Tachee (Ny/Su)	Cyatheaceae	Tree	Pith, leaves	Cooked as vegetable.	Medicinal for bodyache. Fodder.	Vegetables	NE	[39], [80], [89]	3	0.04
<i>Cyathea spinulosa</i> Wall. ex Hook.	Kuno (No)	Cyatheaceae	Tree	Stem	Fermented stem cooked with rice as vegetable.	Cultural rituals, fodder.	Vegetables	NE	[85]	1	0.01
<i>Cyathula prostrata</i> Blume	NA	Amaranthaceae	Herb	Whole plant	Used in preparing Apatani black salt (Tapyo).		Miscellaneo us	NE	[73]	1	0.01
<i>Cymbidium hookerianum</i> Rchb. f.	NA	Orchidaceae	Epiphyt e	Flower	Cooked as vegetable		Vegetables	NE	[78]	1	0.01
<i>Cynoglossum lanceolatum</i> Forssk.	Sancharik (Sh), Sibir Taglam (Ny), Nat Sancharik (Mo)	Boraginaceae	Herb	Leaves, root	Leaves eaten raw or cooked as vegetable	Medicinal for inflammatio	Vegetables, medicine	NE	[36], [78]	2	0.03

					and roots chewed as mouth freshener.	n, cuts and wounds, sores and bone fracture.					
<i>Cyperus rotundus</i> L.	Ei (Ga)	Cyperaceae	Herb	Root	Roots eaten raw.		Miscellaneous	LC	[51]	1	0.01
<i>Daemonorops jenkinsiana</i> Mart.	Raidang (Ta)	Arecaceae	Climber	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	NE	[51]	1	0.01
<i>Daphne papyracea</i> Wall. ex G. Don	Shugu-sheng (Mo), Sukh (Me)	Thymelaeaceae	Shrub	Fruit	Consumed as fruits.	Bark for paper making.	Fruits	NE	[78], [83]	2	0.03
<i>Daphniphyllum himalayense</i> Müll. Arg.	Lamcha (Su)	Daphniphyllaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[39]	1	0.01
<i>Debregeasia longifolia</i> (Burm. f.) Wedd.	Nyajumna (Mi), Tatamtanam (Ny), Nanjosi/Jirepole (Ad), Yangyangpa (Mo), Tukhi (No), Isstali (Ga)	Urticaceae	Shrub	Tender leaves, fruit, seed	Consumed as fruits and young leaves cooked as vegetable. Medicinal for cancer.	Medicinal for rheumatism and scabies.	Fruits, vegetables, medicine	LC	[38], [48], [58], [71], [72], [78], [82], [85], [92], [93]	10	0.14
<i>Debregeasia orientalis</i> C. J. Chen	Rukhi (No)	Urticaceae	Shrub	Fruit	Consumed raw as fruits or made into wine.		Fruits, beverages	NE	[85]	1	0.01
<i>Decaisnea insignis</i> Hook.f. & Thomson	NA	Lardizabalaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[78]	1	0.01
<i>Dendrocalamus giganteus</i> Munro	Bulukang/Hepo (Ad), Eeh Hiku (Ny), Diba (Ga)	Poaceae	Herb	Tender shoot	Cooked as vegetable or made into pickle. Medicinal for constipation, low blood pressure and indigestion.	Fuelwood, fencing, construction and handicrafts	Vegetables, medicine	LC	[32], [42], [51], [60], [89]	5	0.07
<i>Dendrocalamus hamiltonii</i> Nees & Arn. ex Munro	Hurung/Hepo (Ad), Yai byapu (Ap), Eh Henu (Ta), Diba (Ga), Hej/Eh heroom (Ny), Wah	Poaceae	Herb	Seed, young shoot	Fermented and used as vegetable, condiment or pickles. Medicinal for dysentery.	Cultural rituals, construction and	Vegetables, spices and condiments, miscellaneous, medicine	NE	[23], [30], [32], [39], [47], [49], [51], [54], [64], [72],	19	0.26

	mi (Tn), Schee (Sh), Si-emnyo (Ak), Junglee kuwa (Li)					handicrafts, fuelwood.			[74], [78], [80], [81], [82], [83], [89], [90], [92]		
<i>Dendrocnide sinuata</i> Blume) Chew		Urticaceae	Shrub	Young leaves	Cooked as vegetable. Medicinal for pneumonia, gastritis, fever and malaria.	Medicinal for tooth ache. Construction and handicrafts	Vegetables, medicine	NE	[50], [60], [71], [73], [80], [92]	6	0.08
<i>Dichrocephala integrifolia</i> (L. f.) Kuntze	Pechikai (Ny), Jie- hamang/Pechikai (Ap)	Asteraceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[39], [51], [73]	3	0.04
<i>Dicranopteris linearis</i> (Burm. f.) Underw.	Takho (Ap), Hampu- dumlup/Tarang (Ad)	Gleicheniaceae	Herb	Whole plant	Cooked as vegetable and used in making salt (Apatani).	Cultural rituals, traps for rodents, fencing.	Vegetables, miscellaneo us	LC	[39], [49], [61], [80]	4	0.05
<i>Dillenia indica</i> L.	Hati pol/ Sompa / Sompa eshing (Ad), Champak/Soot Aas (Ny), Masangsi (Ta), Jampa tenga (Ap), Sampak/Champak (Ga), Masansi (Li)	Dilleniaceae	Tree	Young flower, fruit, fruit pulp	Cooked as vegetable, as ingredient in curries and pickles. Medicinal for cough, fever, weakness, liver inflammation, cancer and diarrhea.	Medicinal for hair fall.	Vegetables, spices and condiments, miscellaneo us, medicinal	LC	[23], [29], [36], [42], [46], [47], [48], [50], [51], [55], [58], [60], [64], [68], [69], [70], [71], [73], [75], [78], [82], [87], [91], [92], [93]	25	0.34
<i>Dillenia pentagyna</i> Roxb.	Okshi (As)	Dilleniaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[37]	1	0.01
<i>Dillenia scabrella</i> Roxb.	NA	Dilleniaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[78]	1	0.01
<i>Dioscorea alata</i> L.	Ogit/Mayong (Ad), Eghen	Dioscoreaceae	Climber	Fruit, tuber	Cooked or roasted and consumed as		Vegetables, medicine	NE	[23], [35], [39], [42],	14	0.19

	Ngencha/Sumchen/Rangthangong (Mo), Engin/Egin nginek (Ny/Su), Khan (No), Jiring (Bu), Enginn (Ga)				vegetable. Medicinal for asthma, stimulant and laxative.				[45], [49], [51], [53], [61], [63], [78], [82], [85], [93]		
<i>Dioscorea arachidna</i> Prain & Burkill	Ogit (Ad)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Dioscorea belophylla</i> (Prain) Voigt ex Haines	Eghen Tabon (Ga), Engin (Ny/Su)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable and snack. Medicinal for fever, headache, dysentery and malaria.		Vegetables, miscellaneous, medicine	NE	[39], [51], [63], [71]	4	0.05
<i>Dioscorea bulbifera</i> L.	Engin/Remet/Uli (Ad), Huli- Hula (Ap), Egin Tabi/Ejo/Helak (Ga), Hiili (Ta), Hes/Engin (Ny), Peng-khe (Mo)	Dioscoreaceae	Climber	Tuber, bulbil	Cooked or roasted and consumed as vegetable or snack. Medicinal for diarrhea and dysentery.	Medicinal for burns.	Vegetables, miscellaneous, medicine	NE	[25], [39], [40], [45], [49], [51], [61], [63], [78], [80], [81], [82], [92], [93]	14	0.19
<i>Dioscorea deltoidea</i> Wall.	Eghen Ngenki (Ga), Peng-khe (Mo), Engin ginte (Ny)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack. Medicinal for indigestion, fatigue and laxative.		Vegetables, miscellaneous, medicine	NE	[42], [51], [63], [78]	4	0.05
<i>Dioscorea esculenta</i> (Lour.) Burkill	Ingin Tabe (Ga)	Dioscoreaceae	Climber	Tuber	Cooked or roasted and consumed as vegetable or snack.		Vegetables, miscellaneous	NE	[45], [88]	2	0.03
<i>Dioscorea glabra</i> Roxb.	Eghen Ngentak (Ga), Engin (Ny/Su), Ogit (Ad)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[39], [51], [63], [89]	4	0.05
<i>Dioscorea hamiltonii</i> Hook. f.	Eghen Ngentak (Ga), Serelake /Engin (Ny/Su), Engi (Ap) Ogit (Ad)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NT	[39], [51], [63], [68], [71], [73], [89]	7	0.10
<i>Dioscorea laurifolia</i> Wall. ex Hook. f.	Eghen Ngegek (Ga)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[51], [63]	2	0.03

<i>Dioscorea melanophyma</i> Prain & Burkill	Hash (Ny)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[51]	1	0.01
<i>Dioscorea oppositifolia</i> L.	Eghen Take-Mare (Ga)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[51], [63]	2	0.03
<i>Dioscorea orbiculata</i> Hook. f.	NA	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[63]	1	0.01
<i>Dioscorea pentaphylla</i> L.	Hiili (Ta), Ingin/Hilli (Ga)	Dioscoreaceae	Climber	Tuber, fruit	Cooked or roasted and consumed as vegetable or snack. Medicinal for regaining health during child delivery.		Vegetables, miscellaneous, medicine	NE	[45], [49], [51], [62], [93]	5	0.07
<i>Dioscorea pubera</i> Blume.	Engin (Ny/Su), Ingin tak-ke (Ga)	Dioscoreaceae	Climber	Tuber	Cooked or roasted and consumed as vegetable or snack.		Vegetables, miscellaneous	NE	[39]	1	0.01
<i>Dioscorea pyrifolia</i> Kunth	Eghen Ngenro (Ga)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[51]	1	0.01
<i>Dioscorea spicata</i> Roth	Eghen Ngenchi (Ga)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	NE	[51], [63]	2	0.03
<i>Dioscorea wallichii</i> Hook. f.	Eghen Ngeyuk (Ga), Ogit (Ad)	Dioscoreaceae	Climber	Tuber	Cooked as vegetable or snack.		Vegetables, miscellaneous	LC	[51], [63], [89]	3	0.04
<i>Diospyros kaki</i> L. f.	Jenggong (Mo), Thaj (Li), Moreh miiiji (Ap)	Ebenaceae	Tree	Fruit	Consumed as fruits. Medicinal for high blood pressure, cancer and constipation.		Fruits, medicine	NE	[23], [27], [64], [86]	4	0.05
<i>Diospyros malabarica</i> (Desr.) Kostel.	Ambre (Mo)	Ebenaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[78]	1	0.01
<i>Diplazium esculentum</i> (Retz.) Sw.	Takang/Pattu (Ad), Hiika Hamang (Ap), Taka/Takka-paya (Ga), Pakya-Raya	Athyriaceae	Herb	Young frond	Cooked as vegetable. Medicinal for fever, food poisoning,	Medicinal for wound healing.	Vegetables, medicine	LC	[23], [26], [28], [29], [34], [36], [38], [39],	31	0.42

	(Ta), Taka paya/Takka peya/Hoka pada (Ny), Kukuling (Mo), Lochanch (Ak), Kaiirin (Li), Kajingna or khajung (Ms), Dangsum (Mo), Dangsom (Sa), Pamsam (Bu), Takka (Ga)				indigestion, insomnia and liver inflammation.				[42], [44], [45], [49], [52], [60], [62], [64], [69], [71], [73], [78], [80], [81], [82], [88], [89], [90], [91], [92], [93], [95], [96]		
<i>Diplazium subsinuatum</i> (Hook. & Grev.) Tagawa	Akalama (Ny)	Athyriaceae	Herb	Tender shoot	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Diploknema butyracea</i> (Roxb.) H. J. Lam	Finsheng (Mo)	Sapotaceae	Tree	Fruit, seed	Consumed as fruits, seed oil used in cooking.		Fruits, miscellaneous	NE	[35], [78], [83], [84]	4	0.05
<i>Docynia indica</i> (Colebr.) Decne.	Pecha (Ap), Losu (Mo)	Rosaceae	Tree	Fruit	Consumed as fruits or for making pickle. Medicinal for stomach disorder.		Fruits, miscellaneous, medicine	NE	[23], [27], [78], [86]	4	0.05
<i>Drymaria cordata</i> Willd. ex Schult.	Chudumba (Me), Zami (Su), Keddehkerreh (Ga), Pipi/Tai Tamak (Ad), Bodo-Bolo (Ta)	Caryophyllaceae	Herb	Leaves	Cooked as vegetable. Medicinal for jaundice, headache, tumour, malaria and rheumatism.	Medicinal for skin inflammation, scabies and allergy	Vegetables, medicine	NE	[29], [31], [34], [39], [40], [43], [58], [59], [62], [89]	10	0.14
<i>Drynaria propinqua</i> (Wall. ex Mett.) J. Sm. ex Bedd.	So (Mo)	Polypodiaceae	Herb	Rhizome	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Dryopteris sparsa</i> (D. Don) Kuntze	Kaja Habo (Ny)	Dryopteridaceae	Herb	Young frond	Cooked as vegetable.	Cultural rituals	Vegetables	NE	[71]	1	0.01
<i>Duabanga grandiflora</i> Walp.	Hojo Gulo (Ch), Kobo (Ad), Jajum seen (Ny)	Lythraceae	Tree	Fruit	Consumed as fruits.	Construction and handicrafts, fuelwood, fencing.	Fruits	LC	[23], [37]	2	0.03

<i>Duchesnea indica</i> (Andrews) Teschem.	Pungbang (Ta), Eki tangkin (Ad), Pemi limi (Ny), Subu Tute jilyung/ Aki tayin (Ap), Anchi (Ga)	Rosaceae	Herb	Fruit	Consumed as fruits.		Fruits	NE	[23], [27], [37], [47], [49], [51], [80], [88]	8	0.11
<i>Dysoxylum excelsum</i> Blume	Ruuh (Ny)	Ebenaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[27]	1	0.01
<i>Dysphania ambrosioides</i> (L.) Mosyakin & Clemants	Teya (Ga), Pabe (Ny/Su), Adi-gandha (Ad)	Amaranthaceae	Herb	Leaves	Cooked as vegetable and medicinal for chicken pox.		Vegetables, medicine	NE	[39], [40], [51]	3	0.04
<i>Echinochloa colona</i> (L.) Link	Taya (Su)	Poaceae	Herb	Seed	Consumed as snack.		Miscellaneous	LC	[39]	1	0.01
<i>Eichhornia crassipes</i> (Mart.) Solms	Meteka (Ms)	Pontederiaceae	Herb	Flower	Cooked as vegetable.		Vegetables	NE	[66]	1	0.01
<i>Elaeagnus conferta</i> Roxb.	NA	Elaeagnaceae	Shrub	Fruit	Ripen fruits eaten and unripe fruits made into pickle.		Fruits, miscellaneous	LC	[83], [92]	2	0.03
<i>Elaeagnus infundibularis</i> Momiy.	Hari (Ap)	Elaeagnaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[24], [39]	2	0.03
<i>Elaeagnus latifolia</i> L.	Hari (Ap), Gamyamrap (Mo), Makhachi (Si), Raapgam	Elaeagnaceae	Shrub	Fruit	Consumed as fruits and medicinal for anemia.		Fruits, medicine	NE	[23], [51], [73], [87]	4	0.05
<i>Elaeagnus parvifolia</i> Wall.	Gyam-mrep (Mo), Mirik tenga (Ad)	Elaeagnaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[31], [78]	2	0.03
<i>Elaeagnus pyriformis</i> Hook. f.	Ropoating (Ap), Maza sok bizi (Ch)	Elaeagnaceae	Shrub	Fruit	Consumed as fruits and medicinal for constipation.		Fruits, medicine	NE	[23], [39]	2	0.03
<i>Elaeagnus umbellata</i> Thunb.	Da-Mrep (Mo)	Elaeagnaceae	Shrub	Fruit	Consumed as fruits and medicinal for diarrhea.		Fruits, medicine	NE	[48], [78], [84], [96]	4	0.05
<i>Elaeocarpus floribundus</i> Blume	Goroshi (Im), Sursur (Ga), Anke-seen (Ny)	Elaeocarpaceae	Tree	Fruit, leaves, barks	Consumed raw or pickled and medicinal for stomach disorder.	Medicinal for gum inflammation.	Fruits, miscellaneous, medicine	NE	[23], [27], [29], [37], [50], [87], [92], [93]	8	0.11

<i>Elaeocarpus serratus</i> L.	Bhagwantase (Ga)	Elaeocarpaceae	Tree	Fruit, seed	Consumed raw or pickled.		Fruits, miscellaneous	NE	[48], [93]	2	0.03
<i>Elatostema cuneatum</i> Wight	Chulukpa (Mo)	Urticaceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Elatostema dissectum</i> Wedd.	Hilya-hamang (Ap)	Urticaceae	Herb	Leaves, tender shoot	Cooked as vegetable. Medicinal for stomach disorder and chest pain.		Vegetables, medicine	NE	[39], [89]	2	0.03
<i>Elatostema laetevirens</i> Makino	NA	Urticaceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Elatostema lineolatum</i> Wight	Dambe hru (Mo)	Urticaceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Elatostema platyphyllum</i> Wedd.	Gungee (Su), Ojjili/Huji (Ga), Hiipe (Ap), Hoj Ao (Ny)	Urticaceae	Herb	Leaves, tender shoot, flower	Cooked and consumed as vegetable. Medicinal for inducing vomiting.		Vegetables, medicine	NE	[39], [50], [51], [72], [80], [92], [93], [95]	8	0.11
<i>Elatostema sessile</i> J. R. Forst. & G. Forst.	Hooji-ow (Ny), Hipehamang (Ap), Jooke (Ta), Fambe-che (Sj), Chulukpa (Mo)	Urticaceae	Herb	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[23], [35], [39], [51], [52], [78], [82], [84]	8	0.11
<i>Elatostema sublatexum</i> (Elmer) H. Schroet.	Oji (Ga)	Urticaceae	Herb	Tender leaves	Cooked as vegetable. Medicinal for gastritis.		Vegetables, medicine	NE	[28], [60]	2	0.03
<i>Elephantopus scaber</i> L.	Aying Ing (Ad)	Asteraceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Elsholtzia blanda</i> Benth.	Papitduli (Ad)	Lamiaceae	Shrub	Seed	Consumed as condiment and vegetable oil. Medicinal for body weakness and gastritis.	Medicinal for body pain.	Spices and condiments, miscellaneous, medicine	NE	[39], [40]	2	0.03
<i>Elsholtzia flava</i> Benth.	Papitduli (Ad)	Lamiaceae	Shrub	Seed	Consumed as condiment and vegetable oil.		Spices and condiments, miscellaneous	NE	[41]	1	0.01
<i>Embelia ribes</i> Burm. f.	Rokne pebang (Ra), Hidum ponkung (Ad)	Primulaceae	Shrub	Fruit, tender shoot	Cooked as vegetable and medicinal as health tonic.	Medicinal for chest and skin	Vegetables, medicine	NE	[31], [49], [91]	3	0.04

						diseases, antiseptic.					
<i>Emilia sonchifolia</i> (L.) DC.	Genta-ow (Ny)	Asteraceae	Herb	Whole plant	Cooked as vegetable.	Medicinal for eye infection.	Vegetables	NE	[39], [51]	2	0.03
<i>Ensete glaucum</i> (Roxb.) Cheesman	Ngakku (Ad)	Musaceae	Herb	Fruit	Consumed as fruits.		Fruits	LC	[51], [61]	2	0.03
<i>Ensete superbum</i> (Roxb.) Cheesman	Colon / Kopak (Ad), Namninyah (Si), Napkhoi (Tn)	Musaceae	Herb	Fruit, inflorescence	Cooked as vegetable. Medicinal for diarrhea and dysentery.		Vegetables, medicine	NE	[23], [82], [89]	3	0.04
<i>Ensete ventricosum</i> (Welw.) Cheesman .	Kodum (Ny)	Musaceae	Herb	Inflorescence	Cooked as vegetable.		Vegetables	LC	[42]	1	0.01
<i>Epipremnum pinnatum</i> (L.) Engl.	Talo	Araceae	Climber	Fruit	Consumed as fruits.	Medicinal for bone fracture, chest pain.	Fruits	NE	[87]	1	0.01
<i>Eremocaulon capitatum</i> (Trin.) Londoño	Yabiing (Ap)	Poaceae	Herb	Young shoot	Cooked as vegetable and as pickle.	Cultural rituals, agricultural tools.	Vegetables, miscellaneous	NE	[80]	1	0.01
<i>Erigeron canadensis</i> L.	Bidiing-Kotar (Ta), Ingekobodong/Nayang (Ad), Bidiing-Kotar(Ga)	Asteraceae	Herb	Young shoot, flower, leaves	Cooked as vegetable.	Medicinal for good eye sight.	Vegetables	NE	[49], [62], [70], [93]	4	0.05
<i>Eriosolena composita</i> (L. f.) Merr	Sugu sing (Ad)	Thymelaeaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[48]	1	0.01
<i>Eryngium foetidum</i> L.	Ori-ritak (Ad), Rithak (Ga), Damgra (Dm), Panchi (Tn)	Apiaceae	Herb	Leaves	Consumed as spice and cooked as vegetable. Medicinal for stomach disorder, fever, blood pressure, malaria, infertility, headache, asthma, pneumonia, flu and constipation.	Medicinal for burns, earache and antidote against snake bites.	Spice and condiments, vegetables, medicine	NE	[26], [29], [30], [32], [38], [47], [50], [51], [56], [58], [61], [69], [71], [72], [73], [81], [82], [93]	18	0.25

<i>Erythrina stricta</i> Roxb.	Galling (Ad), Chemroy (Tn), Tagek Schein (Ta) Tagek chaegne (Ny)	Fabaceae	Tree	Flower, legume or pod, tender leaves	Cooked as vegetable. Medicinal for anxiousness.	Medicinal for gout, inflammatio n. Fencing .	Vegetables	NE	[23], [51], [58], [82], [90]	5	0.07
<i>Etilingera linguiformis</i> (Roxb.) R. M. Sm.	Zakir (Ga)	Zingiberaceae	Herb	Rhizome	Used in making chutney.		Spices and condiments	LC	[30]	1	0.01
<i>Euphorbia hirta</i> L.	Korek oying (Ad), Tamu Ao/Tador Ao (Ny), Yowan (Mo)	Euphorbiaceae	Herb	Whole plant, leaves, shoot, stem	Cooked as vegetable. Medicinal for bronchitis, asthma and expelling stomach worm.	Fodder.	Vegetables, medicine	NE	[23], [40], [46], [51], [78], [82], [90]	7	0.10
<i>Eurya acuminata</i> DC.	Tayot (Ad)	Theaceae	Tree	Fruit	Fruits are eaten raw.	Dye.	Fruits	NE	[89]	1	0.01
<i>Fagopyrum acutatum</i> Mansf. ex K. Hammer	Amintatek (Ad), Hukku (Ny), Temo (Mo)	Polygonaceae	Herb	Leaves, stem, young shoot, fruits	Cooked as vegetable. Medicinal for cold, cholera and diarrhea.		Vegetables	NE	[26], [50], [51], [78], [82], [89], [90]	7	0.10
<i>Fagopyrum esculentum</i> Moench	Huku (Ny), Amintatek/Nupuk/L ompuk (Ad), Brame/Dongthe (Mo), Hoku-Paya (Ta), Tolaina (Ms), Mamey (Bu), Oku/Hukku (Ga)	Polygonaceae	Herb	Leaves, fruit, seed, tender shoot	Leaves, tender shoots and young seeds cooked as vegetable, ripened fruits edible, matured seeds roasted and eaten as snacks. Medicinal for diarrhea, liver disorder, high blood pressure and diabetes.	Medicinal for hemorrhage and eczema.	Vegetables, fruits, medicine, miscellaneo us	NE	[23], [35], [38], [42], [49], [51], [57], [58], [62], [72], [75], [78], [82], [83], [84], [88], [92], [93]	18	0.25
<i>Ficus auriculata</i> Lour.	Phup (Wa), Ote/Taok (Ga), Taw/Hute/Takuk (Ny), Tau (Ta), Aapo-se (DM), Aposi (IM), Tapang /Tong (Ad), Taro (Ap), Nee ri (Tn), Choma (Mo)	Moraceae	Tree	Fruit, leaves	Leaves cooked as vegetable and ripened fruits consumed raw. Medicinal for diarrhea and dysentery.	Cultural rituals, fodder.	Vegetables, fruits, medicine	LC	[23], [27], [32], [33], [39], [47], [48], [49], [51], [62], [72], [78], [80], [84], [86], [87], [89], [92], [93]	19	0.26

<i>Ficus benjamina</i> L.	Warek (Wa), Hare (DM)	Moraceae	Tree	Fruit	Consumed as a food supplement.	Gum for trapping birds.	Fruits	LC	[33]	1	0.01
<i>Ficus cordata</i> Thunb.	Tukuk (Ny)	Moraceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[39]	1	0.01
<i>Ficus curtipes</i> Corner	Nai- sa (Wa), Manag (DM)	Moraceae	Tree	Fruit	Consumed as fruits.	Baits in fishing, cultural ritual.	Fruits	NE	[33]	1	0.01
<i>Ficus cyrtophylla</i> (Miq.) Miq.	Phangnok-rokrang (Wa), Su-ura (DM), Kejik (Ad)	Moraceae	Tree	Fruit, leaves	Consumed as fruits and young leaves are chewed.		Fruits, miscellaneous	LC	[33], [48]	2	0.03
<i>Ficus drupacea</i> Thunb.	Pham (Wa), Hare (DM), Sangrikreboem (Ny)	Moraceae	Tree	Fruit	Consumed as fruits.	Bait for hunting, cultural ritual.	Fruits	LC	[33]	1	0.01
<i>Ficus fistulosa</i> Reinw. ex Blume	Takuk (Ad), Mobopu (Ny)	Moraceae	Tree	Fruit	Consumed as fruits.	Fuelwood.	Fruits	LC	[48], [51]	2	0.03
<i>Ficus fulva</i> Reinw. ex Blume	Phug (No)	Moraceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[85]	1	0.01
<i>Ficus hirsuta</i> Schott	Ta (Ny)	Moraceae	Tree	Fruit	Consumed as fruits.		Fruits	NT	[39]	1	0.01
<i>Ficus hirta</i> Vahl.	Takshin (Ny), Naowtho (Wa), Kokshikyarik (Ta), Takpi/Tapin Tayen (Ad), Siipop, Taksin (Ga)	Moraceae	Tree	Leaves, fruit, bark	Leaves cooked as vegetable, bark for wine preparation and ripened fruits consumed raw or pickled. Medicinal for body weakness.	Wrapper for foodstuff.	Vegetables, beverages, fruits, medicine, miscellaneous	NE	[33], [48], [49], [62], [87], [89], [93]	7	0.10
<i>Ficus hispida</i> L. f.	Naowtho (Wa), Takuk-kokam (Ny), Sap-le (DM), Takpiya /Baachi (Ad), Kuksobelo (Ga)	Moraceae	Tree	Fruit, leaves	Leaves cooked as vegetable and ripened fruits consumed raw. Medicinal for hypoglycemia and diabetes.	Medicinal for burns.	Vegetables, fruits, medicine	LC	[23], [27], [33], [41], [60], [61], [66], [89], [93]	9	0.12
<i>Ficus hookeriana</i> Corner	Saro ayii (Ap)	Moraceae	Tree	Fruit	Consumed as fruits.	Fuelwood, cultural ritual.	Fruits	NE	[80]	1	0.01

<i>Ficus maclellandii</i> var. <i>rhododendrifolia</i> (Miq.) Corner	Ope (Wa)	Moraceae	Tree	Fruit	Consumed as fruits and medicinal for stomach disorder.	Cultural ritual.	Fruits, medicine	NE	[33]	1	0.01
<i>Ficus nervosa</i> Roth.	Aaremba (IM), Porok-takuk (Ga), Tham-pan (Wa)	Moraceae	Tree	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	LC	[33]	1	0.01
<i>Ficus racemosa</i> L.	Phangrok (Wa), Takuk (Ad), Inbung (Ny), Koknangshing (Mo), Hugik (Ga)	Moraceae	Tree	Leaves, fruit, tender shoot	Ripened fruits are edible and tender leaves and shoots cooked as vegetable. Medicinal for bronchitis, diarrhea, cystitis and debility.		Vegetables, fruits, medicine	LC	[23], [33], [37], [53], [61], [78], [89], [93]	8	0.11
<i>Ficus religiosa</i> L.	Takuk (Ga)	Moraceae	Tree	Fruit	Consumed as fruits and medicinal for ulcer.	Gum exudes are used for catching birds, cultural ritual.	Fruits, medicine	NE	[61], [88]	2	0.03
<i>Ficus semicordata</i> Buch.-Ham. ex Sm.	Phuksa- Wangna (Wa), Bay-tala (DM), Ridongsheng (Mo), Takuk (Ny/Ad/Ga), Bim-bo (IM), Takop (Ta), Chatsa (No)	Moraceae	Tree	Fruit	Consumed as fruits. Medicinal for indigestion, constipation, asthma and brain stimulant.		Fruits, medicine	NE	[23], [27], [33], [34], [39], [42], [48], [49], [60], [62], [78], [85], [87], [93]	14	0.19
<i>Ficus squamosa</i> Roxb.	Talagi (Ny)	Moraceae	Tree	Fruit	Consumed as fruits.	Medicinal for pimples.	Fruits	NE	[51]	1	0.01
<i>Ficus subulata</i> Blume	Siireh maloh (Ap)	Moraceae	Shrub	Fruit	Fruit used as food supplement.	Medicinal for sprain of body.	Fruits	LC	[27], [86]	2	0.03
<i>Ficus virens</i> Ait.	Nai (Wa)	Moraceae	Tree	Leaves	Cooked as vegetable.	Medicinal for cuts and wounds. Cultural rituals.	Vegetables	LC	[33]	1	0.01

<i>Fissistigma polyanthum</i> Merr.	Lisu gulo (Ch), Dardo (Ny), Rika Riya (Ad)	Annonaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[23], [49], [89]	3	0.04
<i>Fragaria daltoniana</i> J. Gay	Sa-merp (Mo)	Rosaceae	Herb	Fruit	Ripened fruits are consumed.		Fruits	NE	[78]	1	0.01
<i>Fragaria nubicola</i> Lindl. ex Lacaita	Sa-merp/Sissi (Mo), Aki tayin (Ap)	Rosaceae	Herb	Fruit	Ripened fruits are consumed. Medicinal for cough, fever and profuse menstruation.		Fruits, medicine	NE	[31], [78], [84], [86]	4	0.05
<i>Fragaria vesca</i> L.	Sa-merp (Mo), Suji hench (Ny)	Rosaceae	Herb	Fruit	Consumed as fruits and medicinal for chest inflammation.		Fruits, medicine	NE	[27], [36], [78]	3	0.04
<i>Fritillaria cirrhosa</i> D. Don	Loshu (Mo)	Liliaceae	Herb	Bulb	Cooked as vegetable.		Vegetables	NE	[77]	1	0.01
<i>Galinsoga parviflora</i> Cav.	Tedar Ao (Ny)	Asteraceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Galinsoga quadriradiata</i> Ruiz & Pav.	Salugjang (Mo)	Asteraceae	Herb	Young shoot	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Garcinia cowa</i> Roxb.	Bua (Li), Tabi-Tarak/Tabing Tarak/Tarak (Ad)	Clusiaceae	Tree	Fruit	Consumed as fruits. Medicinal for dysentery, fever and constipation.		Fruits, medicine	NE	[64], [87], [89], [91]	4	0.05
<i>Garcinia kydia</i> Roxb.	Tabyang (Ny)	Clusiaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[39]	1	0.01
<i>Garcinia lanceifolia</i> Roxb.	Takter (Ga), Tarak (Ad)	Clusiaceae	Tree	Fruit	Consumed as fruits and medicinal for stomach disorder and fever.		Fruits, medicine	NE	[27], [29], [89]	3	0.04
<i>Garcinia pedunculata</i> Roxb. ex Buch.-Ham.	Thekera (As), Tabing/Liba (Ad), Liba/Perok titingdo/Liva (Ga), Mibia (Ny)	Clusiaceae	Tree	Fruit	Fruits eaten either raw or along with other vegetables, as salad and pickle. Medicinal for stomach disorder, dysentery and cough.		Fruits, miscellaneous, medicine	NE	[29], [30], [51], [50], [60], [61], [64], [71], [91], [92], [93]	11	0.15
<i>Garcinia sopsopia</i> (Buch.-Ham.) Mabb.	Bua (Li), Tarak/Tabing (Ad)	Clusiaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[48], [64], [89]	3	0.04

<i>Garcinia xanthochymus</i> Hook. f.	Tabi-tarak (Ad)	Clusiaceae	Tree	Fruit	Consumed as fruits and medicinal for stomach problems.		Fruits, medicine	NE	[37], [40]	2	0.03
<i>Gaultheria fragrantissima</i> Wall.	Shegshingmrep (Mo), Shakshin (Me)	Ericaceae	Shrub	Fruit	Consumed as fruits and medicinal for expelling hook worm.	Cultural ritual.	Fruits, medicine	NE	[27], [31], [36], [48], [78]	5	0.07
<i>Gaultheria trichophylla</i> Royle	Aak-mrep (Mo)	Ericaceae	Herb	Fruit	Ripened fruits are consumed.		Fruits	NE	[78]	1	0.01
<i>Gentiana kurroo</i> Royle	Panggin-mento (Mo)	Gentianaceae	Herb	Whole plant	Cooked as vegetable and medicinal for cough.	Medicinal for back pain.	Vegetables, medicine	CR	[77], [78]	2	0.03
<i>Gentiana ornata</i> Wall. & Griseb.	Panggin-mento (Mo)	Gentianaceae	Herb	Flower	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Girardinia diversifolia</i> (Link) Friis	Oguma (Ak/Mo), Tacha/Diming (Ms), Pocheponyo (Ga)	Urticaceae	Herb	Young shoot, leaves	Cooked as vegetable and medicinal for gonorrhoea.	Medicinal for muscular pain. Construction and handicrafts	Vegetables, medicine	NE	[23], [35], [38], [44], [78], [84], [93]	7	0.10
<i>Glochidion multiloculare</i> (Rottler ex Willd.) Voigt	Gam oing (Ad)	Phyllanthaceae	Shrub	Leaves	Cooked as vegetable. Medicinal for chest congestion, indigestion and as abortifacient.		Vegetables, medicine	NE	[26], [75]	2	0.03
<i>Glycosmis pentaphylla</i> (Retz.) DC.	Kedi (Ny)	Rutaceae	Shrub	Fruit	Ripened berries are consumed.		Fruits	LC	[37]	1	0.01
<i>Glycyrrhiza glabra</i> L.	Jashthimadu (Ms)	Fabaceae	Shrub	Stem, leaves	Stem and leaves are chewed raw. Medicinal for cough and throat pain.		Miscellaneous, medicine	NE	[66]	1	0.01
<i>Gmelina arborea</i> Roxb.	Gomori Schein (Ny)	Lamiaceae	Tree	Flower, flower bud, root, bark	Cooked as vegetable. Medicinal for stomach problem, purifying blood and anemia.	Construction and handicrafts	Vegetables, medicine	NE	[46], [50], [51], [58], [92], [94]	6	0.08
<i>Gnaphalium pensylvanicum</i> Willd.	Tap (Ny)	Asteraceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	NE	[23]	1	0.01

<i>Gnaphalium polycaulon</i> Pers.	Paaput (Ad)	Asteraceae	Herb	Leaves	Cooked as vegetable.		Vegetables	LC	[49]	1	0.01
<i>Gnaphalium purpureum</i> L.	Tecep (Ny), Jeebinnyiru (Ga)	Asteraceae	Herb	Whole plant, flower, leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[71], [93]	2	0.03
<i>Gnetum gnemon</i> L.	Phalap ri (Tn)	Gnetaceae	Shrub	Leaves, seed, strobilus, shoot tip	Cooked as vegetable.		Vegetables	LC	[47], [92]	2	0.03
<i>Gnetum montanum</i> Markgr.	Rebab bamje (Ga)	Gnetaceae	Climber	Fruit	Fruits are consumed raw.	Construction and handicrafts	Fruits	LC	[93]	1	0.01
<i>Gonostegia hirta</i> Miq	Oyik (Ad/Ga), Hiipe Hamang (Ap), Pinrapa (Mo), Masaipuk-irap (Bu), Dankuchu (Sa)	Urticaceae	Herb	Tender leaves	Cooked as vegetable.	Medicinal for bone fracture, cut and wounds.	Vegetables	NE	[28], [35], [40], [60], [78], [80]	6	0.08
<i>Grewia serrulata</i> DC.	Litik (Ny)	Malvaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[51]	1	0.01
<i>Gynocardia odorata</i> R.Br.	Baah (No), Sibe turpe (Ad), Sibeng-Tulpai	Achariaceae	Tree	Seed	Cooked as vegetable. Medicinal for expelling intestinal worms, acidity, lupus and tuberculosis.	Medicinal for skin inflammation. Fish poison.	Vegetables, medicine	NE	[41], [48], [58], [71], [75], [85], [87]	7	0.10
<i>Gynura bicolor</i> DC.	Yogen (Ga)	Asteraceae	Herb	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[93], [95]	2	0.03
<i>Gynura cusimbua</i> S. Moore	Gende/Ogen (Ad), Yogin (Ta/Ga), Aglaina (Ms)	Asteraceae	Herb	Tender stem, leaves, flower, tender shoot	Cooked as vegetable.	Medicinal for bone fracture and blood clotting.	Vegetables	NE	[23], [26], [38], [49], [62], [82], [93]	7	0.10
<i>Gynura procumbens</i> Merr.	Ogin tamin (Ga), Tamin (Ny)	Asteraceae	Herb	Young shoot	Cooked or raw in making chutney.		Spices and condiments	NE	[30]	1	0.01

<i>Gypsophila cerastoides</i> D. Don	Geeda Ao (Ap)	Caryophyllaceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Hedychium coccineum</i> Buch.-Ham. ex Sm.	Aemmi Pekchi (Ny)	Zingiberaceae	Herb	Young stem	Cooked as vegetable. Medicinal for asthma, indigestion and anti-microbial.		Vegetables, medicine	NE	[51], [58]	2	0.03
<i>Hedychium densiflorum</i> Wall.	Paapii (Ad/Kh)	Zingiberaceae	Herb	Tender shoot	Cooked as vegetable.		Vegetables	NE	[91]	1	0.01
<i>Hedychium gardnerianum</i> Sheppard ex Ker Gawl.	Bibi (Ad)	Zingiberaceae	Herb	Tender shoot, fruit	Shoots and fruits are edible.		Fruits	NE	[61]	1	0.01
<i>Hedychium spicatum</i> Buch.-Ham. ex Sm.	Telli (Ny)	Zingiberaceae	Herb	Fruit, young shoot	Cooked as vegetable.		Vegetables	NE	[51], [90]	2	0.03
<i>Hedyotis capitellata</i> Wall. ex G. Don	Keling Kejo (Ad)	Rubiaceae	Climber	Leaves, Young shoot	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Hedyotis scandens</i> Roxb.	Arokik/Asirpaye (Ga), Hylibi, Reekhing (Ny)	Rubiaceae	Climber	Leaves	Cooked as vegetable. Medicinal for fever and stomachache.	Medicinal for eye infection, toothache, and bone fracture.	Vegetables, medicine	NE	[45], [49], [50], [60], [64], [71]	6	0.08
<i>Helminthostachys zeylanica</i> (L.) Hook.	Asi Bisi (Ad)	Ophioglossaceae	Herb	Young frond	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Henckelia adenocalyx</i> (Chatterjee) D. J. Middleton & Mich. Moller	Taktupulu (Ga)	Gesneriaceae	Herb	Flower, leaves, tender shoot	Cooked with meat as vegetables.		Vegetables	NE	[93]	1	0.01
<i>Herpetospermum pedunculatum</i> C.B. Clarke	Prola-augun (Mo)	Cucurbitaceae	Climber	Fruit	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Hodgsonia heteroclita</i> Hook. f. & Thomson	Thersa ru (Me), Tatar (Ad)	Cucurbitaceae	Climber	Seed	Roasted seeds eaten and seed oil edible.		Fruits, miscellaneous	NE	[61]	1	0.01

<i>Hodgsonia macrocarpa</i> Cogn.	Tatar (Ta/Ga), Pie (Tn), Tatar Api (Ad), Pih/Pai (No)	Cucurbitaceae	Climber	Seed, fruit	Seeds eaten raw or cooked and pulpy fruits eaten.		Fruits	NE	[47], [49], [62], [85], [92], [93]	6	0.08
<i>Holboellia latifolia</i> Wall.	Shulumba (Mo)	Berberidaceae	Climber	Fruit	Consumed as fruits.		Fruits	NE	[27], [45], [78]	3	0.04
<i>Homalomena aromatica</i> Schott	Uenge (Me), Tabengerik (Ra), Uenge (Ad/Kh)	Araceae	Herb	Rhizome	Cooked as vegetable. Medicinal for dysentery, stomach ache and diabetes.		Vegetables, medicine	NE	[31], [50], [91]	3	0.04
<i>Hornstedtia arunachalensis</i> S. Tripathi & V. Prakash	Beelak (Ga)	Zingiberaceae	Herb	Fruit	Ripened fruit are consumed raw.		Fruits	NE	[93]	1	0.01
<i>Horsfieldia kingii</i> (Hook. f.) Warb.		Myristicaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[92]	1	0.01
<i>Houttuynia cordata</i> Thunb.	Masandari (Ms), Namsune mih/Moyum-kneme/Hicha kaya (Ga), Roram (Ad), Hiya/Honya/Hongye a/Checha Peya (Ny), Siiya hamang (Ap), Nekir name (Si), Tufo (Ak), Hiingya (Ta), Gomelum (Li), Amkhalai (Ms), Mreptang/Momare nga (Mo), Lorum (Me), Thalaai naam (Tn), Tham Nam (No), Matring (Bu), Chumong (Sa)	Saururaceae	Herb	Tender shoot, leaves, root, flower	Consumed raw as salad or chutney or cooked as vegetable. Medicinal for indigestion, constipation, dysentery, headache, jaundice, tonsillitis, as health tonic, measles, cancer and pneumonia.		Vegetables, spices and condiments, medicine	NE	[23], [25], [26], [29], [30], [31], [34], [35], [36], [38], [39], [40], [41], [42], [43], [44], [46], [47], [49], [50], [51], [52], [53], [55], [58], [61], [62], [64], [66], [68], [70], [71], [73], [75], [78], [80], [81], [82], [84], [85], [89], [90], [91], [93]	44	0.60

<i>Hovenia acerba</i> Lindl.		Rhamnaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[92]	1	0.01
<i>Hydrangea robusta</i> Hook. f. & Thomson	Takmi (Ad), Ao Hagmi (Ny)	Hydrangeaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[51], [72], [82]	3	0.04
<i>Hydrocotyle javanica</i> Thunb.	Othu (Ak), Kojak-Rotak (Ta), Barung (Ny), Hiibyo (Ap), Gu-sa (No), Kojak rotak (Ga)	Araliaceae	Herb	Whole plant, leaves, root, tender shoot	Cooked as vegetable and raw as chutney. Medicinal for stomach ache.	Antidote against snake bite.	Vegetables, spices and condiments, medicine	LC	[44], [62], [71], [78], [80], [85], [93]	7	0.10
<i>Hydrocotyle sibthorpioides</i> Lam.	Manni Ao (Ga)	Araliaceae	Herb	Leaves	Cooked as vegetable and chutney. Medicinal for gastritis.	Fish poison.	Vegetables, spices and condiments, medicine	LC	[30], [60], [88]	3	0.04
<i>Hypericum uralum</i> Buch.-Ham. ex D. Don	Jasheng (Mo)	Hypericaceae	Shrub	Leaves	Fermented leaves used as tea leaves.		Beverages	NE	[78]	1	0.01
<i>Illicium griffithii</i> Hook. f. & Thomson	Lisi/Munshing (Mo), Taihelang (Ap), Lishi (Me)	Schisandraceae	Tree	Seed, flower, fruit	Consumed as spice and condiment. Medicinal for improving appetite, carminative, cough, asthma and stomach disorder.		Spices and condiments, medicine	EN	[30], [31], [35], [36], [48], [68], [78], [92]	8	0.11
<i>Impatiens bracteolata</i> Hook. f.	Nanor tangkor (Ad)	Balsaminaceae	Herb	Tender shoot	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Impatiens racemosa</i> DC.	Nanor tangkor (Ad), Aki tai Hamang (Ap), Nyamchi/Chacheny anye (Ga), Nyamche (Ta), Choyom/Yemchee (Ny)	Balsaminaceae	Herb	Leaves, flower, tender shoot	Cooked as vegetable.		Vegetables	NE	[51], [71], [80], [81], [93]	5	0.07
<i>Impatiens scabrada</i> DC.	Namcho (Ny)	Balsaminaceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Impatiens tripetala</i> Roxb. & DC.	Leangm (Ny)	Balsaminaceae	Herb	Leaves	Cooked as vegetable and medicinal for improving appetite.		Vegetables, medicine	NE	[71]	1	0.01

<i>Ipomoea aquatica</i> Forssk.	Karmi sag (Ms)	Convolvulaceae	Climber	Tender leaves	Cooked as vegetable.	Medicinal for better eye sight.	Vegetables	LC	[66]	1	0.01
<i>Justicia adhatoda</i> L.	Vasaca (As)	Acanthaceae	Shrub	Tender leaves	Cooked as vegetable.		Vegetables	NE	[61]	1	0.01
<i>Laphangium affine</i> (D. Don) Tzvelev	Tikpeyingm (Ny), Paput (Ad)	Asteraceae	Herb	Leaves	Consumed raw as salad. Medicinal for diarrhea and urinary problem.	Medicinal for body ache.	Vegetables, medicine	NE	[40], [42], [49], [69], [70]	5	0.07
<i>Laportea bulbifera</i> (Siebold & Zucc.) Wedd.	Hotupoga (Ga)	Urticaceae	Herb	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[93]	1	0.01
<i>Lasia spinosa</i> (L.) Thwaites	Hamwey (Tn), Hikrubu (Ga)	Araceae	Herb	Leaves, rhizome, young shoot	Cooked as vegetable. Medicinal for expelling intestinal worm, acidity and menstrual cramps.		Vegetables, medicine	LC	[23], [29], [47], [60], [92]	5	0.07
<i>Leea guineensis</i> G. Don	Kath thengia (As)	Vitaceae	Shrub	Fruit	Ripen fruits are consumed raw.		Fruits	NE	[37]	1	0.01
<i>Leea indica</i> (Burm. f.) Merr.	Rogang (Ad), Demborang Sagne (Ta), Talu	Vitaceae	Shrub	Fruit	Ripen fruits are consumed. Medicinal for dysentery and fever.	Medicinal for muscle pain.	Fruits, medicine	LC	[48], [51], [87]	3	0.04
<i>Leea macrophylla</i> Roxb.	Kath thengia (As)	Vitaceae	Shrub	Fruit	Ripen fruits are eaten raw.		Fruits	NE	[37]	1	0.01
<i>Lepidium virginicum</i> L.	NA	Brassicaceae	Herb	Seed, leaves	Leaves are eaten as salad and seeds as condiment.		Vegetables, spices and condiment	NE	[78]	1	0.01
<i>Leucas aspera</i> Link	Niachetse (Ak), Ngonshing (Mo), Paan-kam (No)	Lamiaceae	Herb	Tender leaves, shoot	Cooked as vegetable and medicinal for headache.	Medicinal for sinusitis.	Vegetables, medicine	NE	[44], [78], [85]	3	0.04
<i>Leucas zeylanica</i> (L.) R. Br.	Drona (Ms)	Lamiaceae	Herb	Leaves	Cooked as vegetable. Medicinal for pneumonia and menstrual disorder.	Medicinal for sinusitis, ulcer.	Vegetables, medicine	NE	[66]	1	0.01
<i>Leucosceptrum canum</i> Sm.	Toti (Ad)	Lamiaceae	Shrub	Inflorescence	Inflorescence are edible.		Fruits	NE	[49]	1	0.01

<i>Limacia oblonga</i> Miers	Titmilie (Ny), Titngali (Ga)	Menispermaceae	Climber	Fruit	Ripen fruits are edible.		Fruits	NE	[39], [51], [72], [93]	4	0.05
<i>Lindenbergia hookeri</i> C. B. Clarke ex Hook. f.	NA	Orobanchaceae	Shrub	Flower	Consumed as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Lindera neesiana</i> Kurz	Lungkarmasing (Mo), Kusus Siin (Ny)	Lauraceae	Tree	Fruit	Consumed as condiments. Medicinal for diarrhea and expelling stomach worms.	Medicinal for scabies.	Spices and condiments, medicine	LC	[36], [53], [71]	3	0.04
<i>Lindera pulcherrima</i> (Nees) Benth. ex Hook. f.	Sangmer (Mo)	Lauraceae	Tree	Fruit	Edible oil.		Miscellaneous	NE	[83]	1	0.01
<i>Lithocarpus pachyphyllus</i> Rehder	Sankhe (Ap)	Fagaceae	Tree	Fruit	Consumed as fruits and medicinal for indigestion.		Fruits, medicine	NE	[86]	1	0.01
<i>Litsea cubeba</i> Pers.	Tayer/Taier (Ad/Ny/Ta), Santero (Ap), Alup si (Ms), Nge/Nyangshing (Mo), Nya (Me), Roli (Ra), Tayer/Taier/Ischi Tak-ke ame (Ga), Raayil	Lauraceae	Tree	Fruit, seed, leaves	Fruits and seeds boiled or raw as chutney, dried as spices and leaves in tea. Medicinal for indigestion, cough, dysentery, worm infection, as astringent, antiseptic and anti-inflammatory.		Spices and condiments, beverages, medicine	NE	[25], [28], [29], [30], [31], [32], [35], [36], [38], [39], [40], [48], [49], [51], [52], [53], [58], [60], [62], [68], [71], [72], [73], [78], [80], [81], [82], [83], [87], [88], [93]	31	0.42
<i>Litsea doshia</i> (D. Don) Kosterm.	TA-tong (Ny)	Lauraceae	Tree	Fruit	Consumed as chutney.		Spices and condiments	NE	[39]	1	0.01
<i>Litsea glutinosa</i> (Lour.) C. B. Rob.	NA	Lauraceae	Tree	Fruit	Consumed as chutney.	Construction and handicrafts,	Spices and condiments	NE	[68]	1	0.01

						fodder, fencing.					
<i>Litsea lancifolia</i> Fern.-Vill.	Take more (Ga)	Lauraceae	Tree	Seed, leaves	Cooked as vegetable and chutney.		Vegetables, spices and condiments	LC	[30]	1	0.01
<i>Litsea salicifolia</i> Hook. f.	Tanyik Sangne/Hara/Taor (Ny)	Lauraceae	Tree	Fruit	Consumed as chutney.	Medicinal for bone fracture, abscesses.	Spices and condiments	LC	[51], [71]	2	0.03
<i>Livistona jenkinsiana</i> Griff.	Te-ek/Ta-ek (Ga), Tadek (Ad), Taak (Ta)	Arecaceae	Tree	Fruit, seed	Ripen fruits eaten as chutney and seeds eaten raw as mouth freshener. Medicinal for stomach ailment.	Construction and handicrafts	Spices and condiments, medicine	LC	[23], [27], [32], [49], [60], [62], [68], [70], [83], [87], [93]	11	0.15
<i>Lycianthes laevis</i> (Dunal) Bitter	Hoka-baya (Ga)	Solanaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[93]	1	0.01
<i>Maclura cochinchinensis</i> (Lour.) Corner	NA	Moraceae	Tree	Fruit	Consumed raw or ripen as fruit.		Fruits	NE	[48]	1	0.01
<i>Maesa chisia</i> D. Don	NA	Primulaceae	Shrub	Fruit	Consumed as fruit.		Fruits	NE	[48]	1	0.01
<i>Maesa indica</i> (Roxb.) Sweet	Chonium (Ny), Baching (Ap), Etjun Jayun (Ad)	Primulaceae	Shrub	Fruit, tender shoot	Ripened fruit edible and tender shoot as vegetable.		Fruits, vegetables	NE	[23], [37], [39], [46], [49]	5	0.07
<i>Maesa japonica</i> (Thunb.) Moritzi ex Zoll.	Ko-Kebung	Primulaceae	Shrub	Fruit	Consumed as fruits.	Medicinal for itching.	Fruits	NE	[87]	1	0.01
<i>Maesa montana</i> A. DC.	Nyanur/Eyum-jajum (Ad)	Primulaceae	Shrub	Tender stem, fruit	Consumed as fruit and vegetable.	Medicinal for body pain. Cultural ritual.	Fruits, vegetables	LC	[32]	1	0.01
<i>Magnolia campbellii</i> Hook. f. & Thomson	Wanggung (Mo)	Magnoliaceae	Tree	Flower	Cooked as vegetable.		Vegetables	LC	[38], [78]	2	0.03
<i>Magnolia champaca</i> (L.) Baill. ex Pierre	Salyo (Ap), Singyongpopin (Me)	Magnoliaceae	Tree	Fruit	Consumed raw or ripen as fruit or cooked as vegetable. Medicinal	Fuelwood, construction	Fruits, vegetables, medicine	LC	[25], [31], [48], [66], [68], [73],	9	0.12

					for stomach ache, fever, cold and constipation.	and handicrafts			[78], [80], [91]		
<i>Magnolia hodgsonii</i> (Hook. f. & Thomson) H. Keng	Aao Kuan (No), Dokum-blum (Ny)	Magnoliaceae	Tree	Fruit	Consumed as fruits.	Medicinal for toothache.	Fruits	LC	[39], [85]	2	0.03
<i>Magnolia lanuginosa</i> (Wall.) Figlar & Noot.	Khumang (Me)	Magnoliaceae	Tree	Leaves, fruit	Leaves cooked as vegetable and fruits eaten raw.		Vegetables, fruits	LC	[61]	1	0.01
<i>Magnolia oblonga</i> (Wall. ex Hook.f. & Thomson) Figlar	Serio-asing/Salyo (Ap)	Magnoliaceae	Tree	Fruit	Consumed as fruits or eaten as chutney.	Fuelwood.	Fruits, spices and condiments	DD	[30], [80]	2	0.03
<i>Mahonia napaulensis</i> DC.	Tamen/Taming/Thaming (Ap), Tsotsheng (Mo)	Berberidaceae	Shrub	Fruit, bark, stem	Consumed raw or ripen as fruit and medicinal for dysentery.	Medicinal for toothache, wounds, itching. Dyes, cultural ritual.	Fruits, medicine	LC	[23], [25], [27], [35], [73], [78], [80], [86]	8	0.11
<i>Maianthemum purpureum</i> (Wall.) LaFrankie	Yoh (Mo)	Asparagaceae	Herb	Tender stem, shoot	Cooked as vegetable.		Vegetables	NE	[79], [96]	2	0.03
<i>Malus sikkimensis</i> (Wenz.) Koehne ex C. K. Schneid.	I-k-malang (Sj Mo)	Rosaceae	Tree	Fruit	Ripened fruit are consumed.		Fruits	NE	[78]	1	0.01
<i>Malva parviflora</i> L.	Boecham (Br Mo)	Malvaceae	Herb	Tender leaves	Cooked as vegetable.		Vegetables	DD	[78]	1	0.01
<i>Malva verticillata</i> L.	Boecham (Br Mo)	Malvaceae	Shrub	Tender leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Mangifera sylvatica</i> Roxb.	Ses (Li), Aru (Me), Jat Aam (Tn), Tagol (Ny), Jharbuo aam (Ch), Motum Toggu (Ta), Tagung (Ad), Monaam-Tagung, Motum-taggu	Anacardiaceae	Tree	Fruit	Ripen fruits consumed raw and unripe fruits as pickle. Medicinal for diarrhea.		Fruits, miscellaneous, medicine	NE	[23], [47], [48], [49], [51], [61], [64], [87], [92], [93]	10	0.14

<i>Meconopsis paniculata</i> (D. Don) Prain	Upal (Mo)	Papaveraceae	Herb	Whole plant, seeds	Cooked as vegetable and seeds are eaten raw.		Vegetables, fruits	LC	[38], [78]	2	0.03
<i>Medinilla assamica</i> (C. B. Clarke) C. Chen	Lota phukala (Ad)	Melastomataceae	Shrub	Stem	Stem chewed for juice.		Miscellaneous	NE	[61], [92]	2	0.03
<i>Melastoma malabathricum</i> L.	Pudiraju/Di-sengn/Dai-Hitae/Enchi/Dai dasa (Ny), Kajirai (Ad), Akysanyi (Ap), Raja/Acha kaya (Ga), Dai-Dasa (Ta), Kengjang (Tn), Kesi-Yayi	Melastomataceae	Shrub	Fruit, flower, leaves	Ripened fruits are consumed. Medicinal for dysentery and jaundice.	Medicinal for wound healing, itching. Dye, cultural ritual.	Fruits, medicine	NE	[23], [25], [27], [29], [37], [39], [47], [49], [51], [60], [61], [62], [69], [71], [72], [73], [78], [86], [87]	19	0.26
<i>Melia superba</i> Roxb.	Blum (Su)	Meliaceae	Tree	Fruit	Consumed as fruits and medicinal for malaria.		Fruits, medicine	NE	[39]	1	0.01
<i>Meliosma rhoifolia</i> var. <i>barbulata</i> (Cufod.) Y.W. Law	Nammu-nama (Ga)	Sabiaceae	Tree	Leaves	Cooked as vegetable.		Vegetables	LC	[93]	1	0.01
<i>Metathelypteris gracilescens</i> (Blume) Ching	Rudtak (Ad)	Thelypteridaceae	Herb	Young frond	Used in fermentation of Apong.	Medicinal for cut and wounds, body pain, itchiness.	Beverages	NE	[72]	1	0.01
<i>Meyna spinosa</i> Roxb. ex Link	Pobon gulo (Ch)	Rubiaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[23]	1	0.01
<i>Meyna laxiflora</i> Robyns		Rubiaceae	Tree	Fruit	Ripened fruits are edible and medicinal as abortifacient.		Fruits, medicine	NE	[29], [92]	2	0.03
<i>Milium macrocarpa</i> Hook. f. & Thomson	Shyam roma (Mo)	Annonaceae	Tree	Fruit	Ripen fruits are consumed.		Fruits	NE	[27]	1	0.01
<i>Mitracarpus hirtus</i> DC.	Talu (Ny)	Rubiaceae	Herb	Young shoot, leaves	Cooked as vegetable.		Vegetables	NE	[51], [71]	2	0.03

<i>Molineria capitulate</i> Herb.	Loli (Ap), Doik/Doyak (Ny), Royek (Ga)	Hypoxidaceae	Herb	Fruit	Ripen fruits are consumed and medicinal for stomach ache.	Medicinal for wound.	Fruits, medicine	NE	[51], [71], [73], [93]	4	0.05
<i>Morus australis</i> Poir.	Latak (Ny)	Moraceae	Tree	Fruit	Ripened fruit are consumed.		Fruits	NE	[39]	1	0.01
<i>Morus indica</i> L.	Latek (Ny), Ashihushi (IM)	Moraceae	Tree	Fruit	Ripened berries are consumed.	Fuelwood, fencing.	Fruits	NE	[23], [51], [71]	3	0.04
<i>Morus macroura</i> Miq.	Anga-taye-changne (Ny), Bola (Wa)	Moraceae	Tree	Fruit	Ripened fruits are consumed. Medicinal for cough, fever, headache and anthelmintic.	Medicinal for eczema, eye infection. Fodder, sericulture, construction and handicrafts	Fruits, medicine	NE	[33], [50]	2	0.03
<i>Musa acuminata</i> Colla	Kulu (Ny), Lamraep (Mo)	Musaceae	Herb	Fruit	Ripened fruits are edible and unripe fruit cooked as vegetable. Medicinal for anemia, diarrhea, ulcer and menstrual cramp.		Fruits, vegetables	NE	[51], [58], [72], [78], [82]	5	0.07
<i>Musa aurantiaca</i> G. Mann ex Baker	Nyaprom (Tn), Dumji (Ad)	Musaceae	Herb	Inflorescence	Cooked as vegetable and as chutney.	Fodder.	Vegetables, spices and condiments	LC	[47], [49]	2	0.03
<i>Musa sanguinea</i> Hook. f.	Kamchi (Tn)	Musaceae	Herb	Inflorescence	Cooked as vegetable and as chutney.		Vegetables, spices and condiments	LC	[47]	1	0.01
<i>Musa velutina</i> H.Wendl. & Drude	Kodok sin (Ny), Akom bo (IM), Kol (Ap), Kodok-kolok (Ga)	Musaceae	Herb	Fruit, spathe, stem, inflorescence	Ripen fruits are consumed and inflorescence and stem cooked as a vegetable. Medicinal for indigestion, stomach ache, diarrhea and dysentery.		Fruits, vegetables, medicine	LC	[29], [51], [61], [68], [71], [73], [74], [86], [93]	9	0.12

<i>Mussaenda glabrata</i> Hutch. ex Gamble	Palaphan (Ms), Takteng (Ad)	Rubiaceae	Shrub	Tender stem, leaves	Cooked as vegetable and medicinal for stomach ulcer.	Medicinal for mouth ulcer, wounds.	Vegetables, medicine	NE	[38], [49]	2	0.03
<i>Mussaenda roxburghii</i> Hook. f.	Taksap (Ap), Tangmeng (Ad), Lebathu (Ak), Hak- Paum (Ta), Eshi- Hagmi (Ny), Takmii/Taksap (Ga)	Rubiaceae	Shrub	Young leaves, shoot, bract, flower	Cooked as vegetable. Medicinal for gastritis, fever, blood pressure and liver problem.	Medicinal for blood clotting.	Vegetables, medicine	NE	[23], [26], [44], [49], [51], [52], [58], [60], [62], [72], [78], [79], [82], [90], [92], [93]	16	0.22
<i>Mycetia longifolia</i> Kuntze	Tangmge (Ny), Takmen (Ga)	Rubiaceae	Shrub	Leaves	Cooked as vegetable. Medicinal for ulcer and as antinociceptive.	Medicinal for body pain, inflammatio n, wound	Vegetables	NE	[51], [58], [72], [82], [93]	5	0.07
<i>Myrica esculenta</i> Buch.-Ham. ex D. Don	Baching (Ap), Tatir (Ad), Jonri (No), Ketir	Myricaceae	Tree	Fruit	Ripen fruits are eaten raw or made into pickle. Medicinal for indigestion, jaundice and headache.	Medicinal for skin disease.	Fruits, miscellaneo us, medicine	NE	[23], [25], [27], [48], [49], [73], [80], [83], [85], [86], [87], [92]	12	0.16
<i>Nasturtium microphyllum</i> Boenn. ex Rchb.	Sitong pettu (Ad)	Brassicaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Nasturtium officinale</i> R. Br.	Silang Sag (Mo), Merek-mare (Bu), Asak doho (Sa)	Brassicaceae	Herb	Tender shoot	Cooked as vegetable.	Fodder.	Vegetables	NE	[35], [38], [78], [84]	4	0.05
<i>Neocinnamomum caudatum</i> (Nees) Merr.	Tej pat (Ny)	Lauraceae	Tree	Bark	Consumed as spice.		Spices and condiments	LC	[30]	1	0.01
<i>Nepeta connata</i> Royle ex Benth.	NA	Lamiaceae	Herb	Flower, seed	Consumed raw as condiments.		Spices and condiments	NE	[78]	1	0.01
<i>Nephelium lappaceum</i> L.	Haicha (Tn), Chaanri (No), Tadar (Ga)	Sapindaceae	Shrub	Fruit	Ripen/unripen fruit are eaten raw.		Fruits	NE	[47], [85], [93]	3	0.04

<i>Nephelium ramboutan-ake</i> (Labill.) Leenh.	Tadar (Ad)	Sapindaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[49]	1	0.01
<i>Nephrolepis cordifolia</i> (L.) C. Presl	Hidum Uli (Ad)	Nephrolepidaceae	Herb	Rhizome	Consumed raw to quench thirst.		Miscellaneous	NE	[49]	1	0.01
<i>Nephrolepis exaltata</i> (L.) Schott	Tu tala Shabrang/arik pap (Ms)	Nephrolepidaceae	Herb	Fruit	Consumed raw to quench thirst. Medicinal for urinary infection and abnormal discharges.		Miscellaneous, medicine	NE	[38]	1	0.01
<i>Oenanthe javanica</i> DC.	Bubu/Barn/Kebunamul/Babon (Ny), Aguhama/Hiigu hamang (Ap), Szhing-hru (Mo), Dhangbing (Sa)	Apiaceae	Herb	Whole plant, young shoot	Consumed raw as salad or cooked as vegetable. Medicinal for insomnia, indigestion, high blood pressure and chest pain.		Vegetables, medicine	NE	[23], [30], [35], [42], [51], [52], [71], [73], [78], [80], [82], [96]	12	0.16
<i>Oldenlandia diffusa</i> (Willd.) Roxb.	Taken Tamen (Ad)	Rubiaceae	Herb	Young shoot	Cooked as vegetable.		Vegetables	LC	[89]	1	0.01
<i>Onosma hookeri</i> C. B. Clarke	Grimakpa (Mo)	Boraginaceae	Herb	Stem	Stems are consumed.		Miscellaneous	LC	[78]	1	0.01
<i>Ophioglossum reticulatum</i> L.	Ayoborkok (Ad)	Ophioglossaceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Ophiopogon intermedius</i> D. Don	Domseu (Mo)	Asparagaceae	Herb	Fruit, tuber	Consumed as fruits.		Fruits	LC	[78]	1	0.01
<i>Ophiorrhiza fasciculata</i> D. Don	Akhap (Ad)	Rubiaceae	Shrub	Tender leaves, fruit	Leaves cooked as vegetable and ripened fruits are consumed.		Vegetables, fruits	NE	[61]	1	0.01
<i>Oreocnide integrifolia</i> (Gaudich.) Miq.	Pokeerjali (Ny)	Urticaceae	Shrub	Stem	Stems are chewed raw.		Miscellaneous	NE	[51]	1	0.01
<i>Oroxylum indicum</i> (L.) Benth. ex Kurz	Salsali (Mo), Domiir etkung (Ad)	Bignoniaceae	Tree	Flower, tender leaves, flower bud	Flower cooked as vegetable. Medicinal for sinusitis, liver problem, stomach ache, rheumatism, tuberculosis, malaria, cancer, jaundice and fever.	Medicinal for inflammation.	Vegetables, medicine	NE	[40], [46], [50], [55], [58], [66], [68], [78], [92]	9	0.12

<i>Osbeckia chinensis</i> L.	Branglaga sing (Me)	Melastomataceae	Shrub	Tender leaves	Cooked as vegetable.		Vegetables	NE	[61]	1	0.01
<i>Osbeckia nepalensis</i> Hook.	Pudirasa (Ny), Mamang appun (Ad)	Melastomataceae	Shrub	Fruit	Ripened fruit are consumed.		Fruits	NE	[51], [61], [72]	3	0.04
<i>Osbeckia nutans</i> Wall.	Jikenemi/Dai (Ny), Jike-nemi (Ga)	Melastomataceae	Shrub	Fruit	Ripened fruit are consumed.	Cultural rituals.	Fruits	NE	[51], [71], [72], [93]	4	0.05
<i>Osbeckia stellata</i> Buch.-Ham. ex D. Don.	Didasa (Ny)	Melastomataceae	Shrub	Fruit	Ripened fruit are consumed.		Fruits	NE	[71]	1	0.01
<i>Oxalis acetosella</i> L.	Pak Huku (Ny)	Oxalidaceae	Herb	Whole plant	Raw or cooked as vegetable.	Medicinal for cuts and wounds.	Vegetables	NE	[51], [78]	2	0.03
<i>Oxalis corniculata</i> L.	Piak lip/Piyakiyu/Phakep /Kurum (Ad), Okhui hamang/ Ohokhuhii (Ap), Amrul/Phagiyup (Ny), Pulung sukhu (Ak/Mo), Kurum (Me/Kh), Kubungatchu (Ra), Nanchirikmu (Sa)	Oxalidaceae	Herb	Leaves, flower, fruit, whole plant	Raw or cooked as vegetable and chutney. Medicinal for improving appetite, diarrhea, dysentery, jaundice, scabies and anemia.	Medicinal for blood clotting, conjunctivitis.	Vegetables, medicine	NE	[23], [25], [26], [31], [34], [35], [38], [39], [40], [44], [46], [49], [51], [58], [61], [71], [73], [78], [80], [91]	20	0.27
<i>Oxalis debilis</i> Kunth	Khui hamang (Ap)	Oxalidaceae	Herb	Leaves, flower, fruit	Raw or cooked as vegetable.	Medicinal for cuts and wounds.	Vegetables	NE	[51], [73], [78]	3	0.04
<i>Oxalis debilis</i> var. <i>corymbosa</i> (DC.) Lourteig	Piyag Miu (Ad), Tata nana (Ga)	Oxalidaceae	Herb	Whole plant, flower, leaves, root, tender shoot	Raw or cooked in chutney and roots are consumed raw.		Spices and condiments, fruits	NE	[49], [93]	2	0.03
<i>Oxalis griffithii</i> Edgew. & Hook. f.	Piwaj Ekum (Ad)	Oxalidaceae	Herb	Leaves	Consumed raw and medicinal for cough,		Medicine	NE	[75]	1	0.01

					chest congestion, liver disorder and diabetes.						
<i>Oxyria digyna</i> Hill	Lugsho (Br Mo)	Polygonaceae	Herb	Leaves	Eaten raw or cooked as vegetable and medicinal for digestion.	Medicinal for inflammation and wounds.	Vegetables, medicine	NE	[77], [78]	2	0.03
<i>Oxyspora cernua</i> Hook. f. & Thomson ex Triana	NA	Melastomataceae	Shrub	Stem	Chewed raw.		Miscellaneous	NE	[51]	1	0.01
<i>Oxyspora paniculata</i> DC.	Porkejale/Dasa (Ny), Peko-jalo (Ga)	Melastomataceae	Shrub	Fruit, stem, tender stem	Ripened fruits are edible and stems consumed as mouth freshener. Medicinal for liver disorder and stomach problem.	Antidote against snake bite.	Vegetables, medicine	NE	[58], [60], [72], [78], [93]	5	0.07
<i>Paederia foetida</i> L.	Phadobas lodi/Paritaru/gandhali (Ap), Aape-tare (Ga), Shejlaojneya (Mo/Ak), Raonam (Tn), Yepi Ribung/Epe riong (Ad)	Rubiaceae	Climber	Leaves, stem, tender shoot	Consumed as vegetable and salad. Medicinal for urinary problem, gastritis, asthma, stomach ache, insomnia, hypertension and chest pain.	Medicinal for tooth ache.	Vegetables, medicine	NE	[23], [29], [30], [40], [41], [43], [44], [45], [46], [47], [49], [50], [55], [58], [61], [70], [71], [73], [75], [78], [80], [89], [91], [93]	24	0.33
<i>Panax bipinnatifidus</i> Seem.	Mud Pigri (Ny), Zansang (Ap), Gainsing (Ad), Pagru (Ta), Miiitum angina (Ga)	Araliaceae	Herb	Fruit, root, leaves, stem	Consumed raw and medicinal for lung and liver inflammation, ulcer, aphrodisiac and health tonic.		Medicine	NE	[36], [78], [81], [96]	4	0.05
<i>Panax bipinnatifidus</i> var. <i>angustifolius</i> (Burkill) J. Wen	Mud Siw Pigri (Ny), Zansang (Ap), Gainsing (Ad), Pagru	Araliaceae	Herb	Fruit	Ripened fruits eaten raw and medicinal for ulcer, health tonic.		Fruits, medicine	NE	[36], [81], [86]	3	0.04

	(Ta), Miitum angina (Ga)										
<i>Pandanus furcatus</i> Roxb.	Tako (Ad), Kushikkuyik (Ga)	Pandanaceae	Tree	Seed, leaves, stem, root	Consumed raw as fruit and medicinal for dysentery and aphrodisiac.	Antidote against snake bites, construction and handicrafts	Fruits, medicine	NE	[24], [32], [49], [93]	4	0.05
<i>Pandanus martinianus</i> Nadaf & Zanan	Kushik (Ga)	Pandanaceae	Shrub	Seed	Consumed raw as fruit.		Fruits	LC	[93]	1	0.01
<i>Pandanus odoratissimus</i> L. f.	Taku	Pandanaceae	Tree	Fruit	Consumed as fruits.	Medicinal for skin diseases.	Fruits	NE	[87]	1	0.01
<i>Parathelypteris glanduligera</i> (Kunze) Ching	Rukdik (Ad)	Thelypteridaceae	Herb	Whole plant	Used in preparing local wine.		Beverages	NE	[72]	1	0.01
<i>Paris polyphylla</i> Sm.	Mutum Enge (Ny), Mungong (Mo), Kangkom Oying/Orpo (Ad), Kala Katchu or Jungli Katchu (Ap)	Melanthiaceae	Herb	Leaves, fruit, rhizome	Consumed raw as fruit. Medicinal for chest inflammation, blood purification and stomach ache.	Medicinal for scabies and ulcers.	Fruits, medicine	NE	[31], [35], [36], [49], [81], [85], [86], [89], [91]	9	0.12
<i>Parthenocissus semicordata</i> Planch.	Yang riim (Me), Riying (Ad)	Vitaceae	Climber	Fruit	Consumed as fruits.		Fruits	NE	[61]	1	0.01
<i>Passiflora nepalensis</i> Walp.	Meya (As)	Passifloraceae	Climber	Fruit	Cooked as vegetable.		Vegetables	NE	[23]	1	0.01
<i>Pegia nitida</i> Colebr.	Redin, Tam (Ny)	Anacardiaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[51], [39]	2	0.03
<i>Perilla frutescens</i> (L.) Britton	Namdung (Ad), Tining (Ap), Tanamnamdu (Ny), Tanamnamji (Ta) Namdu (Ga)	Lamiaceae	Shrub	Seed	Consumed as spice. Medicinal for headache, fever, asthma and nausea.		Spices and condiments, medicine	NE	[30], [41], [49], [50], [51], [58], [62], [69], [71], [73], [75], [80], [93]	13	0.18
<i>Peristrophe bivalvis</i> Merr.	Taging-hamang (Ap)	Acanthaceae	Herb	Leaves	Consumed as vegetable.		Vegetables	NE	[39]	1	0.01

<i>Persea fructifera</i> Kosterm.	Techir Shein (Ny)	Lauraceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[51]	1	0.01
<i>Persea odoratissima</i> (Nees) Kosterm.	Tulin (Ad/Kh)	Lauraceae	Tree	Fruit	Cooked as chutney.		Spices and condiments	NE	[91]	1	0.01
<i>Persicaria capitata</i> (Buch.-Ham ex D. Don) H. Gross	Babing Kaling (Ad), Amin taktak (Ga)	Polygonaceae	Herb	Fruit, flower	Ripened fruits edible, flowers and fruits cooked as vegetable.	Fodder.	Fruits, vegetables	NE	[49], [93]	2	0.03
<i>Persicaria chinensis</i> (L.)H. Gross	Jampera (Mo), Sahai (Tn), Chabele (Li), Jampera (Ak) Okung (Ad), Amin taktak (Ga)	Polygonaceae	Herb	Leaves, stem, flower, fruit	Cooked as vegetable. Medicinal for cold and urinary problem.	Medicinal for cuts and wounds.	Vegetables, medicine	LC	[23], [29], [39], [40], [44], [47], [64], [78], [79], [82], [89], [93]	12	0.16
<i>Persicaria hydropiper</i> (L.) Delarbre	Kotsomang (Me)	Polygonaceae	Herb	Leaves, fruit	Tender leaves cooked as vegetable and ripe fruits are edible.	Fish poison.	Vegetables, fruits	NE	[53], [61], [68]	3	0.04
<i>Persicaria nepalensis</i> (Meisn.) Miyabe	Ruri/Uyushayan/Okung (Ad), Roli hamang (Ap), Yarung (Ny), Mejia daro aga (Ch)	Polygonaceae	Herb	Leaves, stem, young shoot	Cooked as vegetable.		Vegetables	NE	[23], [30], [39], [71], [72], [82], [89]	7	0.10
<i>Phlogacanthus thysiflorus</i> Nees	Pilamola	Acanthaceae	Shrub	Flower, flower bud	Cooked as vegetable. Medicinal for malaria, cough, asthma and stomach problem.		Vegetables, medicine	NE	[51], [58], [66], [92]	4	0.05
<i>Phlogacanthus thysiformis</i> (Roxb. ex Hardw.) Mabb.	Phikhip (Tn), Hekko (Ad)	Acanthaceae	Shrub	Inflorescence, young leaves, shoot	Cooked as vegetable.		Vegetables	NE	[47], [89]	2	0.03
<i>Phlogacanthus tubiflorus</i> Nees	Basak patta (Ch)	Acanthaceae	Shrub	Inflorescence	Cooked as vegetable and medicinal for cough.		Vegetables, medicine	NE	[23], [71]	2	0.03
<i>Phoebe cooperiana</i> P. C. Kanjilal & Das	Sampor (Ap), Jishir (Ny), Hisir/Jichir (Ga), Tapir/Tapil	Lauraceae	Tree	Fruit	Used in the preparation of chutney and meat preservation. Medicinal for liver problem,	Medicinal for inflammation.	Vegetables, medicine	NE	[23], [30], [47], [49], [62], [81],	10	0.14

	(Ad), Sechar (Ta), Huk (Tn)				insomnia and blood pressure.	Construction and handicrafts			[87], [91], [92], [93]		
<i>Phoebe goalparensis</i> Hutch.	Samper (Ap), Hiichir (Ga), Sichir or sangchar (Ny)	Lauraceae	Tree	Fruit	Cooked as vegetable and for making chutney.		Vegetables, spices and condiments	LC	[80], [52]	2	0.03
<i>Photinia integrifolia</i> Lindl.	Lihung-ahi (Ap)	Rosaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[23]	1	0.01
<i>Phragmites karka</i> (Retz.) Trin. ex Steud.	Pepu (Ap)	Poaceae	Herb	Whole plant	Used in preparation of local salt.		Miscellaneo us	NE	[80]	1	0.01
<i>Phrynium imbricatum</i> Roxb.	Kokam Kumpu (Ta)	Marantaceae	Shrub	Tender leaves	Cooked as vegetables.		Vegetables	NE	[51]	1	0.01
<i>Phrynium pubinerve</i> Blume	Ekkam (Ad)	Marantaceae	Herb	Seed, leaves	Seeds are edible. Medicinal for mental stress, chest pain, diabetes and as analgesic.	Leaves used for packing food.	Fruits, medicine	LC	[32], [49], [51], [58], [75]	5	0.07
<i>Phyla nodiflora</i> (L.) Greene		Verbenaceae	Herb	Leaves	Cooked as vegetables. Medicinal for ischuria, stoppage of bowels, swollen cervical glands, chronic and indolent ulcers.	Medicinal for scabies.	Vegetables, medicine	NE	[94]	1	0.01
<i>Phyllanthus fraternus</i> G. L. Webster		Phyllanthaceae	Herb	Young shoot	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Phyllostachys</i> <i>bambusoides</i> Siebold & Zucc.	Bije (Ap), Bamboo (Ny), Wah mi (Tn), Taabu (Ga)	Poaceae	Herb	Young shoot	Roasted or boiled and consumed as vegetable, or made into pickles.		Vegetables, miscellaneo us	NE	[30], [47], [68], [93]	4	0.05
<i>Phyllostachys mannii</i> Gamble	Bije (Ap)	Poaceae	Herb	Young shoot	Cooked as vegetable.	Construction and handicrafts	Vegetables	NE	[80]	1	0.01
<i>Physalis minima</i> L.	Pakmou (As), Jojing- belang (Ad), Tungnyai ri (Tn)	Solanaceae	Herb	Fruit	Consumed as fruits. Medicinal for stomach problem, cancer and blood pressure.		Vegetables, medicine	NE	[37], [47], [49], [58], [70], [72]	6	0.08
<i>Physalis peruviana</i> L.	Donam As (Ga)	Solanaceae	Herb	Fruit	Consumed as fruits.		Fruits	NE	[50], [51]	2	0.03

<i>Phytolacca acinosa</i> Roxb.	Holap oh (Ny)	Phytolaccaceae	Herb	Tender shoot, leaves	Cooked as vegetable. Medicinal for constipation and indigestion.		Vegetables, medicine	NE	[36], [92]	2	0.03
<i>Pilea bracteosa</i> Wedd.	Nyomrang payin (Ad), gongi (Ny)	Urticaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[51], [71], [72], [95]	4	0.05
<i>Pilea glaberrima</i> (Blume) Blume	Guge Ao (Ny)	Urticaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[51], [71]	2	0.03
<i>Pilea insolens</i> Wedd.	Tango Lisak (Ad)	Urticaceae	Herb	Leaves	Used in fermenting perilla seed.		Miscellaneous	NE	[49]	1	0.01
<i>Pilea pumila</i> A. Gray	Gerge (Ga)	Urticaceae	Herb	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[93]	1	0.01
<i>Pilea scripta</i> (Buch.-Ham. ex D. Don) Wedd.	Gugi O (Ny)	Urticaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[52]	1	0.01
<i>Pilea umbrosa</i> Wedd.	Oko Robo (Ad)	Urticaceae	Herb	Leaves	Cooked as vegetable.	Construction and handicrafts	Vegetables	NE	[49], [82]	2	0.03
<i>Pinanga gracilis</i> Blume	Medo (Li), Taecher/Morizya (Ch), Tachar (Ny), Tacher (Ga)	Arecaceae	Tree	Fruit, tender stem	Ripened fruits consumed raw in place of betel nut and young stems cooked as vegetable.	Cultural rituals.	Miscellaneous, vegetables	VU	[23], [51], [64], [91], [92], [93]	6	0.08
<i>Pinus merkusii</i> Jungh. & de Vriese	Hro-sheng (Mo)	Pinaceae	Tree	Stem	Bark is edible.		Miscellaneous	LC	[78]	1	0.01
<i>Pinus roxburghii</i> Sarg.	Pine (Ap)	Pinaceae	Tree	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	LC	[39]	1	0.01
<i>Pinus wallichiana</i> A. B. Jacks.	Likadu (Mo)	Pinaceae	Tree	Stem	Bark is edible.	Medicinal for boils. Construction and handicrafts	Miscellaneous	NE	[39], [53], [68], [78]	4	0.05
<i>Piper attenuatum</i> Buch.-Ham. ex Wall.	Dolopann (Ad)	Piperaceae	Climber	Leaves	Fresh leaves mixed with tobacco for smoking.		Miscellaneous, medicine	NE	[34], [40], [72]	3	0.04

					Medicinal for liver and urinary problem.						
<i>Piper betleoides</i> C. DC.	Jangali pan/Odor (Ad)	Piperaceae	Climber	Leaves, Stem	Cooked as vegetable and chewed as mouth freshener.	Medicinal for body swelling, bone fracture.	Vegetables, medicine	NE	[23], [89]	2	0.03
<i>Piper griffithii</i> C. DC.	Rear-ow (Ny)	Piperaceae	Climber	Leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Piper hamiltonii</i> C. DC.	Riidii (Ap)	Piperaceae	Climber	Leaves	Cooked as vegetable. Medicinal for cold and cough.		Vegetables, medicine	NE	[80]	1	0.01
<i>Piper longum</i> L.	Likadu (Mo), Riidii (Ap), Jhaluk (Ga)	Piperaceae	Climber	Fruit, seed, leaves	Fruits and seeds as tea and spice, leaves cooked as vegetable. Medicinal for cough, asthma, dysentery, gout, paralysis, pneumonia, jaundice and kidney stone.	Medicinal for joint pain.	Spices and condiments, vegetables, medicine	NE	[25], [25], [58], [60], [68], [78], [82], [92], [93]	9	0.12
<i>Piper mullesua</i> Buch.-Ham. ex D. Don	Odor (Ad), Pinee (Ga), Lori (Me), Namar (Si), Ahoma (Tn)	Piperaceae	Shrub	Inflorescence, fruit	Consumed as chutney and medicinal for cough and bronchitis.	Medicinal for mouth ulcer and rheumatism.	Spices and condiments, medicine	VU	[29], [30], [46], [50], [61], [69]	6	0.08
<i>Piper pedicellatum</i> C. DC.	Rar/Rer (Ga), Rori/Rare/Raru (Ad), Raru/rari (Ap), Nagini pan (Li), Yari (Ta)	Piperaceae	Shrub	Leaves, young shoot	Cooked along with meat as vegetable and fruits are eaten raw. Medicinal for high blood pressure and insomnia.	Medicinal for body pain, scabies and allergy.	Vegetables, fruits, medicine	NE	[23], [28], [36], [41], [42], [49], [51], [52], [60], [62], [64], [80], [81], [89], [93]	15	0.21
<i>Piper peepuloides</i> Roxb.	Lori (Ad)	Piperaceae	Climber	Fruit, leaves	Cooked as vegetable and medicinal for cough.		Vegetables, medicine	NE	[50], [91]	2	0.03
<i>Piper suipigua</i> Buch.-Ham. ex D. Don	Ene rori (Ad)	Piperaceae	Climber	Leaves	Cooked as vegetable.		Vegetables	NE	[61], [89]	2	0.03

<i>Piper sylvaticum</i> Roxb.	Ahamna (Mi), Rori (Ad)	Piperaceae	Climber	Leaves, tender shoot	Cooked as vegetable.	Medicinal for rheumatic and body pain after child birth.	Vegetables	NE	[23], [38], [41], [72], [82]	5	0.07
<i>Piper thomsonii</i> (C. DC.) Hook. f.	Yorho-hamang (Ap)	Piperaceae	Climber	Leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Plantago asiatica</i> subsp. <i>erosa</i> (Wall.) Z. Yu Li	Mepi-hamang (Ap), Doni hankang (Ad)	Plantaginaceae	Herb	Whole plant, leaves	Cooked or raw as vegetable.		Vegetables	LC	[39], [49], [51], [72], [73], [80], [95]	7	0.10
<i>Plantago major</i> L.	Tsa Shing (Mo), Sob Nyuru (Ny), Ishapgul (Ad), Tharam (Mo), Pulung Nyang (Ak), Germor (Sa), Donyihanka (Ga)	Plantaginaceae	Herb	Leaves, stem	Cooked as vegetable. Medicinal for stomach disorder, kidney problem and anti- inflammatory.	Medicinal for cut and wounds.	Vegetables, medicine	NE	[23], [31], [35], [42], [44], [52], [53], [58], [61], [71], [78], [82], [89], [93]	14	0.19
<i>Pogostemon</i> <i>amaranthoides</i> Benth.	NA	Lamiaceae	Herb	Young shoot	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Poikilospermum</i> <i>suaveolens</i> (Blume) Merr.	Taan (Ga)	Urticaceae	Climber	Fruit, leaves	Ripen fruits are consumed and tender leaves cooked as vegetable.		Fruits, vegetables	NE	[93]	1	0.01
<i>Pollia hasskarlii</i> R. S. Rao	Nipobapak	Commelinaceae	Herb	Fruit	Consumed as fruits.	Medicinal for eye infection.	Fruits	LC	[51]	1	0.01
<i>Polygala arillata</i> Buch.-Ham. ex D. Don	NA	Polygalaceae	Shrub	Leaves	Used for local beverage.		Beverages	NE	[78]	1	0.01
<i>Polygonum chinense</i> var. <i>ovalifolium</i> Meisn.	Tuthiku (Ny), Amintaktabe (Ad)	Polygonaceae	Shrub	Fruit	Ripen fruits are consumed.		Fruits	NE	[71], [72]	2	0.03

<i>Polygonum molle</i> D. Don	Bonkung (Ny), Chomcha (Mo), Sisuk (No), Sa-pheung (Bu)	Polygonaceae	Shrub	Tender stem, fruit	Tender stem is eaten raw and ripen fruits are edible. Medicinal for enhancing appetite and cough.	Medicinal for joint pain.	Fruits, medicine, miscellaneous	NE	[35], [36], [42], [71], [85]	5	0.07
<i>Polygonum perfoliatum</i> L.	Posikung (Ny), Achajay (Ak), Onkhu (Ga)	Polygonaceae	Herb	Leaves, tender shoot	Cooked as vegetable and in preparing chutney.		Vegetables, spices and condiments	NE	[44], [71], [93]	3	0.04
<i>Polygonum posumbu</i> Buch.-Ham. ex D. Don	Namne Ao (Ny/Ap)	Polygonaceae	Climber	Leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Polygonum praetermissum</i> Hook. f.	Torckumbuk (Ny)	Polygonaceae	Herb	Fruit	Consumed as fruits.		Fruits	NE	[51]	1	0.01
<i>Polygonum runcinatum</i> Buch.-Ham.	Puri/Ruri (Ny)	Polygonaceae	Herb	Leaves	Cooked as vegetable and in preparing chutney.		Vegetables, spices and condiments	NE	[51], [71], [95]	3	0.04
<i>Polygonum virginianum</i> L.	Pekammajam (Ny)	Polygonaceae	Herb	Tender shoot	Raw/cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Potentilla peduncularis</i> D. Don	Penma (Mo)	Rosaceae	Herb	Rhizome	Rhizomes are chewed as mouth freshner. Medicinal for diarrhea and pre-menstruation disorders.		Medicine, miscellaneous	NE	[77], [78]	2	0.03
<i>Pothos scandens</i> L.	Ridik (Ny), Loma Loset (Ad)	Araceae	Climber	Stem, leaves, root	Cooked as vegetable and medicinal for constipation.	Medicinal for bone fracture.	Vegetables, medicine	NE	[45], [61], [71]	3	0.04
<i>Pouzolzia bennettiana</i> Wight	Huyiek/Siglikna (Mi), Ovik (Ad)	Urticaceae	Shrub	Leaves, tender shoot	Cooked as vegetable and medicinal for digestion and constipation.	Medicinal for skin inflammation.	Vegetables, medicine	NE	[31], [38], [42], [50], [51], [53], [70], [75], [76], [89]	10	0.14
<i>Pouzolzia calophylla</i> W.T. Wang & C. J. Chen	Tanu Nanya (Ny)	Urticaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01

<i>Pouzolzia hirta</i> (Blume) Hassk.	Oyik/Onik (Ad), Hosskhoyik (Ny), Oik (Ta), Huyiek (Ga)	Urticaceae	Herb	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[49], [71], [72], [62], [43], [69], [32], [47], [39], [89], [93]	11	0.15
<i>Pouzolzia sanguinea</i> (Blume) Merr.	Osik (Ad), Yigro (Ga)	Urticaceae	Herb	Tender shoot, leaves	Cooked as vegetable.	Medicinal for wound healing.	Vegetables	NE	[43], [49], [51], [93]	4	0.05
<i>Pouzolzia zeylanica</i> (L.) Benn.	Hoyik (Ny), Oyi (Ad/Ga)	Urticaceae	Herb	Young shoot	Cooked as vegetable.	Medicinal for cuts and wounds.	Vegetables	NE	[52]	1	0.01
<i>Premna bengalensis</i> C. B. Clarke	Lalo-asing (Ad), Namji-asing, Situ-asing (Mr)	Lamiaceae	Shrub	Bark	Bark is edible.	Construction and handicrafts	Miscellaneous	NE	[94]	1	0.01
<i>Premna herbacea</i> Roxb.		Lamiaceae	Shrub	Fruit	Ripen fruits are consumed. Medicinal for asthma, dropsy, fever and cough.	Medicinal for rheumatism.	Fruits, medicine	NE	[94]	1	0.01
<i>Premna milleflora</i> C. B. Clarke	NA	Lamiaceae	Shrub	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	NE	[51]	1	0.01
<i>Premna mollissima</i> Roth		Lamiaceae	Shrub	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[94]	1	0.01
<i>Prunus cerasoides</i> D. Don	Putu/Semo (Ap)	Rosaceae	Tree	Fruit	Ripe fruits are consumed.		Fruits	NE	[39], [73], [80], [92]	4	0.05
<i>Prunus rufa</i> Wall. ex Hook. f.	Gonde (Ap)	Rosaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[73]	1	0.01
<i>Pteridium aquilinum</i> (L.) Kuhn	Losup (Ad), Khang duwai (Me)	Dennstaedtiaceae	Herb	Fronde	Cooked as vegetable.		Vegetables	NE	[49], [61]	2	0.03
<i>Pteridium esculentum</i> (G. Forst.) Cockayne	Ta (Mo)	Dennstaedtiaceae	Herb	Tender shoot	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Pteris tripartita</i> Sw.	Rukji (Ad), Tao-kapung (Ta)	Pteridaceae	Herb	Fronde	Cooked as vegetable.		Vegetables	NE	[49], [62]	2	0.03

<i>Pueraria peduncularis</i> (Benth)Graham ex Benth.	Fikpiring (Ny)	Fabaceae	Climber	Legume or pod	Consumed raw or boiled as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Pueraria stricta</i> Kurz	NA	Fabaceae	Shrub	Seed	Fermented seeds are consumed.		Miscellaneous	LC	[71]	1	0.01
<i>Pyrus pashia</i> Buch.-Ham. ex D. Don	Pecha/ Piita-ahi (Ap), Kean Schein/Ja-toh (Mo)	Rosaceae	Tree	Fruit	Ripen fruits are eaten raw. Medicinal for gastritis, constipation and digestive problems.		Fruits, medicine	LC	[23], [35], [39], [48], [51], [78], [80], [86], [96]	9	0.12
<i>Quercus griffithii</i> Hook. f. & Thomson ex Miq.	Sankhe (Ap), Pa-sheng (Mo), Sikek (Ny)	Fagaceae	Tree	Nut	Roasted and consumed as snacks.	Fuelwood.	Fruits	LC	[36], [78], [80]	3	0.04
<i>Quercus rex</i> Hemsl.	Angke/Kora (Ad/Kh)	Fagaceae	Tree	Fruit	Consumed as fruits.	Cultural rituals.	Fruits	LC	[91]	1	0.01
<i>Quercus semecarpifolia</i> Sm.	Saii (Ap), Khatchang (Mo), Sikek (Ny)	Fagaceae	Tree	Nut	Roasted and consumed as snacks.		Fruits	LC	[35], [36], [78], [80]	4	0.05
<i>Quercus semiserrata</i> Roxb.	Kara (Su)	Fagaceae	Shrub	Fruit, flower	Consumed as fruits.		Fruits	NE	[39]	1	0.01
<i>Quercus spicata</i> Sm.	Tibeh (Ap)	Fagaceae	Tree	Fruit	Fruit used as a food supplement. Medicinal for menstrual abnormality.		Fruits, medicine	LC	[86]	1	0.01
<i>Ranunculus cantoniensis</i> DC.	NA	Ranunculaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	LC	[78]	1	0.01
<i>Rhamnus napalensis</i> (Wall.) M.vA. Lawson	Biringa schein (Ny)	Rhamnaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[51], [78]	2	0.03
<i>Rhamnus virgata</i> Roxb.	NA	Rhamnaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Rhododendron arboreum</i> Sm.	Woodung shen, Somu (Mo)	Ericaceae	Tree	Tender leaves, flower	Cooked or raw as vegetable. Medicinal as a source of Vit-C, dysentery, diarrhea and headache.	Cultural rituals.	Vegetables, medicine	LC	[31], [35], [36], [53], [68], [78]	6	0.08
<i>Rhododendron keysii</i> Nutt.	Taam (Mo)	Ericaceae	Shrub	Flower	Raw flowers are consumed.		Miscellaneous	NE	[78]	1	0.01

<i>Rhus chinensis</i> Mill.	Tagmo (Ad), Tamo (Ap), Amasi (IM), Metqha (Tn), Mithrek (Bu), Phsilun (Sa), Taage (Ga), Taam ahi (Ny)	Anacardiaceae	Tree	Fruit, seed	Consumed raw, used as a food supplement, dried and taken with tea or pickled. Medicinal for diarrhea and dysentery.	Cultural rituals, fencing.	Fruits, beverages, medicine, miscellaneous	NE	[23], [35], [47], [48], [49], [73], [80], [85], [86], [87], [93]	11	0.15
<i>Rhynchanthus longiflorus</i> Hook. f.	Joku-ow (HM)	Zingiberaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Rhynchotechum calycinum</i> C. B. Clarke	Joako (Ny), Jaro (Ad), Joro (Ga)	Gesneriaceae	Shrub	Leaves, tender shoot	Cooked as vegetable.	Cultural rituals.	Vegetables	NE	[71], [72], [93]	3	0.04
<i>Rhynchotechum ellipticum</i> (Wall. ex D. Dietr.) A. DC.	Jongku (Ad), Jooke (Ny), Jooke (Ga)	Gesneriaceae	Shrub	Leaves, tender shoot	Cooked as vegetable with meat.		Vegetables	NE	[49], [51], [90], [93]	4	0.05
<i>Ribes orientale</i> Desf.	Saekod (Mo)	Grossulariaceae	Shrub	Fruit	Ripen fruits are consumed raw.		Fruits	NE	[78]	1	0.01
<i>Ricinus communis</i> L.	Dantha (Mo)	Euphorbiaceae	Shrub	Seed	Seed oil used in curries.	Medicinal for back pain, sores and inflammation.	Miscellaneous	NE	[32], [40], [50], [78]	4	0.05
<i>Rorippa dubia</i> (Pers.) Hara	Sitong Pettu (Ad)	Brassicaceae	Herb	Leaves	Cooked as vegetables.		Vegetables	NE	[49]	1	0.01
<i>Rosa omeiensis</i> Rolfe	Sae (Mo)	Rosaceae	Shrub	Fruit	Ripen fruits are eaten.		Fruits	NE	[78]	1	0.01
<i>Rosa sericea</i> Lindl.	Sae (Mo)	Rosaceae	Shrub	Fruit	Raw fruits consumed and medicinal for digestion.		Fruits, medicine	NE	[78]	1	0.01
<i>Rothea serrata</i> (L.) Steane & Mabb.	Tipin potu (Ny)	Lamiaceae	Shrub	Leaves	Cooked as vegetable. Medicinal for digestion, blood pressure, diabetes, obesity and hypertension.		Vegetables, medicine	NE	[39], [40], [51], [58], [94]	5	0.07
<i>Rubus alceifolius</i> Poir.	Pasi payi (Ad)	Rosaceae	Shrub	Fruit	Fruits are eaten raw and medicinal for cough.		Fruits, medicine	NE	[32], [49], [71]	3	0.04

<i>Rubus assamensis</i> Focke	Fikteging (Ny), Retsu (Mo)	Rosaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[71], [78]	2	0.03
<i>Rubus biflorus</i> Buch.- Ham. ex Sm.	Bla-mrep (Mo)	Rosaceae	Shrub	Fruit	Ripen fruits consumed.		Fruits	NE	[78]	1	0.01
<i>Rubus calycinoides</i> Kuntze	Pasi-Payi	Rosaceae	Shrub	Fruit	Consumed as fruits.	Medicinal for wound.	Fruits	NE	[87]	1	0.01
<i>Rubus ellipticus</i> Sm.	Pakkom Tayin (Ad), Mipya/Jilyung (Ap), Ta Hinch/Pop taro/Ginjek -berek (HM), Tae (Ta), Subohing (Sa)	Rosaceae	Shrub	Fruit	Fruits are consumed raw. Medicinal for fever, cough, sore throat and as laxative during constipation.		Fruits, medicine	NE	[23], [25], [35], [39], [42], [49], [51], [61], [62], [73], [74], [78], [81], [80], [86], [87], [89], [92]	18	0.25
<i>Rubus fairholmianus</i> Gardner	Mipya yoyu (Ap)	Rosaceae	Shrub	Fruit	Fruit is used as a food supplement.	Medicinal for inflammatio n.	Fruits	NE	[86]	1	0.01
<i>Rubus hexagynus</i> Roxb.	Ta Hinch	Rosaceae	Shrub	Leaves	Leaves are chewed.		Miscellaneo us	NE	[51]	1	0.01
<i>Rubus lanatus</i> Wall.		Rosaceae	Shrub	Fruit	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Rubus lineatus</i> Reinw. ex Blume	Kada apha (Ch), Chichi nintch (Ny), Achin barin (Ad)	Rosaceae	Shrub	Fruit	Fruits are eaten raw and medicinal for indigestion.		Fruits, medicine	NE	[23], [42]	2	0.03
<i>Rubus lucens</i> Focke	Achinpurin (Ga)	Rosaceae	Shrub	Fruit, seed	Ripen fruits are consumed raw.		Fruits	NE	[93]	1	0.01
<i>Rubus moluccanus</i> L.	Taa Hich	Rosaceae	Shrub	Fruit	Consumed as fruits and medicinal for gastritis.		Fruits, medicine	NE	[51], [64]	2	0.03
<i>Rubus niveus</i> Thunb.	Yokpo pongkung (Ad), Henchi/Yikhe jilyung (Ap), Kiblupu (Ny), Tae (Ta), Milang-sai (Bu), Mulang (Sa), Inmin- Tayin	Rosaceae	Shrub	Fruit	Fruits are eaten raw and used as a food supplement. Medicinal for indigestion and asthma.	Medicinal for wound healing.	Fruits, medicine	NE	[23], [39], [42], [49], [62], [71], [73], [78], [80], [86], [87]	11	0.15

<i>Rubus paniculatus</i> Sm.	Tapatara (Ad), Chechenimri (Ny), Pashinpayin (Ga)	Rosaceae	Shrub	Leaves, fruit	Leaves used as substitute for <i>Piper betel</i> leaves and ripen fruits consumed raw.		Miscellaneous, fruits	NE	[39], [49], [61], [72], [93]	5	0.07
<i>Rubus pedunculatus</i> D. Don	Bla-mrep (Mo)	Rosaceae	Shrub	Fruit	Ripen fruits are consumed.		Fruits	NE	[78]	1	0.01
<i>Rubus praestans</i> H. E. Weber	Pop taro, Chechenimri (Ny), Taptere (Ad)	Rosaceae	Shrub	Fruit, leaves	Consumed as fruits and leaves eaten with <i>Callicarpa arborea</i> var. <i>ovalifolia</i> as a substitute of <i>Piper betle</i> .		Fruits, miscellaneous	NE	[39], [51], [71], [72]	4	0.05
<i>Rubus rosifolius</i> Sm.	Hitungbulung (Ap), Kepo-lepum (Ad), Lukhitumli (Ga)	Rosaceae	Shrub	Fruit	Ripen fruits are consumed raw.		Fruits	NE	[32], [61], [72], [73], [80], [93]	6	0.08
<i>Rubus rugosus</i> Sm.	Jigang (Me), Mipir (Ad), Sukhaih ri (Tn)	Rosaceae	Shrub	Fruit	Ripe fruits are consumed raw.		Fruits	NE	[47], [61]	2	0.03
<i>Rubus sumatranus</i> Miq.	Kinbu Beru (Ad)	Rosaceae	Shrub	Fruit	Ripen fruit are consumed.		Fruits	NE	[49]	1	0.01
<i>Rumex maritimus</i> L.	Okung (Ad)	Polygonaceae	Herb	Leaves	Cooked as vegetable.	Bait for fishing.	Vegetables	NE	[49]	1	0.01
<i>Rumex nepalensis</i> Spreng.	Yalak Ao/Shomang (Mo)	Polygonaceae	Herb	Leaves	Cooked as vegetable.	Antidote against snake bite.	Vegetables	LC	[39], [51], [78], [92]	4	0.05
<i>Saccharum rufipilum</i> Steud.	Pilu (Ny)	Poaceae	Herb	Tender stem	Eaten raw to quence thirst.	Cultural rituals.	Miscellaneous	NE	[72]	1	0.01
<i>Saccharum spontaneum</i> L.	Piko-Pimur (Ad), Teppi	Poaceae	Herb	Inflorescence	Roasted and eaten as chutney.		Spices and condiments	NE	[32], [49], [51]	3	0.04
<i>Salacca secunda</i> Griff.	Ra	Arecaceae	Shrub	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	NE	[51]	1	0.01
<i>Sambucus adnata</i> Wall. ex DC.	Wamdong (Mo)	Adoxaceae	Shrub	Fruit	Ripen fruits are consumed.		Fruits	NE	[78]	1	0.01
<i>Sarcandra glabra</i> (Thunb.) Nakai	Tupu Tal (Ny)	Chloranthaceae	Shrub	Fruit	Consumed as fruits.		Fruits	NE	[51]	1	0.01

<i>Sarcochlamys pulcherrima</i> Gaudich.	Tekok/Bola sen/ Bhola Chaegne (Ny), Laabik (Ga)	Urticaceae	Shrub	Young shoot, leaves	Cooked with meat as vegetable. Medicinal for constipation, dysentery and diarrhea.	Medicinal for cuts and wounds.	Vegetables, medicine	NE	[52], [56], [79], [87], [90], [92], [93]	7	0.10
<i>Saurauia armata</i> Kurz	Hero, Himpum (Ad/Ga)	Actinidiaceae	Tree	Fruit	Ripen fruits are consumed raw.	Medicinal for wound healing.	Fruits	LC	[48], [50], [51], [72], [93]	5	0.07
<i>Saurauia griffithii</i> Dyer	Hinchi (Ny)	Actinidiaceae	Tree	Fruit	Consumed as food supplement and medicinal for constipation.	Cultural ritual.	Fruits, medicine	CR	[86]	1	0.01
<i>Saurauia napaulensis</i> DC.	Sicho ninch (Ny), Eti-aou (Bu)	Actinidiaceae	Tree	Fruit	Consumed as fruits and medicinal for indigestion and asthma.	Fodder, cultural rituals.	Fruits, medicine	LC	[23], [32], [35], [42], [48], [60]	6	0.08
<i>Saurauia punduana</i> Wall.	Taan (Ad), Nyinch (Ny), Hinchi (Ta), Enchi (Ga)	Actinidiaceae	Tree	Fruit	Ripen fruits are consumed raw.	Cultural rituals.	Fruits	NE	[39], [49], [62], [71], [81], [93]	6	0.08
<i>Saurauia roxburghii</i> Wall.	Ekeeprin (Ny), Tarsingahi (Ap), Hinche/Tan (Ad), Taan, Hinchi (Ga)	Actinidiaceae	Tree	Leaves, fruit	Ripen fruits are consumed raw and leaves are used for preparing local wine.		Fruits, beverages	NE	[48], [71], [72], [73], [78], [87], [91], [93]	8	0.11
<i>Sauropus androgynus</i> (L.) Merr.	Gam oying (Ad), Oo- Toko (Ta)	Phyllanthaceae	Shrub	Leaves	Cooked as vegetable.	Fodder.	Vegetables	NE	[32], [49], [62]	3	0.04
<i>Schefflera pauciflora</i> R. Vig.	Sankho-ahi (Ap)	Araliaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[39]	1	0.01
<i>Schisandra grandiflora</i> Hook. f. & Thomson	Dhatik (Mo)	Schisandraceae	Climber	Fruit	Raw fruits are consumed.		Fruits	NE	[78]	1	0.01
<i>Sechium edule</i> Sw.	Chow-chow/isquash (Mi)	Cucurbitaceae	Climber	Fruit	Cooked as vegetable.		Vegetables	NE	[38]	1	0.01
<i>Selaginella biformis</i> A. Braun ex Kuhn	Husum Ao (Ny)	Selaginellaceae	Climber	Stem, leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Selaginella wallichii</i> (Hook. & Grev.) Spring	Hojum (Ad), Hujum (Ga)	Selaginellaceae	Climber	Leaves, tender shoot	Leaves cooked as vegetable and grounded leaves along with young shoots are consumed raw or		Vegetables	NE	[72], [82], [93]	3	0.04

					added to pounded rice for preparation of local food called <i>Amiin</i> .						
<i>Senecio scandens</i> (L.) Buch.-Ham.	Serkiling (Mo)	Asteraceae	Climber	Flower, young leaves	Cooked as vegetable.		Vegetables	NE	[78]	1	0.01
<i>Setaria pumila</i> Roem. & Schult.	Taya (Ny)	Poaceae	Herb	Seed	Used for preparing local liquor (Apong).		Beverages	NE	[71]	1	0.01
<i>Sida acuta</i> Burm. f.	Holap (Ad)	Malvaceae	Shrub	Leaves	Cooked as vegetable.	Medicinal for blood clotting. Broom.	Vegetables	NE	[66], [72], [82]	3	0.04
<i>Silene heterophylla</i> Freyn	Jajrar (Ny), Jajru (Ap), Kubumeku (Ad)	Caryophyllaceae	Herb	Fruit	Consumed as fruits.		Fruits	VU	[55], [68], [71], [72], [73]	5	0.07
<i>Sinopodophyllum hexandrum</i> (Royle) T. S. Ying	Bashushu (Ad/Kh)	Berberidaceae	Herb	Fruit	Consumed as fruits. Medicinal for various female reproductive related diseases.		Fruits, medicine	NE	[77], [91]	2	0.03
<i>Siphocampylus affinis</i> (Mirb.) McVaugh	Nimante (Ny)	Campanulaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Smilax perfoliata</i> Lour.	Phanthok (Tn), Sagijaj (Li)	Smilacaceae	Climber	Young shoot, leaves, root	Cooked as vegetable and medicinal for urinary trouble.	Medicinal for for reducing swelling.	Vegetables, medicine	NE	[45], [47], [64]	3	0.04
<i>Solanum aculeatissimum</i> Jacq.	Koppir (Ga)	Solanaceae	Shrub	Fruit	Cooked as vegetable. Medicinal for liver disorder, fever, cough, stomach ache, malaria, anti-fertility and anti-inflammatory.	Medicinal for tooth ache.	Vegetables, medicine	NE	[42], [46], [58], [70]	4	0.05
<i>Solanum aethiopicum</i> L.	Kopii (Ad), Byako (Ap), Kope (Ga), Kesia Bake (Ta), Byak (Ny), Tanaka (Mi)	Solanaceae	Shrub	Fruit	Boiled and consumed as chutney or vegetable. Medicinal for detoxifying and as stimulant.	Medicinal for diaphoretic and demulcent	Spices and condiments, vegetables, medicine	NE	[38], [39], [40], [43], [44], [47], [49], [50], [51], [52], [53], [60],	20	0.27

									[61], [62], [70], [71], [72], [73], [81], [82]		
<i>Solanum americanum</i> Mill.	Hora/Hor (Ny), Nakana (Ms), Phophokshi (Li), Faysuk (Ak), Horee (Ta), Okomamang/Banko (Ad), Or-Re/Hore (Ga), Hiiro Hamang (Ap), Mangkhoi (Tn), Dhangbu (Sa)	Solanaceae	Herb	Whole plant, leaves, young fruit, flower, seed, tender shoot	Cooked as vegetable. Medicinal for digestion, dysentery, asthma, low blood pressure, malaria, urinary discharges, liver problem, tuberculosis, diarrhea and abdominal pain.	Medicinal for skin diseases.	Vegetables, medicine	DD	[23], [25], [26], [28], [31], [34], [35], [38], [39], [40], [42], [44], [47], [49], [50], [51], [52], [55], [58], [60], [62], [64], [69], [71], [72], [73], [79], [80], [81], [82], [88], [89], [90], [91], [92], [93]	36	0.49
<i>Solanum anguivi</i> Lam.	Kopii Piimiik/Sotabyom (Ad), Adi Byako (Ap), Adi Baak (Ga), Adi Baake (Ta), Adi Byak/Beako (Ny), Chikrang Sai (Ms), Paitae bakey (Tn), Gelo jay-beso (Ak)	Solanaceae	Shrub	Fruit	Boiled/fried and consumed as chutney, or as vegetable. Medicinal for diabetes and stomach disorders.		Spices and condiments, vegetables, medicine	NE	[25], [34], [38], [43], [44], [46], [52], [53], [68], [71], [72], [81], [82]	13	0.18
<i>Solanum betaceum</i> Cav.	Phahari Tomato (Mo), Masang tomator (Mi)	Solanaceae	Shrub	Fruit	Cooked as vegetable and medicinal for constipation.		Vegetables, medicine	NE	[36], [38], [61]	3	0.04
<i>Solanum kurzii</i> Bracex Prain	Byakhe (Ny), Byako (Ap), Tita baigun/Kodu (Ad)	Solanaceae	Herb	Fruit	Cooked as vegetable. Medicinal for stomach disorder and expelling intestinal worm.		Vegetables, medicine	NE	[41], [50], [58], [71], [72], [73],	9	0.12

									[80], [82], [89]		
<i>Solanum spirale</i> Roxb.	Bangkho (Ad), Khasou (Mi), Suchakaya (Ta)	Solanaceae	Shrub	Tender leaves	Cooked as vegetable. Medicinal for stomach ache, indigestion, gastritis and infertility.	Cultural rituals.	Vegetables, medicine	NE	[26], [32], [38], [40], [47], [49], [55], [62], [69], [70]	10	0.14
<i>Solanum stramonifolium</i> Jacq.	Bangko kopi (Ad)	Solanaceae	Shrub	Fruit	Cooked as vegetable and chutney. Medicinal for stomach ache.		Vegetables, spices and condiments, medicine	NE	[38], [61]	2	0.03
<i>Solanum torvum</i> Sw.	Kodu/Pirte (Ad), Shoat Beyak/Byakta (Ny), Tutusik (Ms), Bykh (Ap), Hot baak/Kope/Shoat bake (Ga), Akapu (Ak), Kemko (Tn), Kopi Pimik	Solanaceae	Shrub	Fruit, tender leaves	Cooked as vegetable and chutney. Medicinal for liver and spleen enlargement, indigestion and contraceptive.	Medicinal for tooth ache and itching.	Vegetables, spices and condiments, medicine	NE	[23], [38], [39], [40], [42], [43], [44], [46], [47], [49], [50], [51], [52], [53], [60], [61], [62], [70], [71], [72], [73], [81], [82], [88], [89], [91], [93]	27	0.37
<i>Solanum violaceum</i> Ortega	Chikrang (Mi)	Solanaceae	Shrub	Fruit	Cooked as vegetable. Medicinal for blood pressure, liver disorder, fever, cough and stomach ache.		Vegetables, medicine	NE	[38], [42], [75]	3	0.04
<i>Solena amplexicaulis</i> (Lam.) Gandhi.	Kubumiku/Hosh (Ny), kabomako (Ap), Yongkoyomi (Ad), Kobu Meku (Ga)	Cucurbitaceae	Climber	Fruit, leaves	Fruits are consumed raw and leaves are cooked as vegetable. Medicinal for fever, malaria and headache.	Medicinal for itchiness.	Vegetables, medicine	NE	[39], [49], [71], [72], [73], [93]	6	0.08
<i>Sonchus arvensis</i> L.	Tok Ruru Ao	Asteraceae	Herb	Whole plant	Cooked as vegetable. Medicinal for diarrhea,	Medicinal for skin inflammation.	Vegetables, medicine	NE	[42], [51]	2	0.03

					cough and liver disorder.						
<i>Sonchus asper</i> (L.) Hill	Ping ahi	Asteraceae	Herb	Leaves	Used in the preparation of local <i>Apatani</i> salt.		Miscellaneous	NE	[39]	1	0.01
<i>Sonchus brachyotus</i> DC.	Kochi/pakuharbu hamang/Kochi hama (Ap)	Asteraceae	Herb	Leaves	Cooked as vegetable and medicinal for stomach disorder.		Vegetables, medicine	NE	[73], [80]	2	0.03
<i>Sonchus oleraceus</i> L.	Paku Hadu Hamang (Ap)	Asteraceae	Herb	Leaves, stem	Cooked as vegetable. Medicinal for liver disorder and kidney stone.		Vegetables, medicine	NE	[66], [73]	2	0.03
<i>Sonchus wightianus</i> DC.	Ping ahi	Asteraceae	Herb	Leaves	Consumed raw as vegetable.		Vegetables	NE	[39], [78]	2	0.03
<i>Sonerila emaculata</i> Roxb.	Jakmalo (Ny)	Melastomataceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[51], [71]	2	0.03
<i>Sonerila maculata</i> Roxb.	Takmolo	Melastomataceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Spermacoce hispida</i> L.		Rubiaceae	Herb	Young shoot	Cooked as vegetable.		Vegetables	NE	[89]	1	0.01
<i>Spilanthes acmella</i> (L.) L.	Marsang (Ad), Yakho hamang (Ap), Maresa (Mi), Namlang marching (Mo), Marsa (Ga)	Asteraceae	Herb	Tender leaves, young shoot, inflorescence	Cooked as vegetable and as chutney.	Medicinal for toothache, throat and gum infection.	Vegetables, spices and condiments	NE	[26], [30], [32], [38], [40], [46], [69], [70], [78], [93]	10	0.14
<i>Spiradiclis bifida</i> Kurz	Sokho (Ad)	Rubiaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[26], [51], [72]	3	0.04
<i>Spondias pinnata</i> (L. f.) Kurz	Pakka/Tanyan (Ny), Dorgu dorge/Lopsi (Ad), TanyaSchei/Kodum (Ta), Makok (Tn), Belum/Dorgeng, Koodum (Ga)	Anacardiaceae	Tree	Fruit, young leaves, bark	Leaves cooked as vegetable and ripen fruits are consumed raw. Medicinal for gastritis, jaundice, dysentery and diarrhea.	Medicinal for rheumatism, burns. Construction and handicrafts	Vegetables, fruits, medicine	NE	[23], [24], [42], [48], [49], [51], [62], [87], [89], [90], [92], [93]	12	0.16
<i>Stellaria media</i> (L.) Vill.	Osi Neri (Ad), Meedam (Ta), Ooameedam (Ga)	Caryophyllaceae	Herb	Whole plant, leaves,	Cooked as vegetable.	Medicinal for wound healing.	Vegetables	NE	[49], [50], [62], [82], [93]	5	0.07

				fruit, flower, seed, tender shoot							
<i>Sterculia coccinea</i> Roxb.	Ami Tayam (Ad)	Malvaceae	Tree	Seeds	Fried or roasted and consumed.		Miscellaneo us	NE	[32]	1	0.01
<i>Sterculia guttata</i> Roxb.	Tattem Belom, Takom Belom	Malvaceae	Tree	Seed	Immature seeds eaten by removing pericarp.		Miscellaneo us	NE	[51]	1	0.01
<i>Sterculia hamiltonii</i> (Kuntze) Adelb.	Tayam (Ad), Takampalam (Ny), Siinglam (Ta)	Malvaceae	Tree	Seed	Young seeds cooked as vegetable and matured seeds are roasted and consumed as snack.		Vegetables, miscellaneo us	LC	[48], [49], [50], [62], [71], [92]	6	0.08
<i>Sterculia lanceifolia</i> Roxb.	Aanggom-Bayom	Malvaceae	Tree	Fruit	Consumed as fruits and medicinal for fever.		Fruits, medicine	NE	[87]	1	0.01
<i>Sterculia lanceolata</i> Cav.	Taklom (Ga)	Malvaceae	Tree	Fruit	Ripen fruits are consumed raw.		Fruits	NE	[93]	1	0.01
<i>Sterculia villosa</i> Roxb.	Chahrao (Tn), Harjok (Ad), Taklom (Ga)	Malvaceae	Tree	Seed, fruit, young leaves	Ripen fruits are consumed raw, seeds are roasted and eaten and tender leaves cooked as vegetable.		Fruits, , vegetables, miscellaneo us	NE	[32], [37], [47], [61], [92], [93]	6	0.08
<i>Stixis suaveolens</i> (Roxb.) Baill.	Lahut-rih (Tn), Rokpo ketumkelum (Ad), Tasser tere (Ta), Rokputtutam (Ap), Tumdu-rurum (Ga)	Capparaceae	Climber	Fruit	Ripen fruits are consumed raw.		Fruits	NE	[47], [49], [51], [72], [73], [93]	6	0.08
<i>Streblus asper</i> Lour.	Hatu (Ny)	Moraceae	Tree	Fruit	Ripen fruits are consumed raw.	Fodder.	Fruits	NE	[33], [37]	2	0.03
<i>Streptolirion volubile</i> Edgew.	Tadaro (Ny)	Commelinaceae	Climber	Whole plant	Cooked as vegetable.		Vegetables	NE	[39], [71]	2	0.03
<i>Strobilanthes furcatus</i> Biswas	Barche Ao	Acanthaceae	Shrub	Leaves, young shoot	Cooked as vegetable.		Vegetables	NE	[39], [51]	2	0.03
<i>Strobilanthes helicta</i> T. Anderson	Taggin (Ap)	Acanthaceae	Herb	Young leaves	Cooked as vegetable.		Vegetables	NE	[39], [80]	2	0.03

<i>Strobilanthes mastersii</i> T. Anderson	Tagam (Ad)	Acanthaceae	Herb	Leaves	Dried leaves used as tobacco.		Miscellaneous	LC	[49]	1	0.01
<i>Styrax serrulatus</i> Roxb.	Chioaseche (Li)	Rubiaceae	Tree	Young shoot, leaves	Cooked as vegetable.		Vegetables	NE	[64]	1	0.01
<i>Syzygium cumini</i> (L.) Skeels	Tekok (Ny), Jamun Schein, jamun (Pa), Jongkeng	Myrtaceae	Tree	Fruit	Ripen fruits are eaten. Medicinal for diarrhea, dysentery, diabetes and flatulence.		Fruits, medicine	LC	[23], [37], [43], [46], [48], [51], [58], [60], [87], [92]	10	0.14
<i>Syzygium fruticosum</i> DC.	Kurak Schein	Myrtaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[51], [64]	2	0.03
<i>Syzygium jambos</i> (L.) Alston	Komker (Ny)	Myrtaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[37]	1	0.01
<i>Syzygium kurzii</i> (Duthie) N. P. Balakr.	NA	Myrtaceae	Tree	Fruit	Consumed as fruits.		Fruits	NE	[37]	1	0.01
<i>Syzygium nervosum</i> DC.	NA	Myrtaceae	Tree	Fruit	Consumed as fruits.		Fruits	LC	[78]	1	0.01
<i>Tacca integrifolia</i> Ker Gawl.		Dioscoreaceae	Herb	Rhizome	Rhizomes are edible and medicinal for stomach ache and dysentery.	Medicinal for healing wounds, leprosy.	Medicine, miscellaneous	EN	[50], [58], [71], [72], [92]	5	0.07
<i>Tamarindus indica</i> L.	Imli (Ga), Khosuk naan	Fabaceae	Tree	Legume or pod	Used in making pickles and chutney. Medicinal for relieving menstrual pain.		Miscellaneous, spices and condiments, medicine	NE	[29], [30], [51], [87]	4	0.05
<i>Taxus wallichiana</i> Zucc.	Tae-sheng (Mo)	Taxaceae	Tree	Flower, leaves	Flower are edible. Medicinal for ovarian and breast cancer (leaves).		Miscellaneous, medicine	NE	[36], [78]	2	0.03
<i>Terminalia bellirica</i> (Gaertn.) Roxb.	Logjekseen (Ny), Baru (Mo), Loko eshing (Ad)	Combretaceae	Tree	Fruit	Consumed as fruits. Medicinal for cough and fever.		Fruits, medicine	LC	[23], [37], [48], [55], [71], [78], [89], [91]	8	0.11
<i>Terminalia chebula</i> Retz.	Lakcha Ri (Tn), Elekang /Lokyo	Combretaceae	Tree	Fruit	Ripen fruits are eaten raw and also used as a	Medicinal for skin	Fruits, medicine	NE	[23], [24], [32], [37],	17	0.23

	eshing (Ad), Ontyal/Hellica (Ap), Ilica (Ga)				food supplement. Medicinal for cough, asthma, digestion, tumour, stomach and renal disorder.	ulcer, toothache. Construction and handicrafts			[40], [43], [46], [47], [50], [51], [58], [61], [71], [73], [78], [86], [91]		
<i>Terminalia citrina</i> Roxb. ex Fleming	Hilika	Combretaceae	Tree	Fruit	Consumed as fruits. Medicinal for constipation and gastritis.		Fruits, medicine	NE	[48], [50], [51], [71], [87]	5	0.07
<i>Tetrastigma lanceolarium</i> Planch.	Mejuche (Li)	Vitaceae	Climber	Fruit	Consumed as fruits.		Fruits	NE	[64]	1	0.01
<i>Thamnocalamus spathiflorus</i> Munro	Rue (Mo)	Poaceae	Herb	Tender shoot	Fermented and used as vegetable or spice.		Vegetables, spices and condiments	LC	[78]	1	0.01
<i>Thelypteris nudata</i> (Roxb.) C. V. Morton	Rubra-ow (Ny)	Thelypteridaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[39]	1	0.01
<i>Thelypteris xylodes</i> (Kunze) Ching	Akalama (Ny)	Thelypteridaceae	Herb	Young frond	Powder of dried fronds used to prepare local wine <i>Apong</i> .		Beverages	NE	[71]	1	0.01
<i>Thladiantha cordifolia</i> Cogn.	Nyomrang payin (Ad)	Cucurbitaceae	Climber	Tender shoot	Cooked as vegetable.		Vegetables	NE	[49]	1	0.01
<i>Thlaspi arvense</i> L.		Brassicaceae	Herb	Tender leaves	Used as spice.		Spices and condiments	NE	[78]	1	0.01
<i>Toddalia asiatica</i> (L.) Lam.	Tiktaksen (Ny), Tanoai (Ap), Kochetaa/Taklesin (Su)	Rutaceae	Climber	Fruit	Consumed as fruits and medicinal for constipation.		Fruits, medicine	LC	[39], [42], [49], [51], [71], [73]	6	0.08
<i>Torenia diffusa</i> D. Don	Ocheng (Ny)	Scrophulariaceae	Herb	Whole plant	Paste of whole plant along with <i>Impatiens latiflora</i> is used as condiment in curry and medicinal for stomach disorder.		Spices and condiments, medicine	LC	[50], [71]	2	0.03

<i>Toxicodendron succedaneum</i> (L.) Kuntze	Woorsheng (Mo)	Anacardiaceae	Tree	Fruit	Fruit oil used in cooking.		Miscellaneous	LC	[78]	1	0.01
<i>Trema orientalis</i> (L.) Blume	Bumlo (Ad)	Cannabaceae	Tree	Tender shoot	Cooked as vegetable.	Construction and handicrafts	Vegetables	NE	[49]	1	0.01
<i>Trevesia palmata</i> Vis.	Tago-meyo, Tagor (Ad)	Araliaceae	Tree	Flower, fruit	Flowers cooked as vegetable and young fruit eaten as chutney. Medicinal for asthma, indigestion and liver disorder.		Vegetables, spices and condiments, medicine	NE	[23], [42], [48], [82]	4	0.05
<i>Trichosanthes cordata</i> Roxb.	Kangkulung (Me), Dongkyoung riyong (Ad)	Cucurbitaceae	Climber	Fruit	Consumed as fruits.		Fruits	NE	[61]	1	0.01
<i>Trichosanthes cucumerina</i> L.	Dhunduli	Cucurbitaceae	Climber	Fruit	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Trichosanthes dioica</i> Roxb.	Duli Ao	Cucurbitaceae	Climber	Fruit, leaves	Cooked as vegetable.		Vegetables	NE	[51]	1	0.01
<i>Trichosanthes dunniana</i> H. Lev.	Pak-Sung gal	Cucurbitaceae	Climber	Fruit	Consumed as fruits and medicinal for diarrhea.		Fruits, medicine	NE	[87]	1	0.01
<i>Trigonospora ciliata</i> (Wall. ex Benth.) Holtum	Akalami (Ny)	Thelypteridaceae	Herb	Young frond	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Turpinia pomifera</i> DC.	Takre-Schein	Staphyleaceae	Tree	Fruit	Consumed as fruits.		Fruits	DD	[51]	1	0.01
<i>Urtica ardens</i> Link	Pocheponye (Ga)	Urticaceae	Shrub	Leaves, tender shoot	Cooked as vegetable.		Vegetables	NE	[60], [93]	2	0.03
<i>Urtica dioica</i> L.	Shouzhe (Mo)	Urticaceae	Shrub	Leaves	Cooked as vegetable.		Vegetables	NE	[26], [36], [78]	3	0.04
<i>Urtica hirta</i> Blume	Oyik (Ad)	Urticaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[61]	1	0.01
<i>Urtica parviflora</i> Roxb.	Push pun (Ny), Jimang (Ad)	Urticaceae	Herb	Tender leaves	Cooked as vegetable and medicinal for constipation.	Medicinal for numbness, muscular pain.	Vegetables, medicine	NE	[42], [50]	2	0.03

<i>Vaccinium glaucoalbum</i> Hook. f. ex C. B. Clarke	Shakshima (Mo)	Ericaceae	Shrub	Fruit	Consumed as fruits. Medicinal for diarrhea and fever.	Medicinal for throat inflammation.	Fruits, medicine	NE	[36], [78]	2	0.03
<i>Vaccinium retusum</i> Hook. f. ex C.B. Clarke	Seu Kyum (Mo)	Ericaceae	Shrub	Fruit	Consumed as fruits and used as substitute for <i>Vaccinium glaucoalbum</i> .		Fruits	NE	[36]	1	0.01
<i>Viburnum foetidum</i> Wall.	Yoyu (Ap), Yoiju (Su)	Adoxaceae	Shrub	Fruit	Ripen fruits are eaten raw.		Fruits	NE	[39], [80], [92]	3	0.04
<i>Viola betonicifolia</i> Sm.	Tadro (Ny)	Violaceae	Herb	Leaves	Cooked as vegetable.		Vegetables	NE	[71]	1	0.01
<i>Viola glaucescens</i> Oudem.	Jortung (Ad)	Violaceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	LC	[49]	1	0.01
<i>Vitex glabrata</i> R. Br.	Kaping-asing (Ad)	Lamiaceae	Tree	Fruit	Consumed as fruits.	Construction and handicrafts	Fruits	NE	[94]	1	0.01
<i>Vitex negundo</i> L.	Omum dilung (Ad)	Lamiaceae	Shrub	Leaves, seed	Leaves cooked as vegetable and seeds are boiled and eaten.	Medicinal for skin disease.	Vegetables	NE	[40], [61], [94]	3	0.04
<i>Wallichia disticha</i> T. Anderson	Tali	Arecaceae	Tree	Fruit, pith	Consumed as fruits.	Fodder.	Fruits	NE	[51], [89]	2	0.03
<i>Wallichia oblongifolia</i> Griff.	Tisse (Ap), Tache/Tale (Ga)	Arecaceae	Shrub	Rhizome, stem, fruit	Rhizomes are used as famine food and fruits are edible.	Construction and handicrafts	Fruits, miscellaneous	NE	[41], [51], [60], [80], [92]	5	0.07
<i>Youngia fuscipappa</i> Thwaites	Yagim (Su)	Asteraceae	Herb	Whole plant	Cooked as vegetable.		Vegetables	LC	[39]	1	0.01
<i>Youngia japonica</i> (L.) DC.	Rungdum (Ad)	Asteraceae	Herb	Leaves	Dried leaves are used as tobacco.		Miscellaneous	LC	[49]	1	0.01
<i>Zanthoxylum acanthopodium</i> DC.	Ombeng/Ongar/Tap etamet (Ad), Yakhung (Ap), Onyor (Ga), Honior (Ny)	Rutaceae	Shrub	Fruit, leaves	Consumed raw as salad, steamed and boiled as vegetable. Medicinal for bowel movement, stimulant and mental retardation.		Vegetables, medicine	LC	[30], [42], [48], [51], [60], [68], [73], [78], [88], [89]	10	0.14
<i>Zanthoxylum armatum</i> DC.	Brum sing (Me), Onger (Ad), Oegin	Rutaceae	Tree	Leaves, fruit, seed	Pounded fruits and seeds are eaten raw as	As fish poison.	Spices and condiments,	NE	[23], [25], [30], [35],	23	0.32

	(Tn), Zabrang (Mo), Suiji (Sa), ombey/Yeram/Yurma (Kh), Rikon (Ga)				chutney or as spices and leaves are cooked as vegetables. Medicinal for cough, fever, improving appetite, cholera and stomach disorder.		vegetables, medicine		[36], [39], [41], [46], [47], [49], [51], [58], [61], [68], [71], [73], [78], [80], [82], [87], [91], [92], [93]		
<i>Zanthoxylum nitidum</i> DC.	Honyor (Ny)	Rutaceae	Climber	Leaves	Used as condiment and medicinal for malaria.		Spices and condiments, medicine	LC	[34], [55], [71]	3	0.04
<i>Zanthoxylum oxyphyllum</i> Edgew.	Honyor (Ny), Nemba yorkhung (Ap), Onger (Ad), Mathana or manjang (Ms), Rikom (Ga)	Rutaceae	Shrub	Young shoot, leaves, fruit	Cooked as vegetable and as spices. Medicinal for carminative, depurative, dyspepsia and asthma.	Medicinal for rheumatism.	Vegetables, spices and condiments, medicine	DD	[30], [38], [39], [49], [51], [52], [60], [78], [90], [92]	10	0.14
<i>Zanthoxylum rhetsa</i> (Roxb.) DC.	Onger (Ad), Honior (Ny), Mechme (Mo), Honyor (Ga)	Rutaceae	Tree	Tender leaves, fruit, seed	Leaves cooked as vegetable, pounded fruits and seeds eaten raw as chutney. Medicinal for jauntice and diarrhea.	As fish poison.	Vegetables, spices and condiments, medicine	DD	[26], [32], [34], [36], [42], [43], [51], [54], [55], [62], [69], [70], [75], [76], [78], [81], [82], [87], [93]	19	0.26
<i>Zingiber montanum</i> (J. Koenig) A. Dietr.	Kekir (Ad)	Zingiberaceae	Herb	Rhizome	Consumed as chutney.		Spices and condiments	LC	[29]	1	0.01
<i>Zingiber zerumbet</i> (L.) Sm.	Kekir (Ad)	Zingiberaceae	Herb	Rhizome, flower	Cooked as vegetable or as condiments. Medicinal for stomach ache, diarrhea, vomiting, cough and blood pressure.		Vegetables, spices and condiments, medicine	NE	[34], [40], [43], [55], [92]	5	0.07

<i>Ziziphus jujuba</i> Mill.	Nebi relam (Ny), Bogori (Ad)	Rhamnaceae	Tree	Fruit	Ripen fruits eaten raw or pickled. Medicinal for stomach ache.		Fruits, medicine, miscellaneous		[23], [33], [37], [51], [87]	5	0.07
<i>Ziziphus rugosa</i> Lam.	Bogori	Rhamnaceae	Shrub	Fruit	Consumed as fruits.		Fruits		[51]	1	0.01

Ad-Adi; Ak-Aka; Ap-Apatani; As-Assamese; Br-Brokpa; Bu-Bugun; Ch-Chakma; Dm-Digaru Mishmi; Ga-Galo; Hm-Hills Miri; Hr-Hrusso; Im-Idu Mishmi; Kh-Khamba; Li-Lisu; Me-Memba; Mi-Mishmi; Mo-Monpa; Mr-Miri; Ms-Mishing; No-Nocte; Ny-Nyishi; Pa-Padam; Ra-Ramo; Sa-Sartang; Sh-Sherdukpen; Si-Singpho; Sj-Sajolang; Su-Sulung; Ta-Tagin; Tn-Tangsa; Wa-Wancho; Wk-Wakro

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Supplementary file 1. Wild edible plants of Arunachal Pradesh