

**RESEARCH ARTICLE** 



# *Portulaca grandiflora* phytochemicals as a potential source for wound healing activity: *in vitro* and *in vivo* studies

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#### Abstract

The management of chronic wounds presents considerable challenges and has a substantial influence on the quality of life among afflicted persons and their families. The discovery of naturally produced bioactive chemicals having good effects on the regeneration of tissue has been driven by the need for safe, effective, and cost-effective wound healing therapies. Portulaca grandiflora is an annual succulent that comes under the family of Portulacaceae. The purpose of this study was to evaluate the phytochemicals of n-hexane extracts and their effects on in vitro and in vivo wound healing models. In vitro study, Wound Scratch Assay shows that nhexane extract of 100 ug/ml concentration significantly promotes wound healing through increased cell migration and wound closure compared to MEBO ointment-treated groups and negative control groups. The in vivo study shows that the formula of the extract ointment promotes wound healing without any complication and the percentage of wound surface area reduction was  $(5.39 \pm 0.391)$  better than MEBO-treated groups  $(10.06 \pm$ 0.536), and negative control groups (14.04  $\pm$  0.304) through its ability to stimulate epidermal closure, re-epithelization, and granulation that appears in histological examination. As a result, Iraqi Portulaca grandiflora can be considered a potential resource of chemical substances, especially terpenoids, and steroids, which are helpful in healing wounds.

#### Keywords

*in vitro*; *in vivo*; n-hexane fraction; *Portulaca grandiflora*; Wound Scratch Assay

#### Introduction

The word "wound" is used to describe the modification of living tissues resulting from a physical force that causes the skin to be lacerated, since the skin is particularly susceptible to tissue injury. Wound healing is the innate and typical response of the body to harm. The process is intricate and constantly changing, helping damaged tissues to regenerate rapidly and regain their original function (1). The healing process is classically divided into four highly interrelated and overlapping phases: coagulation (hemostasis), inflammation and proliferation (granulation), and remodeling (maturation) (2). The use of medicinal plants has arisen as a means to enhance well-being and mitigate illnesses, owing to their reduced toxicity and affordability. The existing body of literature indicates that around 33% of traditional medicines have the potential to be used in the treatment of wounds and skin problems, in contrast to a mere 1-3% of synthesized contemporary pharmaceuticals (3-5). *Portulaca grandiflora* is an annual succulent that comes under the family of Portulacaceae and is an extremely

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tough plant that thrives in adverse conditions (6). Several different phenotypes were seen, with petal colors varying from white to deep yellow, orange, red, magenta, and pale yellow (7). It is a small herbaceous annual plant; common names include Moss Rose, Rose Moss, and Sun plant. According to oriental traditional medicine, P. grandiflora relieves sore throat, skin rash, and inflammation (8) as a lotion for snake and insect bites, burns, scalds, and eczema (9,10). The pharmacological activity of P. grandiflora extracts is antioxidant and antifungal (11). It possesses broad-spectrum antimicrobial activities (12), anticancer activity, (13) Antidiabetic activity (14), and anti-Parkinson's activity (15). Numerous in vitro and in vivo models have been advanced to investigate the process of wound healing. These models play a vital role in facilitating scientists' ability to conduct translational research, particularly in the context of clinical investigations, to enhance wound care and treatment (16). The present investigation illustrates the phytochemicals that are present in the n-hexane extract of the Iraqi P. grandiflora plant and defines our efforts to assess the in vitro/in vivo wound healing potential.

# **Materials and Methods**

## **Collection and Authentication of Plant Materials**

Between June and July 2023, the cultivated Iraqi *P. grandiflora L* plant, whole fresh plants, were collected from Zayona plant nurseries in Baghdad, Iraq. The freshly grown plants were recognized, validated, and certified by Dr. Israa Abdulrazaq, affiliated with the College of Biology at the University of Baghdad. The plants underwent a series of procedures, including cleaning, drying in a shaded area at ambient temperature, crushing using an electrical method, and weighing before extraction.

method)

Soxhlet Apparatus (hot extraction technique) used for various phytoconstituents extraction. A thimble containing 100 grams of finely powdered *P. grandiflora* was prepared and thereafter subjected to extraction using 800 milliliters of n-hexane at a temperature of 50°C Subsequently, the extract underwent filtration and concentration using a rotary evaporator (17). Fig.1 summarizes the present study including plant extraction, *in vivo*, and *in vitro* wound healing studies of the *P. Grandiflora* plant.

# Qualitative phytochemical analysis

**Salkowski analysis:** A mixture was prepared by combining 3 ml of concentrated sulfuric acid with 2 ml of chloroform, along with 0.5 mg of plant hexane extract. Oxidation caused a rusty-brown color to form.

**Liebermann-Burchard evaluation procedure:** Dissolve 0.5 mg of the plant's hexane extract in 5 ml of chloroform, then dehydrate the chloroform layer using Sodium sulfate (anhydrous). Subsequently, 2 drops of strong sulfuric acid and 10 drops of pure acetic anhydride were added to the prepared solution. Oxidation of the material causes a change in color to bluish-green, indicating the existence of the steroidal nucleus (18).

# Assessment of the Wound-Healing Activity

## In vitro Wound Scratch Assay

Following detachment of the rat embryo fibroblast (REF) cells from the flask surface through gentle tapping, 20 ml of (RPMI-1640) culture medium was added with 10% fetal bovine serum. (19). The cellular solution was thoroughly homogenized and then transferred at a density of 2\* 105 cells per well to a 24-well plate via an automated micropipette. The plate was placed in an incubator with



Fig 1. General scheme for P. grandiflora extraction, in vivo, and in vitro studies for wound healing activity.

5%  $CO_2$  and incubated at 37°C; when a confluent monolayer was reached the n-hexane fraction was added. A pipette tip was used to scrape the cell monolayer linearly to generate a scratch, rinsing the cells once with 1 ml of the growth medium to eliminate any debris and refine the edge of the scratch. A 10mg/ml stock solution was made by diluting 10mg of n-hexane fraction with 1 ml of DMSO. From this stock solution, three doses were prepared:100µg/ml, 50µg/ml, and 25µg/ml, which were added to the wells. MEBO ointment of 0.25% was used as a positive control. The plates were incubated at 37°C and a CO2 concentration of 5%, then examined under a microscope at 0, 24, 48, and 72 hours, respectively. The dimensions of the scratch zones were evaluated using a digital image analysis tool, namely Image J software, which facilitated the calculation of the extent between the boundaries of the injuries. (20,21).

#### In Vivo study

#### Formulation of herbal ointment

To make the medicated ointment, 0.1 g of n-hexane extract fraction was mixed with 40 g of petroleum jelly (white Vaseline), which is a hydrocarbon (oleaginous) base. We made the herbal ointment using the fusion procedure. We warmed the required quantity of ointment base in a water bath set at a temperature of around 50°C. By gradually adding the appropriate quantity to the melted base and swirling gently and continuously in a water bath at 40°C, a uniform dispersion was produced (22). The formulations were refrigerated and then left to reach room temperature for a duration of thirty minutes before being applied to wound treatments.

#### **Experimental animals**

A total of 18 healthy adult male Wister albino rats, weighing around 150 g and 160 g and aged around 2 months, were procured from the animal house of the College of Pharmacy at the University of Baghdad. The animals are housed in separate cages at the same location with controlled humidity, temperature, and light/dark cycle circumstances for about two weeks before the experiment. Every experimental animal had unrestricted access to water and was fed a regular diet of rodent pellets. The study procedure was approved by the University of Baghdad College of Pharmacy's local ethics committee.

#### Grouping of animals

Three groups of six rats each were randomly assigned to the animals:

Group I: No treatment was given to the wounds (negative control).

Group II: 0.25% MEBO ointment was applied to the wounds as a positive control.

Group III: A topical 0.25% n-hexane fraction formula was used to heal wounds.

#### Wound excision and evaluation

On the first day, every rat was administered anesthesia using a combination of Xylazine and Ketamine. At that juncture, the rats were maintained in a hygienic state and had their fur removed, leaving a precise measurement of 1.5 cm x 1.5 cm. A whole thickness of skin was removed to create an open. At that period, the therapeutic interventions were applied topically twice a day for a duration of 15 days. Every wound was exposed for examination and evaluation daily. The assessment areas of the surgical incision were measured on the 1st, 4th, 8th, 12th, and 16th days (23). Photos of the wound region were taken using a camera phone to monitor the recovery and closure of the wound surface. The wound area was assessed using an Ingco digital caliper tool every four days.

#### Measurement of wound area for in vitro/in vivo studies

The dimensions of the wounds, including their surface areas, were quantified. The wound contraction was also quantified as the percentage decrease in the initial size of the wound. The calculation of wound closure % was performed using the following equation (24).

% Wound contraction= (Current wound area/Wound area at the beginning) × 100

#### Histological examination

On the 16th day, skin samples from healed regions of rats were collected, and a (2-5) mm piece was extracted for assessment. The slices were then immersed in a 10% buffered formalin solution and underwent paraffin tissue processing using specialized equipment. They were then stained with hematoxylin and eosin for evaluation under a light microscope (25).

#### Statistical Analysis for in vivo and vitro studies

The data from the current research was reported as the mean, standard error of the mean (Mean  $\pm$  SEM), and analyzed using SPSS (Statistical Package for Social Science) software, version 25. The statistical significance of differences across groups was assessed using two-way ANOVA. Values for P < 0.05 were considered statistically significant., it is shown by \*P < 0.05, \*\*P < 0.01, and \*\*\*P < 0.001 (26).

#### **Results and Discussions**

#### Plant extract preparation and chemical tests

The powdered plant was extracted by n-hexane using the Soxhlet extraction technique, and the final weight obtained was 2 grams. The chemical tests done on the nhexane fraction of *P grandiflora* showed positive results for both tests indicating the presence of steroids and terpenoids in the n-hexane fraction. The whole plant of P. grandiflora was extracted using the hot Soxhlet process, which relies on heat to facilitate the penetration of solvent through the plant powder. The specific method of extraction is determined by several criteria, such as the consistency and moisture level of extracting plant material, as well as the desired chemical to be separated. To maximize the extraction yield from the plant, the use of n-hexane, a nonpolar solvent, is a very effective method for extracting nonpolar components, particularly steroids and terpenoids (14).

#### In-vitro trial results

In vitro, Scratch Wound Assay is a simple and economical method to assess and quantify cell migration. After incubation in a medium containing 25, 50, and 100  $\mu$ g /mL of *P. grandiflora* n-hexane extract. The regrowth process to seal the scratch wound was observed at 0, 24, 48, and 72 hours. The findings showed that when n-hexane extract at a concentration of 100  $\mu$ g /ml was present, fibroblasts restored their complete cellular density more quickly than in the negative and positive control groups as in Fig 2. Put simply, at every time point, the extract markedly increased

the rate of fibroblast migration. This finding has important ramifications for n-hexane extract's possible ability to heal wounds. Fibroblasts have a vital function in the process of wound healing since they generate collagen and other components of the extracellular matrix. The cells treated with a concentration of 50  $\mu$ g /ml of the n-hexane extract have a comparable effect to the positive control groups in promoting wound healing. Furthermore, statistically, the results show that the pace of wound closure of the treated group with 100  $\mu$ g /ml of extract was noticeably quicker than that of the negative and positive control group as demonstrated in Fig 3.



Fig 2: Microscopical images obtained from the *in vitro* scratch wound-healing assay of n-hexane extract of *P. grandiflora* plant: images were captured at 0, 24,48, and 72 hrs (magnification:10). (G1) Negative control, (G2) MEBO treated (positive control), (G3A), (G3B) and (G3C) 25,50, and 100µg/ml of n-hexane extract.



Fig3. Effect of n-hexane extract of P. grandiflora on REF cells in a wound scratch test. The values are expressed as mean ±S.E.M. (G1) Negative control, (G2) MEBO

#### In-vivo trial results

From a visual perspective, it was observed that the size of the wounds was reduced by an excellent percentage for nhexane fractions compared to the negative and positive control groups, as in Fig 4.

Group I (untreated wounds): In this group, the first symptoms of inflammation were seen on the first day, followed by partial wound closure beginning on the fourth day and the development of scar tissue by the sixteenth day.

Group II (wounds treated with MEBO ointment): on day one, there were mild signs of irritation. Day 1 to Day 16 saw a modest progression of the healing process, with Day 14 seeing the creation of a tiny amount of scar tissue.

Group III (wounds treated with the n-hexane fraction) exhibited notable signals of wound healing starting from day 3, with the absence of any symptoms of inflammation. By the eighth day, the wound edges began to protrude. Finally, a great result was obtained on the 16th day, that the whole wound healed.

wound contraction rate: To assess the impact of n-hexane fractions of the *P. grandiflora* plant on the healing of excision wounds, it is necessary to quantify the size of the wounds and the percentage of wound surface area reduction at different time points demonstrated in Table (1 and 2) and Fig (5).

The good suitability of n-hexane extract in treating wounds is due to it being rich in steroids and terpenoids, these compounds act at different phases of the healing process through different mechanisms and show antiinflammatory, antimicrobial, and antioxidant effects, whilst promoting collagen synthesis, cell proliferation, and angiogenesis. (27)

#### Histopathological analysis

Histopathological analysis: For the diagnosis of several infectious, degenerative, or neoplastic disorders in both people and animals, histopathology has long been the gold standard (28). Accurate evaluation of chronic wounds may provide insight into the specific disease process and aid in formulating a plan for ongoing treatment. Additionally, it may serve as a potent instrument in assessing the impact of medications on the process of wound healing (29). The proliferation process starts around three days after the onset of the initial lesion. Proliferation occurs via several phases, including angiogenesis, epithelialization, and granulation tissue creation, to restore the barrier function and defend against loss of fluid and bacterial invasion (30). On the 16th day after the surgical removal, the findings showed that the section sample of normal skin had a layered structure of epithelium and dermis, with the presence of hair follicles and sebaceous glands. The skin tissue did not show any significant abnormalities or diseases as in (Fig 6A). A



Fig. 4. The effect of *P. grandiflora* n-hexane extract on the reduction of wound size over an interval of time.

Table 1. The effect of n-hexane extract of P. grandiflora on excised wound areas in rats (mean ±SEM).

Days	G1	G2	G3
	Mean of wound area cm <sup>2</sup> ± S.E.M	Mean of wound area cm <sup>2</sup> ± S.E.M	Mean of wound area cm <sup>2</sup> ± S.E.M
Day 0	$2.5281 \pm 0.0060$	$2.41083 \pm 0.015$	$2.2544 \pm 0.008$
Day 4	$2.50158 \pm 0.0039$	$2.314 \pm 0.025$	$2.2318 \pm 0.0035$
Day 8	$1.40568 \pm 0.0023$	$1.3112 \pm 0.003$	$1.21 \pm 0.04$
Day 12	0.6966 ± 0.027	$0.5375 \pm 0.007$	$0.28167 \pm 0.03136$
Day 16	$0.355 \pm 0.0076$	$0.1726 \pm 0.013$	$0.12167 \pm 0.00873$

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Table 2. The percentage of wound surface area reduction concerning the days.



Fig. 5. Effects of n-hexane extract of *P. grandiflora* on wound's evolution (a) Wound surface area means and (b) Percentage of scar tissue surface area that has healed in each cohort. All data points are expressed as the mean ±SEM.

histology sample of rats treated with n-hexane extract increased the average vascular density of the groups being treated, leading to enhanced healing of skin wounds. The results demonstrated full regeneration of the stratified epithelium with enhanced tensile strength. The upper dermis shows no development of scars and contains granulation tissue, which is an important sign for determining wound therapy. Additionally, there is evidence of epidermal cell migration as in (Fig 6B). The wounds exhibited a significant increase in fibroblasts and collagen bundles compared to the positive and negative control groups (Fig 6C and D), which may be attributed to enhanced neovascularization. Therefore, it may be assumed that the group treated with the n-hexane extract showed enhanced vascular density at the wound sites in comparison to the MEBO-treated and non-treated groups. Fig 6B (slide of rats treated with n-hexane extract) exhibits a morphology closely resembling the typical Fig 6A (slide of normal skin), characterized by a smooth skin architecture Based on the findings from the tissue samples, the rats treated with the n-hexane fraction showed improved wound healing compared to both the MEBO-treated groups and the negative control group. The wounds healed quicker and had fewer problems.



Fig. 6. The hematoxylin and eosin staining of the post-treated group provided insights into the architecture of the skin tissue. (A) A section of normal rat skin, as determined by histology. (B) A histology sample of rats treated with n-hexane extract. (C) Histopathological slice of MEBO treated group. (D) A histology sample of the non-treated group.

#### Conclusion

Plants possess remarkable wound-healing properties and may be used in various wound models to effectively treat wounds and regulate the healing process. Therefore, herbal medications have become more popular in several nations. This study showed that n-hexane extract from P. grandiflora can be considered an adjuvant therapy for skin wounds due to the presence of compounds (especially steroids and terpenoids). in vitro, scratch wound assay shows that the n-hexane extract of P. grandiflora improved wound closure more rapidly than the control group. In vivo analyses further supported the positive effects of the plant extract on wound healing; the treated group with n-hexane extract exhibited a faster wound healing index than the control group, indicating an accelerated healing response and improved tissue regeneration. These findings imply that *p. grandiflora* possesses wound-healing abilities and may represent a viable source for extracting natural chemicals with wound-healing capabilities.

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# **Authors' contributions**

The authors conceived and planned the experiments and carried out the sample preparation, extraction process, identification, isolation, and Structure elucidation. The authors also wrote the manuscript.

#### **Compliance with ethical standards**

**Conflict of interest:** Authors do not have any conflict of interest to declare.

**Ethical issues:** The experimental design and dealing with animals were conducted following the requirements outlined in the "Research Ethical Approval Form" and as per the protocol that was authorized by Baghdad University/College of Pharmacy, Baghdad, Iraq with the ethical approval number RECAUBCP12122023H.

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